

Blue Cross and Blue Shield of Texas (BCBSTX) helps you get the most out of your health care benefits with Blue Access for MembersSM (BAMSM). You and all covered dependents age 18 and up can create a BAM account.

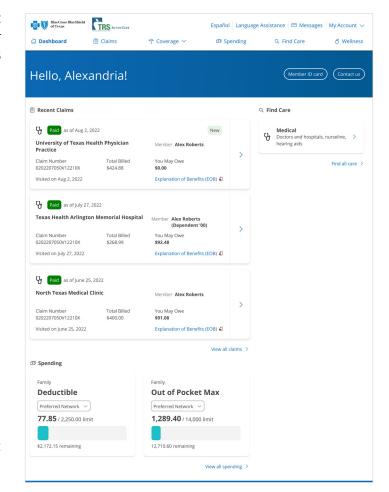
With BAM, you can:

- use Provider Finder® to search for a health care provider, hospital or pharmacy
- request or print your
 ID card
- check status of a referral
- view or print claim history and Explanation of Benefits statements
- use our Cost
 Estimator tool to find
 the price of hundreds
 of tests, treatments
 and procedures
- download the BCBSTX App to use BAM on the go
- sign up for text or email alerts
- select or change your
 Primary Care Provider

It's easy to get started!

- 1. Go to www.bcbstx.com/trsactivecare
- 2. Click Log in
- 3. Use the information on your BCBSTX ID card to sign up

Or, text* **BCBSTXAPP** to **33633** to get the BCBSTX App that lets you use BAM while you're on the go.



*Message and data rates may apply.

BAM Dashboard

TRS ACTIVE CARE



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