



Enhanced maternity benefits with \$0 copays

You no longer have to choose between quality and affordability. Check out what comes with your health plan and see how your health care dollar may go further with Kaiser Permanente.

Enjoy \$0 copays for routine maternity services¹

You get \$0 copays for:

- Routine prenatal care
- Routine labor and newborn delivery
- A follow-up postpartum visit for you and your baby

¹ **This document is intended for marketing purposes and it may not describe your particular Kaiser Permanente health plan benefits.** This document is only a summary of routine maternity services covered at \$0 copays. This document doesn't fully explain all benefits, cost sharing, out-of-pocket maximums, exclusions, or limitations, nor does it list all benefits and cost sharing. For a complete explanation, please refer to your *Evidence of Coverage*.

THE HEALTH PLAN FOR GROWING FAMILIES

The specialty care services listed below may require a cost share. Please refer to your *Evidence of Coverage* for more information, including benefits, cost sharing, out-of-pocket maximums, exclusions, and limitations.

High-quality care when expecting

We're here to help provide the care and support you may need for a happy, healthy pregnancy. Your team includes an obstetrician-gynecologist, certified nurse-midwife, nurses, and specialists who work together to provide a full spectrum of coordinated pregnancy services, including:

- Pre-conception planning
- Routine and high-risk prenatal care and testing
- Labor and delivery care
- Lactation consulting and breastfeeding support
- Postpartum and newborn care

Specialized care

If you experience a high-risk pregnancy or complications during delivery, our specialists are just steps away and available 24/7 at our Moanalua Medical Center's Family Birth Center.

We have a fully-equipped Level 3 Neonatal Intensive Care Unit to care for babies with special needs and an Intensive Care Unit for moms if they need it. And because we have what you and baby may need in one place, you won't have to worry about being separated in different hospitals if you or your baby require extra care.

Grow with us

Begin your journey at **kp.org/maternity** and access resources for every stage of your pregnancy, labor, delivery, and beyond. You can also prepare for your baby's "birth" day by meeting your care team and taking a virtual tour of our private and spacious labor and delivery suites at **kpfamilybirthcenter.org**.

Experience a seamless transition from maternity to pediatrics and family medicine. Our Mother and Newborn Center on Oahu, lactation consultants, and network of doctors collaborate to help meet the needs of your growing family.

Your care, your way

You have convenient options to manage your family's health. You can use your computer or mobile device 24/7 to talk to a Kaiser Permanente clinician by video or phone. We also offer same-day and next-day appointments, video and phone appointments, 24/7 nurse advice, and urgent care. Book routine appointments online and email your doctor's office 24/7 from home, work, or on the go with our mobile app. Learn about your options at **kp.org/getcare**.

kpinhawaii.org/maternity