

# Medical Mutual's NICU Care Management Program with ProgenyHealth

Medical Mutual is committed to helping our members of all ages achieve the best health possible. Our NICU care management program with ProgenyHealth is designed to improve health outcomes for babies while reducing medical costs associated with a stay in the neonatal intensive care unit (NICU). ProgenyHealth is an industry-leading expert on maternal and infant health for normal, moderate-risk and high-risk pregnancies, as well as complex NICU births and postpartum challenges.

## How ProgenyHealth Supports NICU Babies and Families

- Every NICU baby is assigned a case manager from birth to their first birthday.
- Regardless of length of stay in the NICU, every NICU baby receives the same level of support.
- Caregivers receive support to help them return to everyday life and work, minimizing lost days of work and contributing to improved focus.
- ProgenyHealth representatives are available 24/7, 365 days a year, to answer questions, provide education and connect members with local resources.
- ProgenyHealth works to mitigate claims costs, primarily by reducing length of stay in the NICU, which reduces the employee's total out-of-pocket costs.

## How the Program Can Help Drive Savings

- All NICU cases are carefully reviewed to ensure appropriate levels of care and length of stay.
- Standardization of care helps reduce average lengths of stay, readmissions and unnecessary emergency room visits.
- A care management team supports baby and family post-discharge to help prevent re-admissions.
- Medical Mutual shares every NICU claim with ProgenyHealth to verify billed services match authorized length of stay, level of care, and corresponding procedure and diagnoses codes.

## Why Investing in the NICU Matters

- Approximately 12-14% of all births nationwide become NICU cases.<sup>1</sup>
- NICU admissions can be among the most costly of cases, accounting for nearly half of the costs of all hospitalizations.<sup>1</sup>
- On average, employers can pay approximately 12x more in healthcare costs for premature/low birthweight babies as compared to normal births.<sup>2</sup>
- We can conservatively anticipate that a one-day reduction in length of NICU stay would more than cover the cost of the services.

## Ready to Learn More?

Our NICU care management program through ProgenyHealth is included for all Medical Mutual fully insured group business. ASO groups who are interested in offering this program to their employees should contact their Medical Mutual representative for more information.

<sup>1</sup>Cost of Hospitalization for Preterm and Low Birth Weight Infants in the United States—American Academy of Pediatrics “<http://pediatrics.aappublications.org/content/120/1>” July 2007, VOLUME 120 / ISSUE 1

<sup>2</sup>Vanderbilt UMC 2018 study <https://news.vanderbilt.edu/tag/neonatal-abstinence-syndrome/>