



# You're invited to enjoy healthy rewards

Complete these healthy activities by December 31, 2025 and earn a \$200 reward card.

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## Join today

- Visit [kp.org/engage](https://kp.org/engage) and sign on with your kp.org user ID and password.\*
- Accept the Wellness Program Agreement to be eligible to earn rewards.
- Visit the website often to view and track the status of your activities.

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## Here's what to do

- Complete your biometric screenings:
  - Blood glucose
  - Blood pressure
  - Body mass index (BMI)
  - Total cholesterol
- Take the Total Health Assessment

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## Enjoy the rewards

- Complete all your activities by December 31, 2025
- Earn a \$200 reward card from Kaiser Permanente.

Start now. Sign on at [kp.org/engage](https://kp.org/engage)

\*If you're not yet registered at kp.org, click the "Register for an account" button to get a user ID and password.

The rewards program runs from January 1, 2025, through December 31, 2025, and is open to all benefits-eligible Kaiser Permanente subscribers 18 and older covered by the AIMS Trust Benefits health plan from Kaiser Permanente. Rewards cards expire 12 months from date issued.

Workforce health programs and rewards are separate services that are not health plan benefits and may be discontinued at any time.

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