

# SUMMER

## FBISD FITNESS CLASSES



**Aquatic Practice Facility  
Aquatic Fitness Class  
Mondays at 5:00 pm**

16701 Bissonnet St.  
Houston TX, 77083



**Don Cook Natatorium  
Aquatic Fitness Class  
Fridays at 11:00 am**

16255 Lexington Blvd,  
Sugarland TX 77479



**Aquatic Practice Facility  
Open Swim  
Mondays 5:00 - 8:00 pm**

**Don Cook Natatorium  
Open Swim  
Fridays 9:00 am - 12:00 pm**

Participants are unable to use the locker rooms  
but will have access to the lobby bathrooms to  
utilize before and after class.

## Black Out Dates

**JUNE 27 DON COOK  
JULY 1 & 4 AT BOTH LOCATIONS**