

Choose smart. Look for blue hearts.

Choosing a physician is one of the most important health decisions you'll make. The UnitedHealth Premium® program can help you find physicians who are right for you and your family.

Connecting you to quality care

UnitedHealth Premium program evaluates physicians in various specialties to identify those who meet the quality care criteria, which includes safe, timely, effective and efficient care. It's easy to find a UnitedHealth Premium Care Physician. Go to myuhc.com® or the UnitedHealthcare® app, click **Find a Provider** and look for the blue hearts next to the provider's name.

Here to help make your health a priority

Studies show that people who actively engage in their health care decisions have fewer hospitalizations, fewer emergency visits, higher utilization of preventive care and overall lower medical costs.

As your health ally, we're committed to helping you make informed decisions when seeking out and choosing a provider.

Look for the following icon and description



Premium Care Physician

When you see the blue hearts, you can be sure that the physician meets the criteria for safe, timely, effective and efficient care.



The UnitedHealth Premium program includes these specialties and subspecialties

Allergy

- Allergy
- Allergy and Immunology

Cardiology

- Cardiology
- Cardiac Diagnostic
- Cardiovascular Disease
- Clinical Cardiac Electrophysiology
- Interventional Cardiology

Ear, Nose and Throat

- Head and Neck Surgery
- Laryngology
- Otolaryngology
- Otolaryngology
- Otolaryngology
- Pediatric Otolaryngology
- Rhinology

Endocrinology

- Endocrinology, Diabetes and Metabolism

Family Medicine

- Family Practice
- General Practice
- Preventive Medicine

Gastroenterology

- Gastroenterology
- Hepatology—Liver Disease

General Surgery

- Abdominal Surgery
- Colon and Rectal Surgery
- Proctology
- Surgery

Internal Medicine

- Geriatric Medicine
- Internal Medicine
- Pediatric Internal Medicine

Nephrology

- Nephrology

Neurology

- Neurology
- Neurology and Psychiatry
- Neuromuscular Disease

Neurosurgery, Orthopedics and Spine

- Back and Spine Surgery
- Hand Surgery
- Knee Surgery
- Neurological Surgery
- Orthopedic Surgery
- Shoulder Surgery
- Sports Medicine

Obstetrics and gynecology

- Gynecology
- Obstetrics
- Obstetrics and Gynecology

Pediatrics

- Adolescent Medicine
- Pediatrics
- Pediatric Adolescent

Pulmonology

- Pulmonary Medicine

Rheumatology

- Rheumatology

Urology

- Urology

Questions?

Call the phone number on your health plan ID card



The UnitedHealthcare® app is available for download for iPhone® or Android®. iPhone is a registered trademark of Apple, Inc. Android is a registered trademark of Google LLC.

The UnitedHealth Premium® designation program is a resource for informational purposes only. Designations are displayed in UnitedHealthcare online physician directories at myuhc.com®. You should always visit myuhc.com for the most current information. **Premium designations are a guide to choosing a physician and may be used as one of many factors you consider when choosing a physician. If you already have a physician, you may also wish to confer with him or her for advice on selecting other physicians. You should also discuss designations with a physician before choosing him or her. Physician evaluations have a risk of error and should not be the sole basis for selecting a physician.** Please visit myuhc.com for detailed program information and methodologies.

Insurance coverage provided by or through UnitedHealthcare Insurance Company or its affiliates.

Administrative services provided by United HealthCare Services, Inc. or their affiliates. Health Plan coverage provided by or through a UnitedHealthcare company.

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Answers to questions about the UnitedHealth Premium program.

The UnitedHealth Premium® program evaluates physicians in various specialties using evidence-based medicine and national standardized measures to help you locate quality and cost-efficient providers. It's easy to find a UnitedHealth Premium Care Physician. Just go to myuhc.com > **Find a Provider**. Choose smart. Look for blue hearts.

Quality is evaluated on evidence-based medicine and national industry guidelines. Cost-efficiency standards rely on local market benchmarks for the efficient use of resources in providing care. A doctor's Premium designation is shown on myuhc.com and in provider directories.

1. What are the possible UnitedHealth Premium designations?

There are several possible Premium designations for a doctor. Doctors who are evaluated for quality and cost efficiency could have one of these 4 UnitedHealth Premium designations.

These designations are shown on myuhc.com and in provider directories.

The fact that a doctor does not have a quality designation does not mean that the doctor does not provide quality health services. All doctors who are part of the UnitedHealthcare network must meet our standard credentialing requirements (separate from the Premium program).

2. Why should I consider a doctor's UnitedHealth Premium designation?

Where you get care is your personal choice. No 2 doctors are exactly alike and you probably think about many factors when choosing a doctor. The UnitedHealth Premium designation can help you make more informed and confident health care decisions.

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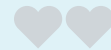
Premium Care Physician

The physician meets the UnitedHealth Premium program quality and cost-efficient care criteria.



Quality Care Physician

This physician meets the UnitedHealth Premium program quality care criteria but does not meet the program's cost-efficient care criteria or is not evaluated for cost-efficient care.



Does Not Meet Premium Quality Criteria

The physician does not meet the UnitedHealth Premium program quality criteria so the physician is not eligible for a Premium designation.



Not Evaluated for Premium Care

The physician's specialty is not evaluated in the UnitedHealth Premium program, the physician does not have enough claims data for program evaluation or the physician's program evaluation is in process.

3. How do I find a UnitedHealth Premium doctor?



Website:

On myuhc.com, you can easily search for a doctor or facility in your area. In addition to the doctor's Premium designation and contact information, this practical, powerful website offers access to your benefit and claims information, health and wellness information, and a whole lot more.



Smartphone:

Our free UnitedHealthcare® app, provides instant access to your family's important health information—anytime and anywhere. Whether you want to find a doctor near you, check the status of a claim or speak directly with a health care professional, the UnitedHealthcare app is your go-to resource.



Toll-free call:

Call the number on your health plan ID card to speak with a customer care professional.

4. How is cost measured as a part of the UnitedHealth Premium program?

The Premium program has a long history of addressing the variation in quality and cost of health care. The cost-efficiency standards are based on the care provided to a patient during the entire treatment for a condition. It can include the appropriate use of diagnostic testing, prescribed medications, any related procedures and follow-up care and associated costs. The evaluation also factors in surgical redo rates and any complication-related costs.

5. Is the UnitedHealth Premium program available in my area?

The UnitedHealth Premium program is available in 172 markets* across 45 states. To find out if the Premium program is available in your area, visit myuhc.com or call the number on the back of your health plan ID card.

6. Where can I find more information about the UnitedHealth Premium program?

Visit unitedhealthpremium.com or go to myuhc.com > **Find a Provider**. You can also call the number on the back of your health plan ID card.



To learn more: Visit [unitedhealthpremium.com](https://www.unitedhealthpremium.com) or call the phone number on your health plan ID card.



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