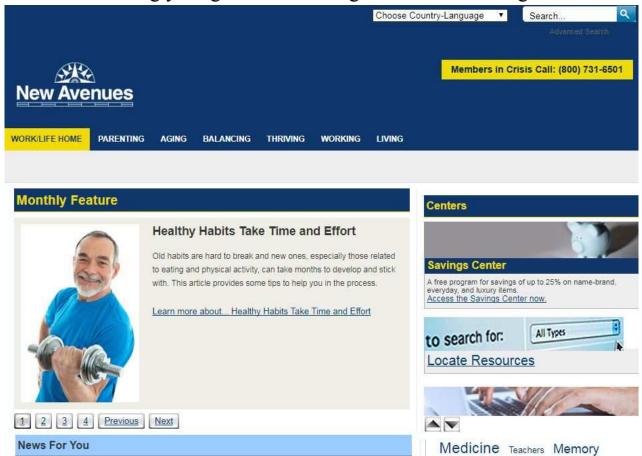
Welcome to New Avenues Work-Life Resource Center

A FREE service offered by your employer to provide you with assistance in meeting your goals and dealing with life's challenges.



Through New Avenues Work-Life Resource Center you have access to thousands of annotated resources: articles, trainings, emotional well-being assessments, health & wellness, workplace issues as well as child-care, eldercare, adoption and education.

Highlights of the Work-Life Resource Center are:

- 6 User Modules: Parenting, Aging, Balancing, Thriving, Working & Living
- ♦ OnLine Counseling available 24/7
- ♦ Financial Calculators
- ♦ Savings Center: Free membership for savings of up to 25% or more on hundreds of name-brand items
- Interactive self-search locators for education, pet sitting, volunteer opportunities and attorneys
- Spanish Language content
- Monthly featured articles and resources
- Skill Builders—On-Line Training Programs

New Avenues Work-Life Resource Center is available whenever you need it—24 hours a day. Log-on to the New Avenues website at www.NewAvenuesOnLine.com. Go to the Employee Assistance tab—Work-Life Resource Center, you will be directed to the Work-Life Resource log-in page.

Remember to enter your user name <u>culvereap</u> to be directed to the Work-Life Resource Center.