

Many are feeling the strain of rising healthcare costs. You can save on prescriptions by exploring generic drugs, discount programs, different pharmacies, and what is covered by your health plan. Learn how to alleviate the burden of high medication costs and prioritize your health!

USE GENERIC DRUGS

The FDA requires a generic drug to have the exact same quality, strength, purity, and stability as its brand-name counterpart.

Generic medicines are typically sold at significantly lower costs - often 80-85% less.*

- * Federal Drug Administration,
- "Generic Drugs Questions & Answers"

https://www.fda.gov/drugs/frequently-asked-questionspopular-topics/generic-drugs-questions-answers

DISCOUNT PROGRAMS

Pharmacy options and discount programs can help you save money, but it's important to **know a few key details before starting**.

Download the Alternative Pharmacy Options flyer to learn how these options stack up against your health plan coverage.





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COMPARE PHARMACIES

Prescription costs differ between pharmacies. **Local options may provide lower prices** compared to major chains like Walgreens.

Use tools like <u>GoodRx.com</u> to compare costs per drug. Be sure to choose a pharmacy within your prescription drug plan's network.

KNOW YOUR INSURANCE

You can **make more informed choices** when you understand your prescription drug plan.

- Does your plan use a Pharmacy Benefit Manager (PBM)?
- What is a drug formulary, and how do I use it?
- What are coverage tiers, and how do they affect my deductible?
- What is prior authorization, and why is it essential?



ABOUT PRESCRIPTION DRUG BENEFITS

<u>Download the About Prescription Drug Benefits booklet</u> to better understand how these insurance plans typically work.



QUESTIONS? Contact TrueNorth's TRUEAdvocate Team: 888-655-9980 | trueadvocate@truenorthcompanies.com Monday - Friday | 7:30am - 5:00pm CST

BROUGHT TO YOU BY:



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