

Meet the world's easiest checkup.

VirtualCheckup®

By Catapult Health

1

Order your VirtualCheckup® Home Kit

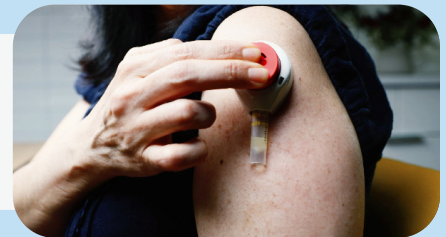
Signing up takes less than 2 minutes at VirtualCheckup.com/BCBSTX.



2

Collect your sample at home in just 10 minutes

Catapult's collection device is quick and virtually painless – without a finger stick!



3

Return your sample in the pre-paid UPS overnight envelope

Return your sample, then watch for an invitation to schedule your consultation.



4

Live video consult with a Nurse Practitioner

Have your private video consult at home, on your own device, and at a time chosen by you.



5

Review your results, then create a Personal Action Plan with your Nurse Practitioner!



Ready to order your
VirtualCheckup home kit?

Scan this QR code or visit:
VirtualCheckup.com/BCBSTX



BlueCross BlueShield
of Texas

Catapult
HEALTH