



Spanish Benefits
Guide



2026 Benefits
Guide



2026 Benefits Apps & Sites

Scan the QR Codes to download the apps below on Apple or Android devices.
If an app is not available, you will be led to a website.

UHC Medical Network



UHC Medical Plans

EHN Medical Network



EHN Medical Plans

PHCS Medical Network



PHCS Medical Plans

Benefits Call Center



Health Insurance

Lyric Health



24/7 TeleHealth

BOK



**401(k)
Enrollment**

Cigna



**Dental
Vision**

Teladoc



**Diabetes
Hypertension**

TrueRX



**Prescription
Management**

SHARx



**High-cost
Prescriptions**

**Cancer
CARE**



**Cancer Support
Resources**

**Benefits
Portal**



**Online
Resources**

**Aware
Health**



**Physical
Therapy**

Valenz



Voya



**Ancillary
Insurance**

**Lincoln
Financial**



**Life/A&D
Insurance**

**Jessie
Garcia**



**My
PHA**

**Optum
Bank**



**HSA
Management**

ComPsych



**Employee
Assist. Program**