



Spanish Benefits Guide



2026 Benefits Apps & Sites

2026 Benefits Guide



Scan the QR Codes to download the apps below on Apple or Android devices.
If an app is not available, you will be led to a website.

UHC Medical Network



UHC Medical Plans

EHN Medical Network



EHN Medical Plans

PHCS Medical Network



PHCS Medical Plans

Benefits Call Center



Health Insurance

Lyric Health



24/7 TeleHealth

BOK



401(k) Enrollment

Cigna



Dental Vision

Teladoc



Diabetes Hypertension

TrueRX



Prescription Management

SHARx



High-cost Prescriptions

Cancer CARE



Cancer Support Resources

Benefits Portal



Online Resources

Aware Health



Physical Therapy

Valenz



Care Navigation

Voya



Ancillary Insurance

Lincoln Financial



Life/A&D Insurance

Jessie Garcia



My PHA

Optum Bank



HSA Management

ComPsych



Employee Assist. Program