



\$0 cost to you

INTRODUCING MENOPAUSE CARE

# Take control of your menopause symptoms

As a benefit covered by Option Care Health, Hinge Health can help you manage menopause symptoms like joint pain, hot flashes, and more.\*



Scan the QR code to join now or visit:  
[hinge.health/optioncarehealth-menocare](https://hinge.health/optioncarehealth-menocare)

Please use the default camera on your device to scan the QR code, not a third party application. If you are directed to another site, do not proceed.

Hinge Health está disponible en español

Alivia los dolores articulares y musculares y previene las lesiones con tus beneficios de salud gratuitos.

\*Eligibility for menopause care is based on the specific program in which you are placed.

Members and dependents 18+ enrolled in an Option Care Health medical plan are eligible.

Los usuarios y dependientes mayores de 18 años inscritos en un plan médico de Option Care Health son elegibles.

