

KNOW WHERE TO GO FOR CARE

	Non- Emergency	Non-Emergency	Non-Emergency	Non-Emergency/ Urgent	Non-Emergency/ Urgent	Urgent	Emergency
Care Options	Nurseline	Messaging Doctor/ Nurse through MyKelsey or Memorial Hermann App	MinuteClinic	TeleMedicine (RediMD)	Primary Care Physician (PCP)	Urgent Care	Emergency Room
When to Use	When you are unsure where to obtain care for your symptoms	 Minor symptoms questions about treatment plan Prescription refills 	 Physicals Vaccinations Wellness Common Illness Travel Health 	 Cold Cough Stomach Issues Sinus Infection Flu Sore Throat 	 Physicals Chronic condition management Acute Care (sinus infections and injuries) 	 Back/Neck Pain Cuts that require stitches Flu Sprains and Fractures Bronchitis Headaches and more 	 Chest pain Severe abdominal pain Trouble breathing Uncontrollable bleeding Symptoms that may put your life at risk
Availability	24 hours a day 7 days a week 365 days a year	Monday - Friday during business hours	7 days a week (including evenings and weekends)	24 hours a day 7 days a week 365 days a year	Monday - Friday during business hours	Many open 7 days a week with extended hours	24 hours a day 7 days a week 365 days a year
How to Access	Call 713-338-7979 or 855-577-7979	Through MyKelsey App or through MyChart for Memorial Hermann	Schedule an appointment at <u>minuteclinic.com</u> or through CVS Pharmacy App	Visit: <u>www.rediMD.com</u> Code: aldineisd or 866-989-2873	By appointment only	Walk in	Walk in
Average Cost to You	\$0	\$0	\$35 or \$50	\$0 for insured or \$35 for those without insurance through Aldine	\$35 or \$50	\$50	\$1,500+ You are responsible for the entire bill if non- emergency visit