



Painful, itchy rashes? Clear skin is closer than you think.¹

Your health plan already covers Zerigo Health clinically proven, at-home phototherapy for psoriasis and eczema. No waiting rooms. No injections. No extra cost to you.²

The Program Includes:

-  **One-on-one support from your ZerigoCare™ Guide**
a licensed team that keeps your treatment on track³
-  **Easy-to-use mobile app, Treatment reminders**
and progress tracking
-  **FDA-cleared handheld UVB device**
Use it at home or on the go
-  **Virtual visits with licensed clinicians**
Diagnose, prescribe, and guide your care throughout

What is Phototherapy?



Proven

25+ years of clinical data support NB-UVB as effective treatment for psoriasis and atopic dermatitis. Recommended by the American Academy of Dermatology (AAD).⁵



Science-backed

Calms overactive immune cells to smooth inflammation, and help skin heal. It's targeted to your skin, not your whole body.



It works

78% of Zerigo members achieved clear or near-clear skin in 16 weeks.⁴



“All of the symptoms, the itching, the redness, the flakiness are all in the rearview mirror.”

- Real Zerigo Member



SIGN UP AT:

zerigohealth.com/zerigo-for-individuals

(877) 738-6041 (TTY:711)
M-F 8am-8pm CT

1. Individual results may vary. The Zerigo Skin Health Program is an ultraviolet-light-emitting medical device intended for localized phototherapeutic treatment of dermatologic conditions including psoriasis, vitiligo, atopic dermatitis (eczema), seborrheic dermatitis, and leukoderma on all skin types (I–VI). U.S. federal law restricts this device to sale by or on the order of a physician.

2. The Zerigo Health Solution is available through your healthcare benefits as a value-added service. You may have to pay a copay or coinsurance if you see your doctor to get a prescription for phototherapy treatment.

3. ZerigoCare™ includes RNs, MAs, and certified health and wellness coaches. Care Guides do not prescribe therapies or provide patient-specific medical advice.

4. Zerigo Health outcome data. Results may vary.

5. AAD = American Academy of Dermatology. Narrowband UVB phototherapy is recommended by the AAD for the treatment of psoriasis and eczema.