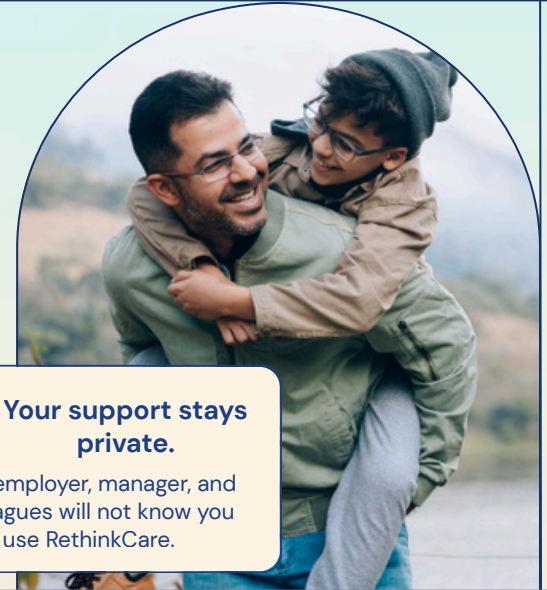


Parenting support that meets you where you are

**Your employer provides
RethinkCare at no cost to you**



Your support stays private.

Your employer, manager, and colleagues will not know you use RethinkCare.

Find practical strategies to help your child manage big emotions, build skills, navigate challenges, and thrive at home, at school, and beyond. RethinkCare supports your whole family—no diagnosis required.

With RethinkCare you can:



Feel more confident handling parenting questions and challenges



Create routines that make everyday life easier for your family



Help your child build communication and coping skills



Support your child's learning, behavior, and emotional growth

Talk to a Parenting Expert

- Guidance tailored to your family
- Support for autism, ADHD, learning differences, behavior challenges, routines, school stress, and more
- No diagnosis or preparation required
- Available for all parents and caregivers (including your spouse, partner, your child's teachers, and other caregivers.)



**Scan to connect with
RethinkCare.**