

IF THERE'S A BETTER WAY TO HELP YOU MANAGE YOUR CHRONIC CONDITION, WE'LL FIND IT



Prescription medications can be expensive. If you have a chronic condition like diabetes, hypertension, hyperlipidemia, CHF, COPD, CAD or asthma, your prescription prices can really add up.

Here's your opportunity to earn discounts on your prescriptions, while following steps to feel your best. **Just complete 100% of your care path activities between January 1, 2023, and December 31, 2023.**

You may have already completed some of your care path activities. To track your progress, visit your Quantum Health Member Site and click on "My Health."

Earn pharmacy discounts for managing your chronic conditions! Complete the care path items to manage your chronic condition(s) and you can receive eligible prescriptions and supplies with a \$0 copay. Based on nationally recognized guidelines, these care path activities might even be steps you are already taking. Use your Rentokil Terminix medical insurance card when you receive these services, and when the insurance claim is processed, you'll be given credit automatically.

If you have any questions along the way, want to confirm your care path status or prescription eligibility, give us a call at **866-317-6103**. We're here to help!

ASTHMA

- Get your annual flu shot
- Use an asthma control medication*
- Have your annual physical

CHRONIC OBSTRUCTIVE PULMONARY DISEASE (COPD)

- Get your annual flu shot
- Have your annual physical

CONGESTIVE HEART FAILURE (CHF)

- Take a beta-blocker medication*
- Take an ACE or ARB medication*
- Have your annual lipid screening
- Have your annual physical

CORONARY ARTERY DISEASE (CAD)

- Have your annual lipid screening
- Take a beta-blocker medication after a heart attack*
- Take a cholesterol-lowering statin medication*
- Have your annual physical

DIABETES

- Have your HbA1c test at least once yearly
- Have your annual lipid screening
- Have an annual microalbumin or urine protein test
- Take a cholesterol-lowering statin medication*
- Have an eye exam every two years
- Have your annual physical

HYPERLIPIDEMIA

- Have your annual lipid screening
- Take a cholesterol-lowering statin medication*
- Have your annual physical

HYPERTENSION (HTN)

- Take an antihypertensive medication*
- Have your annual physical

*** If your doctor does not recommend or prescribe any of these treatment options, call your Quantum Health Care Coordinators to receive credit.**



[RentokilBenefits.com](https://rentokilbenefits.com)

(866) 317-6103
(Monday-Friday, 8:30 a.m.-10 p.m. ET)

Rentokil

Quantum
HEALTH