

Would you like \$240 off your 2027 Werner health insurance premium?

Then Drive to Better Health with The Wheels to Wellness Program through MyHighmark!

To earn the incentive, there are three required steps that must be completed before **September 30, 2026:**

1. A Health Assessment
2. A preventative appointment OR Biometric Screening
3. Certify that you are tobacco free or complete digital tobacco-free program/coaching

All associates covered under Werner's health insurance are eligible for the premium discount

1. To create a My Highmark account, and manage your health and health coverage in one site:

**If you already have an account with My Highmark Use your log-in information to get started!

- a. If you don't have an account, grab your Highmark Blue Cross and Blue Shield Insurance card and go to [MyHighmark.com](https://myhighmark.com) click on "Continue to My Highmark." Click Register and enter the **numeric part of your member ID** and additional prompted information. You will want to save your username and password for future login's.
- b. Once you have registered, you will need to complete your Annual Authorizations by reviewing the GINA and SDoH agreements. ****You must authorize with a YES to both agreements to access the program. ****
- c. Once you have authorized both agreements you will see your rewards program on the home page.



There is an app available for free download through the GooglePlay or iTunes Store by searching for the **My Highmark** app. If you have a compatible device, download it today and put your health and health coverage in the palm of your hands!

2. To complete a preventative appointment, attend an annual preventative health exam such as a yearly physical, appropriately timed screening or other preventative services. Blood work is not required for completion of this step but may be recommended by your physician.

Once the claim has been processed, details will automatically be updated in My Highmark. For these claims, please allow up to 6 weeks for credit to display. Health exams received between 10/1/25 and 9/30/26 will earn you credit for this activity.

OR

Complete a biometric screening at a covered lab facility or with your physician.

3. To confirm that you are tobacco free, to complete digital tobacco coaching program or to engage in a digital health program:

- Tobacco attestation will appear in your MyHighmark portal.

Werner's Wheels to Wellness presented by Highmark BSBS is a NO COST completely confidential program that offers participants a personalized wellness portal. As a part of Highmark Blue Cross & Blue Shield is HIPAA compliant and will never share personal health information. **Remember,** there is no health condition that can make you ineligible for this program, it is designed around improving awareness and increasing health habits through awareness.