

FBISD Yoga On Demand

Yoga on Demand gives all Fort Bend ISD campuses/departments an opportunity to host their very own yoga class. A minimum of 10 participants is required and there is a two week minimum advance notification requirement. If interested, please send an email to wellness@fortbendisd.com

Requirements:

- 10 or more participants
- Request needs to be submitted 2 weeks in advance of first class

Information Needed:

- Campus/Department _____
- Location _____
- Requested Dates _____
- Frequency Needed (i.e. weekly, bi-weekly, monthly) _____
- Time being requested _____
- Contact Person:
Name: _____
Email: _____
Phone Number: _____

Please send completed form to Wellness@fortbendisd.com