

How to complete the hereditary screening process and receive your kit in the mail



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Following your program effective date, you will receive your Cancer Guardian™

Welcome Email.

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Click on the

Hereditary

Screening Kit

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You will be directed to a page where you will

**Enter Your Email.** 

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## **Claim Your Test**

After submitting your email address, you will receive an email from our screening partner, Invitae, with a link to claim your test.

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## **Activate Your Account**

**Invitae** will ask you to complete personal details, health history and consent forms through their portal.

**Important** 

You must set up an account, complete the health history and the consent forms before your kit can be processed.

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You will receive an email from Invitae indicating that a physician has approved your test. Or, depending on your health history, **PWN Health may contact you** to ask a few questions.



INVITAE

## **PWN Health**

is Invitae's 3<sup>rd</sup> party physician network partner.



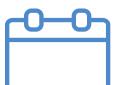
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When you receive your kit in the mail, make sure to follow all of the instructions provided in the box to activate your kit and provide a good saliva sample.



Mail the kit back to **Invitae** in the included, self-addressed envelope.





Once the sample arrives at the Invitae laboratory, it will take an average of 10–21 days to get your results.





View Your Results.
You'll receive a text message and an email from Invitae when your results are ready.
You can view them in your portal account along with recommended next steps — plus you can share the results with your healthcare provider.



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If you have questions about your results, genetic counselors are available by phone to discuss what your results mean for you and your family and which steps you may consider next.



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Next, you and your doctor will decide how you want to proceed with your screening information.

You can also share the information with your family.



## Family Follow-Up Testing Program

Genetic test results may have health implications not only for an individual, but for an entire family. If you receive a positive test result, family follow-up testing can help identify other family members at risk for the same genetic disease.

Learn more at: Invitae.com/en/family



For more information call us at **844-MYGENOME** or visit **www.CancerGuardian.com**.

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Cancer Guardian makes a significant annual contribution to the American Cancer Society on behalf of our Cancer Guardian members.