



BlueCross BlueShield of Texas



Blue Access MobileSM
allows you to conveniently
and securely access your
health coverage and wellness
information via your mobile
devices anywhere, anytime.



**Learn more about
Blue Access Mobile
at bcbstx.com/mobile
or text* GOTX to 33633.**

*Message and data rates may apply.
Terms and conditions and privacy policy
at bcbstx.com/mobile/text-messaging.



BCBSTX App and Mobile Website:

- Find a doctor, hospital or urgent care facility or search for Spanish-speaking providers
- Register or log in to Blue Access for MembersSM
 - View coverage details
 - Check claims status
 - Access ID card information



Centered App for iPhone[®]:

- Promote wellness through mindful meditation and activity
 - Set a daily steps goal and a weekly meditation goal
 - Choose from three meditation sessions - short, mindful or body awareness
 - Record activity automatically



Text Messaging:

- Set up personalized, daily reminders to take your prescriptions, multi-vitamins or check your blood glucose
- Get weekly diet, exercise and fitness tips
- Send texts to BCBSTX when you need instant account information