Coverage Period: 01/01/2026 - 12/31/2026

Coverage for: Individual/Family Plan Type: HDHP

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, please visit <u>www.myhighmark.com</u> or call 1.866.594.1736. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <u>www.HealthCare.gov/sbc-glossary/</u> or call 1.866.594.1736 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	\$2,500 individual/\$5,000 family <u>network</u> .	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u>
	\$5,000 individual/\$10,000 family out-of-network.	amount before this plan begins to pay. If you have other family members on the policy, the overall family <u>deductible</u> must be met before the <u>plan</u> begins to
		pay.
	All out-of-network services are credited to both	
	the in- <u>network</u> and out-of- <u>network deductibles</u> .	
Are there services covered	Yes. Preventive care services are covered before	This plan covers some items and services even if you haven't yet met the
before you meet your	you meet your <u>network deductible</u> .	<u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example,
deductible?	, <u> </u>	this plan covers certain preventive services without cost-sharing and before
	Copayments and coinsurance amounts don't	you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at
	count toward the <u>network deductible</u> .	https://www.healthcare.gov/coverage/preventive-care-benefits/.

Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket limit</u> for this plan?	Up to a total maximum out-of-pocket of \$4,150 individual/\$8,300 family.  \$8,300 individual/\$16,600 family out-of-network.  All out-of-network services are credited to both the out-of-network and in-network out-of-pocket limits.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , the overall family <u>out-of-pocket limit</u> must be met.
What is not included in the <u>out-of-pocket limit?</u>	Network: Premiums, balance-billed charges, and health care this plan doesn't cover do not apply to your total maximum out-of-pocket.  Out-of-network: Premiums, balance-billed charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .

Will you pay less if you use a network provider?	Yes. See <u>www.myhighmark.com</u> or call 1.866.594.1736 for a list of <u>network providers</u> .	This plan uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network</u> <u>provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your plan pays ( <u>balance billing</u> ).
		Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .



All  $\underline{copayment}$  and  $\underline{coinsurance}$  costs shown in this chart are after your overall  $\underline{deductible}$  has been met, if a  $\underline{deductible}$  applies.

			What You Will Pay			
	Common Medical Event	Services You May Need	<u>Network Provider</u> (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	If you visit a health care provider's	Primary care visit to treat an injury or illness	20% <u>coinsurance</u>	40% <u>coinsurance</u>	You may have to pay for services that aren't preventive. Ask your provider if	
	office or clinic	<u>Specialist</u> visit	20% <u>coinsurance</u>	40% <u>coinsurance</u>	the services needed are preventive.  Then check what your plan will pay for.	
		Preventive care/screening/immunization	No charge <u>Deductible</u> does not apply.	40% <u>coinsurance</u>	Please refer to your <u>preventive</u> schedule for additional information.	
	If you have a test	Diagnostic test (x-ray, blood work) Imaging (CT/PET scans, MRIs)	20% <u>coinsurance</u> 20% <u>coinsurance</u>	40% <u>coinsurance</u> 40% <u>coinsurance</u>	Precertification may be required.  Precertification may be required.	

		What You Will Pay		
Common Medical Event	Services You May Need	<u>Network Provider</u> (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you need drugs to treat your illness or condition  More information about prescription	Generic drugs	20% coinsurance per prescription (retail) 20% coinsurance per prescription (mail order)	Not covered	Up to 90-day supply retail pharmacy.  Up to 90-day supply maintenance prescription drugs through mail order.
drug coverage is available at www.myhighmark.com.	Formulary Brand drugs	20% <u>coinsurance</u> per prescription (retail) 20% <u>coinsurance</u> per prescription (mail order)	Not covered	
More information about specialty drug coverage is available at www.myVIVIO.com/	Non-Formulary Brand drugs	20% <u>coinsurance</u> per prescription (retail) 20% <u>coinsurance</u> per prescription (mail order)	Not covered	
Werner or at 1-800- 470-4034.	Specialty	More information about specialty drug coverage is available at <a href="https://www.myVIVIO.com/Werner">www.myVIVIO.com/Werner</a> or at 1-800-470-4034 .	Not Covered	Outpatient specialty drugs require precertification through VIVIO Health.
If you have	Facility fee (e.g., ambulatory surgery center)	20% <u>coinsurance</u>	40% <u>coinsurance</u>	Precertification may be required.
outpatient surgery	Physician/surgeon fees	20% coinsurance	40% <u>coinsurance</u>	Precertification may be required.
If you need immediate medical	Emergency room care	20% <u>coinsurance</u>	20% <u>coinsurance</u>	Out-of- <u>network</u> : Subject to <u>network</u> <u>deductible</u> .
attention	Emergency medical transportation	20% <u>coinsurance</u>	20% <u>coinsurance</u>	Out-of- <u>network</u> : Subject to <u>network</u> <u>deductible</u> .
	<u>Urgent care</u>	20% <u>coinsurance</u>	40% <u>coinsurance</u>	none

		What Yo	u Will Pay		
Common Medical Event	Services You May Need	<u>Network Provider</u> (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
If you have a	Facility fees (e.g., hospital room)	20% <u>coinsurance</u>	40% <u>coinsurance</u>	Precertification may be required.	
hospital stay	Physician/surgeon fees	20% <u>coinsurance</u>	40% <u>coinsurance</u>	Precertification may be required.	
If you need mental health, behavioral	Outpatient services	20% <u>coinsurance</u>	40% <u>coinsurance</u>	Precertification may be required.	
health, or substance abuse services	Inpatient services	20% <u>coinsurance</u>	40% <u>coinsurance</u>	Precertification may be required.	
If you are pregnant	office visits	20% <u>coinsurance</u>	40% <u>coinsurance</u>	Cost sharing does not apply for preventive services.  Depending on the type of services, a copayment, coinsurance, or deductible	
	Childbirth/delivery professional services	20% <u>coinsurance</u>	40% <u>coinsurance</u>	may apply.  Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound.)  Network: The first visit to determine	
	Childbirth/delivery facility services	20% <u>coinsurance</u>	40% <u>coinsurance</u>	pregnancy is covered at no charge. Please refer to the Women's Health Preventive Schedule for additional information.  Precertification may be required.	

		What You Will Pay			
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
If you need help recovering or have other special health needs	Home health care	20% <u>coinsurance</u>	40% <u>coinsurance</u>	Combined <u>network</u> and out-of- <u>network</u> : 120 visits per benefit period, combined with visiting nurse.  Precertification may be required.	
	Rehabilitation services	20% coinsurance	40% coinsurance	Precertification may be required.	
	Habilitation services	Not covered	Not covered	none	
	Skilled nursing care	20% <u>coinsurance</u>	40% <u>coinsurance</u>	Combined <u>network</u> and out-of- <u>network</u> : 120 days per benefit period.  Precertification may be required.	
	Durable medical equipment	20% <u>coinsurance</u>	40% <u>coinsurance</u>	Precertification may be required.	
	Hospice services	20% <u>coinsurance</u>	40% <u>coinsurance</u>	Precertification may be required.	
If your child needs	Children's eye exam	Not covered	Not covered	none	
dental or eye care	Children's glasses	Not covered	Not covered	none	
	Children's dental check-up	Not covered	Not covered	none	

## **Excluded Services & Other Covered Services:**

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

Bariatric surgery

Long-term care

Dental care (Adult)

Infertility treatment

Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Acupuncture

Hearing aids

Non-emergency care when traveling outside the U.S. See http://www.bcbsa.com

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <a href="www.dol.gov/ebsa/healthreform">www.dol.gov/ebsa/healthreform</a>, or the Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or <a href="www.cciio.cms.gov">www.cciio.cms.gov</a>. The Pennsylvania Department of Consumer Services at 1-877-881-6388. Other options to continue coverage are available to you too, including buying individual insurance coverage through the <a href="health-Insurance Marketplace">Health Insurance Marketplace</a>. For more information about the <a href="health-Marketplace">Marketplace</a>, visit <a href="http://www.HealthCare.gov">http://www.HealthCare.gov</a> or call 1-800-318-2596.

Your <u>Grievance</u> and <u>Appeals</u> Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim appeal</u> or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact:

Your plan administrator/employer.

Chiropractic care

The Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <a href="www.dol.gov/ebsa/healthreform">www.dol.gov/ebsa/healthreform</a>.

## Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes <u>plans</u>, health insurance available through the <u>Marketplace</u> or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of <u>Minimum Essential Coverage</u>, you may not be eligible for the <u>premium tax credit</u>.

## Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

-----To see examples of how this plan might cover costs for a sample medical situation, see the next section.-----

Private-duty nursing

## About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

## Peg is Having a Baby (9 months of in-network pre-natal care and a hospital delivery)

■The plan's overall deductible \$2,500 ■Specialist coinsurance 20% ■ Hospital (facility) coinsurance 20% 20% Other coinsurance

# Managing Joe's type 2 Diabetes (a year of routine in-network care of a wellcontrolled condition)

■The <u>plan's</u> overall <u>deductible</u>	\$2,500
■Physician coinsurance	20%
■ Hospital (facility) coinsurance	20%
■Other coinsurance	20%

# Mia's Simple Fracture (in-network emergency room visit and follow up care)

<ul> <li>The <u>plan's</u> overall <u>deductible</u></li> <li><u>Emergency Room coinsurance</u></li> <li><u>Physical Therapy coinsurance (6</u></li> </ul>	\$2,500 20% 20%
follow up visits)	2070
■Hospital (facility) coinsurance	20%
Other coinsurance	20%

This EXAMPLE event includes services like: Specialist office visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and blood work) Specialist visit (anesthesia)

**Total Example Cost** In this example, Peg would pay: Cost Sharing **Deductibles Copayments** 

Coinsurance

The total Peg would pay is

\$12,700 \$2,500 \$0 \$2,140

\$4,640

This EXAMPLE event includes services like: Primary care physician office visits (including disease education) Diagnostic tests (blood work) Prescription drugs Durable medical equipment (glucose meter)

This EXAMPLE event includes services like: Emergency room care (including medical supplies) Diagnostic test (x-ray) Durable medical equipment (crutches) Rehabilitation services (physical therapy 6 visits)

Total Example Cost \$5,600		Total Example Cost	\$2,800
n this example, Joe would pay:		In this example, Mia would pay:	
<u>Cost Sharing</u>		<u>Cost Sharing</u>	
<u>Deductibles</u>	\$2,500	<u>Deductibles</u>	\$2,500
<u>Copayments</u>	\$0	<u>Copayments</u>	\$0
Coinsurance	\$720	Coinsurance	\$160
The total Joe would pay is	\$3,220	The total Mia would pay is	\$2,660

Note: These numbers assume the patient does not participate in the <u>plan's</u> wellness program. If you participate in the <u>plan's</u> wellness program, you may be able to reduce your costs. For more information about the wellness program, please contact: 1.800.228.2240.

The plan would be responsible for the other costs of these EXAMPLE covered services.

Insurance or benefit administration may be provided by Highmark Blue Cross Blue Shield and Highmark Choice Company which are independent licensees of the Blue Cross and Blue Shield Association. Health care <u>plans</u> are subject to terms of the benefit agreement.

To find more information about Highmark's benefits and operating procedures, such as accessing the drug formulary or using <u>network providers</u>, please go to DiscoverHighmark.com; or for a paper copy, call 1-855-873-4106.

To find more information about VIVIO Health specialty pharmacy benefits or accessing the specialty drug list, please go to <a href="https://www.myVIVIO.com/Werner">www.myVIVIO.com/Werner</a> or call 1-800-470-4034.

#### Discrimination is Against the Law

The Claims Administrator/Insurer complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex, including sex stereotypes and gender identity. The Claims Administrator/Insurer does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex assigned at birth, gender identity or recorded gender. Furthermore, the Claims Administrator/Insurer will not deny or limit coverage to any health service based on the fact that an individual's sex assigned at birth, gender identity, or recorded gender is different from the one to which such health service is ordinarily available. The Claims Administrator/Insurer will not deny or limit coverage for a specific health service related to gender transition if such denial or limitation results in discriminating against a transgender individual. The Claims Administrator/Insurer:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
- Qualified sign language interpreters
- Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
- Qualified interpreters
- Information written in other languages

If you need these services, contact the Civil Rights Coordinator.

If you believe that the Claims Administrator/Insurer has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, including sex stereotypes and gender identity, you can file a grievance with: Civil Rights Coordinator, P.O. Box 22492, Pittsburgh, PA 15222, Phone: 1-866-286-8295, TTY: 711, Fax: 412-544-2475, email: CivilRightsCoordinator@highmarkhealth.org. You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, the Civil Rights Coordinator is available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services

200 Independence Avenue, SW

Room 509F, HHH Building

Washington, D.C. 20201

1-800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html

ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call the number on the back of your ID card (TTY: 711).

ATENCIÓN: Si usted habla español, servicios de asistencia lingüística, de forma gratuita, están disponibles para usted. Llame al número en la parte posterior de su tarjeta de identificación (TTY: 711).

请注意:如果您说中文,可向您提供免费语言协助服务。

请拨打您的身份证背面的号码(TTY: 711)。

CHÚ Ý: Nếu quý vị nói tiếng Việt, chúng tôi cung cấp dịch vụ hỗ trợ ngôn ngữ miễn phí cho quý vị. Xin gọi số điên thoai ở mặt sau thẻ ID của quý vị (TTY: 711).

알림: 한국어를 사용하시는 분들을 위해 무료 통역이 제공됩니다. ID 카드 뒷면에 있는 번호로 전화하십시오 (TTY: 711).

ATENSYON: Kung nagsasalita ka ng Tagalog, may makukuha kang mga libreng serbisyong tulong sa wika. Tawagan ang numero sa likod ng iyong ID card (TTY: 711).

ВНИМАНИЕ: Если вы говорите по-русски, вы можете воспользоваться бесплатными услугами языковой поддержки. Позвоните по номеру, указанному на обороте вашей идентификационной карты (номер для текст-телефонных устройств (ТТҮ): 711).

تنبيه: إذا كنت تتحدث اللغة العربية، فهناك خدمات المعاونة في اللغة المجانية متاحة لك. اتصل بالرقم الموجود خلف بطاقة هويتك (جهاز الاتصال لذوي صعوبات السمع والنطق: 711).

ATTENTION: Si c'est créole que vous connaissez, il y a un certain service de langues qui est gratis et disponible pour vous-même. Composez le numéro qui est au dos de votre carte d'identité. (TTY: 711).

ATTENTION: Si vous parlez français, les services d'assistance linguistique, gratuitement, sont à votre disposition. Appelez le numéro au dos de votre carte d'identité (TTY: 711).

UWAGA: Dla osób mówiących po polsku dostępna jest bezpłatna pomoc językowa. Zadzwoń pod numer podany na odwrocie karty ubezpieczenia zdrowotnego (TTY: 711).

ATENÇÃO: Se a sua língua é o português, temos atendimento gratuito para você no seu idioma. Ligue para o número no verso da sua identidade (TTY: 711).

ATTENZIONE: se parla italiano, per lei sono disponibili servizi di assistenza linguistica a titolo gratuito. Contatti il numero riportato sul retro della sua carta d'identità (TTY: 711).

ACHTUNG: Wenn Sie Deutsch sprechen, steht Ihnen unsere fremdsprachliche Unterstützung kostenlos zur Verfügung. Rufen Sie dazu die auf der Rückseite Ihres Versicherungsausweises (TTY: 711) aufgeführte Nummer an.

注:日本語が母国語の方は言語アシスタンス・サービスを無料でご利用いただけます。ID カードの裏に明記されている番号に電話をおかけください (TTY: 711)。

توجه: اگر شما به زبان فارسی صحبت می کنید، خدمات کمک زبان، به صورت رایگان، در دسترس شماست. با شماره واقع در پشت کارت شناسایی خود ( TTY: 711) تماس بگیرید.