

### ADDITIONAL PROGRAMS

#### More good-to-know info

- One breast pump is covered per birth, whether it's a single- or multiple-baby birth
- Breast pumps purchased at retail stores are not eligible for reimbursement
- Breast pumps rented or purchased out-of-network may not be covered

#### Lactation support services at \$0 added cost

Many plans cover lactation support services at no additional cost to you when you see network doctors or providers, including various clinics, health care professionals, OB/GYNs and pediatricians.



**You could be eligible to receive a breast pump at no cost to you**

Find out at the Optum store: [now.optum.com](https://now.optum.com)

**Learn more**

[uhc.com/preventivecare](https://uhc.com/preventivecare)

**United  
Healthcare®**

Certain preventive care items and services, including immunizations, are provided as specified by applicable law, including the Patient Protection and Affordable Care Act (ACA), with no cost-sharing to you. These services may be based on your age and other health factors. Other routine services may be covered under your plan, and some plans may require copayments, coinsurance or deductibles for these benefits. Always review your benefit plan documents to determine your specific coverage details. The content provided in this document is for informational purposes only and does not constitute medical advice. Decisions about medical care should be made by the doctor and patient. Please discuss with your doctor how the information provided is right for you. Always refer to the plan documents for specific benefit coverage and limitations or call the toll-free member phone number on your health plan ID card. Insurance coverage provided by or through UnitedHealthcare Insurance Company or its affiliates. Administrative services provided by United HealthCare Services, Inc. or their affiliates. B2C E1232153801.1 12/24 © 2024 United HealthCare Services, Inc. All Rights Reserved. 24-5741100-A

ADDITIONAL PROGRAMS

MATERNITY SUPPORT – BREAST PUMP COVERAGE AND LACTATION SUPPORT



Breast pump coverage and lactation support.

3 ways to find information about lactation or breastfeeding support:

- 1 Search by terms like “having a baby” or “maternity delivery care,” then scroll down to look for resources and maternity support programs in the colored boxes. These programs can include virtual lactation consultants (if applicable).\*
  - 2 Call Member Services for help finding breastfeeding or lactation support. The number is on the back of your Surest member ID card.
  - 3 Check with your delivery hospital or provider.
- \*Availability of maternity support programs depends on plan details and may vary by employer.*



**A heads-up about claims**


Surest typically doesn't contract directly with lactation consultants. They may bill under a provider group, which then submits the claim to Surest. If the consultant does *not* bill insurance, you must submit the claim yourself via the Surest app or website: Go to plan resources >> medical online claim form.

How to get a breast pump at no additional cost to you.

Surest offers coverage for one breast pump per pregnancy at \$0 cost to you.

To obtain a breast pump:

- 1. Ask your doctor for a breast pump prescription.
- 2. Find an in-network, licensed durable medical equipment (DME) supplier, including the following (this is not an exhaustive list):
  - Aeroflow Breastpumps 844-867-9890**
  - Pumping Essentials 866-688-4203**
  - The Breastfeeding Shop 866-255-6779**
- 3. Give your Surest member ID and prescription to the DME supplier, then select a breast pump. If you choose an upgraded option, additional costs may apply.



**Questions?**

Member Services is available online via chat and email or by calling the number on the back of your Surest member ID card.

Insurance coverage provided by UnitedHealthcare Insurance Company or its affiliates. Administrative services provided by United HealthCare Services, Inc. or its affiliates. Administrative services provided by United HealthCare Services, Inc. or its affiliates, including United HealthCare Service LLC in NY. Stop-loss insurance underwritten by UnitedHealthcare Insurance Company or its affiliates, including UnitedHealthcare Life Insurance Company in NJ, and UnitedHealthcare Insurance Company of New York in NY. All Fully Insured Plans in California: If medically appropriate care from a qualified provider cannot be provided within the Network, we will arrange for the required care with an available and accessible out-of-Network provider. You will only be responsible for paying the cost sharing in an amount equal to the cost sharing you would have otherwise paid for that service or a similar service if you had received the Covered Health Care Service from a Network provider. Surest Fully Insured Plans in California: A complete Network and timely access to care may only be available by obtaining treatment through providers available at the maximum Copayment shown for each service at the lowest cost-sharing tier. While some network providers are available at lower Copayments (reduced cost-sharing rates), there is no guarantee of a complete Network or timely access to care at any specific reduced cost-sharing rate. © Bind Benefits, Inc., d/b/a Surest. All rights reserved. B2C\_25-AI-1185458\_0225

ADDITIONAL PROGRAMS

PLANNED SURGERY



Lighting Your Path to the Right Surgical Care

What is Lantern?

Lantern can help you get the best care when you need planned, nonemergency surgery. This money-saving benefit is available at no additional cost to you as part of your benefits.

Here's What's Covered

In partnership with Fort Bend ISD, we cover the most expensive costs associated with surgery, so you'll pay less for your procedure when you use your Lantern benefit. Your coverage includes:\*

- Dedicated support and guidance
- Personalized matching with the best surgeon for your unique needs
- Consults and appointments with your Lantern surgeon
- Anesthesia, procedure and facility (hospital) fees

Let Us Guide You Back to Health

3 Steps to the Best Care

STEP 1

Call a Care Advocate to get started. They'll share more information about your benefits and ask about the care you're looking for.

STEP 2

Based on your needs, your Care Advocate will match you with a hand-picked list of excellent surgeons.

STEP 3

After you choose a surgeon, your Care Advocate will help set up appointments and guide you through every step of the experience.

Call Us to Learn More at (855) 200-9513

\* Testing, scans, imaging, durable medical equipment, and physical therapy expenses may not be included. However, coverage may be available through your medical plan. © 2025 Lantern Specialty Care. All rights reserved. SC-OEF-v1-0724

In the event of a medical emergency, call 911 or visit your nearest emergency room.