

Beth Israel Lahey Health



**BETSY
LEHMAN
CENTER**
for Patient Safety

Confidential

One-on-One

No Judgment

No Pressure

Virtual

You show up for everyone else. **But who shows up for you?**

When your job is caring for others, it's easy to forget about yourself.

The Virtual Peer Support Network connects you one-on-one with someone who's been in your shoes. Whether you work in direct care, administration, environmental services, facilities, or another role, this support is for you. It's not therapy. Just a real conversation with someone who gets it. **Let's talk.**

Visit us at BetsyLehmanCenterMA.gov/VirtualSupport



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more
details



**VIRTUAL
PEER SUPPORT
NETWORK**