



# IMMUNOTALK

September Edition

*Forged by Challenges. Refined  
through Excellence*

## TABLE OF CONTENTS

- 02 RISING STARS & ROCKSTARS | MEET CHRIS PATTERSON
- 03 RISING STARS & ROCKSTARS | MEET BLESSING OLUWATOLA
- 04 TURNING PRESSURE INTO POWER
- 05 BEHIND THE SCENES | MEET CYLE STARNER-MOORE
- 06 IDF WALK FOR PI | MILWAUKEE
- 07 KUDOS KORNER
- 08 BIRTHDAYS AND ANNIVERSARIES

TEAM WORK MAKES THE DREAM WORK IN  
JEFFERSONVILLE





# RISING STARS & ROCKSTARS

## MEET **CHRISTOPHER PATTERSON**

The organization has been blessed with Chris's humor for about a year and a half. He describes his role as eliciting paranoia every time he steps on the donor floor. Imagine a plague doctor, but with a polo and khakis instead of the beak mask.

### Daily Life.

Chris wakes up each day telling himself he will get up earlier tomorrow, which he never does. We can talk about the "typical" day of a QT, but it's the time between the daily routines that truly define the day. The unexpected challenges, the interactions with teammates and donors, and the moments shared...These are the moments that become the answer to the daily question from his wife, "how was your day?"



### Accomplishments.

Earning enough trust to let his manager focus on big-picture goals while he takes care of daily quality tasks. He also designed a plasma shipment checklist that kept his center shipment-deviation free since July of 2024.

Chris is full of surprises! He sang the National Anthem at a minor league baseball game, worked in radio for a Yankees affiliate, and performs as a baritone in local choirs. He is also a gardener, gamer, music lover, and devoted husband.



**SNACK OF CHOICE:** "I only eat meals. Snacks are for amateurs."



**DREAM SUPERPOWER:** Time manipulation! Rewind foot-in-mouth moments, fast-forward for lottery numbers.



**WORKPLACE CULTURE:** Comfortable. "We know each other's talents and quirks, and allow each other to be ourselves."

### Looking Ahead.

Chris jokes he's waiting on his lottery win, but professionally he's focused on helping ImmunoTek write the next chapter...and continuing to serve as the team's comic relief.



where were you all day?





# RISING STARS & ROCKSTARS MEET **BLESSING** **OLUWATOLA**

*Focused on Quality, Fueled by Purpose.*

Blessing joined the Immunotek team a year and a half ago, serving as the center's Quality Technician. In her role, Blessing collaborates closely with operations while ensuring collection processes meet strict regulatory, safety, and quality standards



**SNACK OF CHOICE:** Chips and cookies



**DREAM SUPERPOWER:** Teleportation - skipping traffic and instantly visiting new places!



**FAVORITE QUOTE:** "Do what you can with what you have, where you are." - Theodore Roosevelt. It's a great reminder that small, consistent efforts matter.



**OUTSIDE OF WORK:** Blessing loves singing, dancing, sewing, and watching movies.



**COMPANY CULTURE:** collaborative and mission-driven, with a strong focus on continuous improvement. "It's empowering," she said. "You're given the tools, training, and trust to make a difference."



## Looking Ahead.

Blessing is excited to continue growing professionally and plans to expand her skills through certification programs. We are so proud to have her as part of the team!

## Accomplishments.

When asked what she enjoys most about her position, Blessing shared that it's the impact her work has on saving lives. "I appreciate the balance between detail-oriented tasks and the opportunity to collaborate with the operations team," she said. One of her proudest accomplishments so far has been helping her center win the Monthly Quality Excellence Award. She also contributed to successful audits by improving documentation practices and ensuring staff readiness.

## THIS OR THAT?

Coffee | Tea

Early Bird | Night Owl

Beach | Mountains

Dogs | Cats

Book | Movie





# FROM STRESS TO STRENGTH. TURNING PRESSURE INTO POWER.

Stress is something we all encounter, whether it's meeting deadlines, balancing priorities, or adjusting to change. But here's the good news: change doesn't have to be the enemy. With the right mindset and habits, it can actually be a source of focus, growth, and strength.



## SHIFT YOUR MINDSET.

Think of stress like weight training. Just as lifting weights challenges your muscles to grow stronger, navigating stressful moments builds resilience and problem solving skills. The key is knowing how to balance the load. Here are a few quick strategies:

*"When challenges rise like thunder,  
resilience is our calm."*

- ✓ **Pause and Breathe.** Even 60 seconds of deep breathing can calmn your body's stress response and clear your mind.
- ✓ **Reframe the Challenge.** Instead of "I can't do this," try "This is tough, but I've handled tough before." Shifting perspective helps reduce feelings of being overwhelmed.
- ✓ **Recover Wisely.** Just as muscles need to rest, your mind needs recovery. Short walks, laughter, or listening to music can reset your energy.

Managing stress intentionally transforms it from something draining to something that fuels our growth.





# BEHIND THE SCENES

## MEET **CYLE STARNER-MOORE** CORPORATE EQUIPMENT SPECIALIST

*Powered by energy drinks and excellence!*

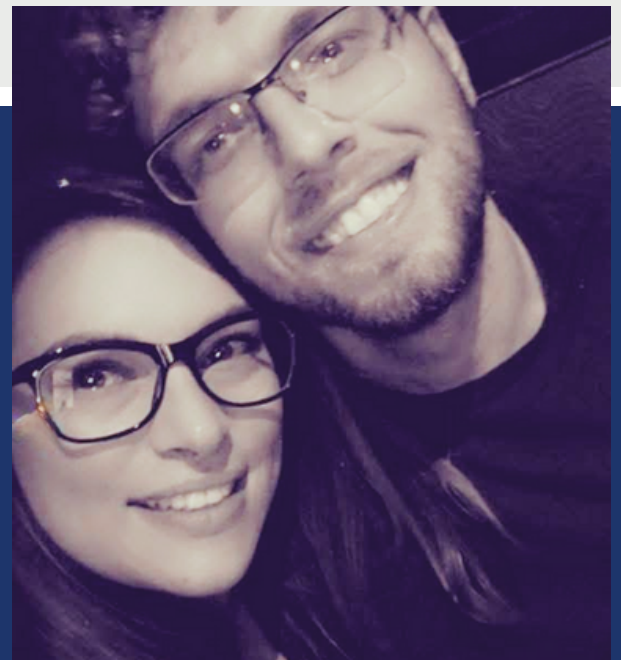


Meet Cyle, our go-to Equipment Specialist in Corporate Quality! He has been our behind-the-scenes guru for 2 years and keeps busy juggling everything from PCS machine maintenance to freezer events and scheduling plasma shipments. No two days are ever the same, and that's exactly what he loves most about his job.

“ I LIKE THE EVER-SHIFTING CHANGE. ONE MOMENT I'M WORKING WITH EQUIPMENT, THE NEXT I'M COORDINATING A SHIPMENT OR HELPING TO RESOLVE A FREEZER EVENT. ”

Cyle is huge on growth! He's racked up certifications like ASQ-CQIA, freezer/refrigeration training, and even became a Notary in under a month! Most recently, Cyle helped reshape the Freezer Event process to make the process smoother for the centers.

Fun fact: Cyle once deadlifted 700 lbs (yes, you read that right)! When he's not in the gym (6 days a week), he's reading, learning, or spending time with his fiancé. He is currently planning a dream vacation for the two of them to Italy!



Cyle's Picks

THIS OR THAT?

Book | Movie

Dogs | Cats

~~Coffee~~ | Tea

Beach | Mountains

Early Bird | Night Owl

DC | Marvel

Energy drinks! I need that caffeine NOW! LOL

Obviously!



# Milwaukee

## IDF WALK FOR PRIMARY IMMUNODEFICIENCY

An initiative of the Immune Deficiency Foundation

Submitted by: Tami Wilson

Each year, communities across the country come together for the IDF Walk for PI, a meaningful event that raises both awareness and critical funds for those living with Primary Immunodeficiency (PI). The walk is more than a fundraiser, it's a celebration of strength, unity, and the power of community.

This year, we are proud to share that our very own **Jenn Hamilton** attended the IDF walk at the Milwaukee Zoo. The event was filled with fun, inspiration, and family-friendly activities, creating an atmosphere of hope and connection for those impacted by PI.



**Thank you, Jenn** for stepping up and representing ImmunoTek with heart. Your participation helps shine a light on the importance of support and advocacy for individuals living with PI.

*Hamilton Family*





### QUEENSBURY CELEBRATES 2 YEARS!

Queensbury celebrated their 2-year anniversary in style by hosting a ribbon cutting event. The Adirondack Chamber of Commerce was in attendance to show their support. They even had Coach's Corner on site, providing food and refreshments to the team. Congratulations Queensbury!



### Certificate of Excellence

THE MONTHLY QUALITY AWARD

### Salisbury Center

CERTIFICATE OF RECOGNITION FOR THE  
HIGHEST OVERALL QUALITY PERFORMANCE IN  
JULY 2025

8/25/2025

DATE

8/25/2025

DATE

Congratulations Team SALISBURY for earning the July Quality Excellence Award!



ImmunoTek Bio Centers, LLC - Ruston  
Attn: Thomas Strain, MD  
105 W California Ave  
Ruston, LA 71270

COLA ID: 32179  
08/08/25

### Laboratory Excellence Award & Certificate

Dear Laboratory Director and Staff:

Congratulations! You were selected as a recipient of the COLA Laboratory Excellence Award because of your recent survey on 07/31/2025.

Team RUSTON knocks it out of the park in their recent COLA survey!

Have a great story, achievement, or  
celebration to share?

Send it our way for the next edition!

**SPOTLIGHT@IMMUNOTEK.COM**





## SEPTEMBER CELEBRATIONS

# *birthdays & anniversaries*

James Amey  
Desiree Bost  
Shavoreyunna Bryant  
Glenn Cassida  
Lashonda Craddieth  
Madison Deich  
Scott Dies  
Genell Dillion  
Ronisha Dixon  
Fredrick Eggleston  
Claire Fiorello  
Ronda Goldman  
Jordan Grayer  
Na'Dia Hayman-Brooks  
Tiffany Hyatt  
Scott Lee  
Theresa Lomeli  
Tara-Lynn McClenning  
Alerian Newborn  
Derek Oestreich  
Cayla Reese  
Marques Robbins  
Crystal Ruiz  
Pamela Selvage  
Mackenzie Tregurtha  
Patrick Turner  
Jay Williams  
Avery Wilson

### 1 YEAR

Kamaya Caldwell  
Jordan Grayer  
Adrienne Mcfarland  
Dexter Mingo  
Tiana Turner

### 2 YEARS

Daijah Booker  
Merry Ann Coakley  
Adrian Torres

### 3 YEARS

Kris Berry  
Peter Campbell  
Nehemyah Crews  
Matthew Lingle  
Tori Robinson  
Trey Stewart

### 4 YEARS

Shalonda Ellenwood  
Vincent Gilbert  
Cory Hammond  
LaWanda Hunter  
Damon Lehr  
Pamela Selvage  
Mai Yang

### 5 YEARS

Katina White

### 8 YEARS

Jenn Hamilton

