



Care where you are: Virtual visits through MyChart®



School employees, spouses and dependents ages six and up* who are enrolled in medical insurance through Cigna Healthcare now have access to convenient virtual visits using MyChart, the patient portal available through AIMS Health Plan.

To make an appointment:

- 1 Scan the QR code.

- 2 Select the AIMS tile.


AIMS MEMBER SCHOOLS - A visit for employees and dependents of AIMS Member Schools; you must have Cigna health insurance and an active MyChart account for this visit. →
- 3 Select all other AIMS locations.
- 4 Once you have scheduled your appointment, complete the steps to sign up for MyChart.

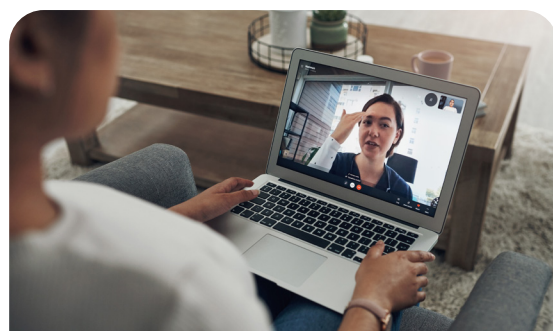
Appointments available: Monday 9:00 a.m. - 5:30 p.m. | Tuesday - Thursday 8:00 a.m. - 4:30 p.m. | Friday 7:00 a.m. - 3:30 p.m.

At your scheduled time, make sure:

- + You're physically located in D.C., MD or VA.
- + You have an active registered MyChart account to avoid an appointment delay or rescheduling.
- + You're in a private, quiet space (Note: we will not conduct a visit if you're driving in a vehicle).
- + You're ready to use your computer or smartphone video camera if you're experiencing physical symptoms so you can show the provider.
- + To log in to MyChart, click into the virtual waiting room and follow the prompts.

What you'll need:

- + A computer or smartphone with a video camera.
- + Either Google Chrome, Apple Safari or Microsoft Edge web browsers (Google Chrome is recommended).
- + Pre-tested Wi-Fi, video camera, microphone, speakers and battery life.



Learn more about MyChart with our helpful videos

[Introduction to MyChart](#)

[Creating a MyChart account](#)

[Scheduling appointments with MyChart](#)

*Children can be seen only for acute care.

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