FBİSD for a healthy life!



# EMPLOYEE BENEFITS

2022 BENEFITS GUIDE Fort Bend I.S.D.



# **Download Your FBISD LiveWell App Today!**

Available to ALL **FBISD Employees** 

Quick Resources:

SEAP Helpline

🕑 Benefits Guide

Helpful Links:

tools!

Benefits Department

Provider Contacts

Below are quick links to more resources &



OPTUM

ILA APLICACIÓN SIGEE ESTÁ DISPONIBLE EN ESPAÑOL!

Comuníquese con el EAP

- Llame a la línea de ayuda de Optum EAP - Iniciar sesión en el sitio web - Código de acceso de la Impresa: FBISD

Bienvenido a su Programa de Asistencia para Empleados y los Servicios de WorkLife, disponibles para usted SIN COSTO. Consulte

esta orientación rápida de 10 minutos para

Live**Well** 

FBÍSI

obtener información sobre sus recursos y servicios, incluido cómo tener acceso a ellos.

Resumen del programa

 Herramientas y recursos Usted y su familia también tendrá

24 horas a liveandworkwell.com.



# **Everything you** need in ONE PLACE!

Now Available on your smartphone!

- Access Your Resources 24/7
- **Health Benefits**
- **EAP Helpline**
- Wellness >
- ...and more!

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Fort Bend ISD is pleased to offer a comprehensive benefit program for you and your family. The decisions you make as a new hire or during the annual open enrollment remain in effect until the next open enrollment period, unless you experience a qualifying event (additional information on pages 7-9 of this guide).

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This document is an outline of the coverage provided under your employer's benefit plans based on information provided by your company. It does not include all the terms, coverage, exclusions, limitations, and conditions contained in the official Plan Document, applicable insurance policies and contracts (collectively, the "plan documents"). The plan documents themselves must be read for those details. The intent of this document is to provide you with general information about your employer's benefit plans. It does not necessarily address all the specific issues which may be applicable to you. It should not be construed as, nor is it intended to provide, legal advice. To the extent that any of the information contained in this document is inconsistent with the plan documents, the provisions set forth in the plan documents will govern in all cases. If you wish to review the plan documents or you have questions regarding specific issues or plan provisions, you should contact your Human Resources/Benefits Department.

### **EMPLOYEE WELLNESS**

Vision	To create a wellness culture that encourages employees to lead healthier and well-balanced lives.
Mission	To improve employee health, well-being and quality of life by providing health and wellness education, a diverse selection of wellness programs, and an atmosphere that is conducive to health improvements.
Goal	All employees make strides towards a healthier tomorrow.

### Working Together

FBISD's LiveWell Employee Wellness Program integrates Employee Benefits, Employee Assistance Program (EAP), community events, social networking, and UnitedHealthcare (UHC) resources and programs. Together we can transform the lives and well-being of our employees.

### Offerings

FBISD LiveWell Employee Wellness Program offers a broad range of wellness services, programs, and events.

### **Annual Programs**

- Marathon of the Month
- Million-Mile Month

### **Fitness Classes and Discounts**

- Zumba, Yoga, Open Swim, UJAM, and Aqua Fitness
- Discounts to Local Gyms and Health clubs

### **Educational Classes and Programs**

- Diabetes Education Seminars
- Mindfulness / Stress-Reduction Campaign
- Strength and Conditioning Seminar

### **Onsite Activities**

- Flu Shots
- Mammograms
- COVID-19 Vaccinations

### **Get Started**

Make your health and wellbeing the best it can be by connecting with what fits your needs and interests. Personal wellbeing is essential to happiness, and to the excellence of our organization!

Get involved with YOUR Wellness!: https://www.fortbendisd.com/Page/761



# **CARRIER CONTACTS**

Whether you need assistance with a claim or simply have a benefit question, you may use the email address below or call a Fort Bend ISD representative directly. In certain situations, it will be necessary for the representative to contact a provider or insurance carrier on your behalf. If your issue cannot be resolved in one email or phone call, you will always be informed of the status until resolution has been reached.

### **COBRA**

WEX 866.451.3399 www.wexinc.com



### **Medical**

UnitedHealthcare UnitedHealthcare

Group #902915 888.651.7319 www.myuhc.com

### **Prescription Drugs**

**Express Scripts EXPRESS SCRIPTS®** Group #FTISDRX 855.712.0331 www.express-scripts.com Accredo Specialty Pharmacy 800.803.2523

### Dental

# S Guardian<sup>®</sup>

Guardian Group #00470637 PPO - 800.541.7846 DHMO - 888.618.2016 www.guardiananytime.com

### Vision

### UnitedHealthcare

UHC / Spectera Group #902915 800.638.3120 www.myuhcvision.com

### **Flexible Spending Account**

UnitedHealthcare 877.311.7849 www.myuhc.com

UnitedHealthcare

### Life and Disability

Guardian 8 Guardian<sup>®</sup> Group #530311 Life - 800.525.4542 STD - 800.268.2525 LTD - 800.538.4583 www.guardiananytime.com

### Supplemental Insurance

MetLife Group #234948 800.438.6388 mybenefits.metlife.com

### Legal and Identity Theft Service

Legal Shield General Info - 800.654.7757 Legal Services - 800.458.6982 www.legalshield.com

### EAP

UnitedHealthcare

UHC/Optum 866.248.4096 www.liveandworkwell.com

### **Virtual Visits**



Doctors on Demand 800.997.6196 www.myuhc.com

### **Planned Surgery**

S SurgeryPlus Surgery Plus 855.200.9513 https://fbisd.surgeryplus.com

### **Muscle and Joint Pain**

Airrosti 800.404.6050 www.airrosti.com



# **Teacher Retirement System of**

800.223.8778 www.trs.state.tx.us



### 403(b) and 457 Plans

TCG Administrators (formerly JEM) 800.943.9179 www.tcgservices.com

### **Financial Wellness Platform**

Finpath www.finpathwellness.com 833.777.6545

# **T**finpath

# FBISD LiveWell App

App Technical Support support@enspire.me







# FBISD BENEFITS DEPARTMENT

# **FBISD Benefits and Wellness Department**

benefits@fortbendisd.com wellness@fortbendisd.com 281.634.1418

# **Benefit Coordinators**

For enrollment assistance / benefit changes

Cynthia Mucka (cynthia.mucka@fortbendisd.com)

Benefits Coordinator (A-C) Phone: 281.634.2810 Cell: 281.619.0221

Alton Nash (alton.nash@fortbendisd.com)

Benefits Coordinator (D-G) Phone: 281.327.0357 Cell: 281.509.2237

Gail Barnes-Maxwell (gail.barnesmaxwell@fortbendisd.com)

Benefits Coordinator (H-L) Phone: 281.634.1214 Cell: 281.619.3120

### Janet Singleton (janet.singleton@fortbendisd.com)

Benefits Coordinator (M-P) Phone: 281.634.1208 Cell: 281.619.3129

Sybil Willis (sybil.willis@fortbendisd.com)

Benefits Coordinator (Q-S) Phone: 281.327.7511 Cell: 281.886.6410

Johnetta Jones (Johnetta.jones@fortbendisd.com)

Benefits Coordinator (T-Z) Phone: 281.634.3958 Cell: 281.901.2659

# **Benefits Analyst**

### Kimberly Brown (kimberly.brown@fortbendisd.com)

Benefits Analyst Phone: 281.634.1241

# **Director, Benefits and Wellness**

### LaShonda Walls, MSPH, SHRM

(lashonda.walls@fortbendisd.com)

Director, Benefits and Wellness Phone: 281.634.1184

# **Onsite Wellness Coordinator**

# Gary Hajdasz (gary.hajdasz@fortbendisd.com) Wellness Coordinator Phone: 281.634.1807

Courtney Skiles (cn\_courtney.skiles@fortbendisd.com) Wellness Coordinator Phone: 713.724.0679



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# ELIGIBILITY

### Who Is Eligible?

All active, full-time employees are eligible for benefits through Fort Bend ISD. Benefits will be effective on the first of the month following their start date. For life and disability coverage, if you are not actively at work on the effective date, your coverage will be delayed until you return to active employment.

### When to Enroll Online\*

Online enrollment must be completed in My Self-Serve within 30 days of your start date, a qualifying life event, or during open enrollment.

### Who Are Eligible Dependents?

You may enroll your eligible dependents in the Medical, Dental, Vision, and Voluntary Life and Accidental Death & Dismemberment (AD&D) Plans. Your eligible dependents include your legal spouse, natural or step-child, adopted child, or a child placed with you for adoption. Your eligible dependents may be enrolled in benefits up to age 26.

### How to Continue Coverage if Employment Terminates

All of your plans end at the end of the month in which your employment ends. You may continue your life plans by applying within 31 days of your last day of employment. You may continue your Medical, Dental, Vision, and Medical FSA plan for a limited period of time after termination through Federal COBRA continuation.

### When to Change Your Benefits\*

The benefit choices you make upon initial enrollment and during our annual enrollment period will remain in place until the next open enrollment, or when you experience a qualifying life event. Your benefit change must be consistent with your change in family status.

### These changes include:

- Marriage, divorce, or legal separation
- Gain or loss of an eligible dependent for reasons such as birth, adoption, court order, disability, death, reaching the dependent age limit
- Termination of your or your Dependent's Medicaid or Children's Health Insurance Program (CHIP) coverage as a result of loss of eligibility (you must contact the FBISD Benefits Department within 60 days of termination)
- You or your Dependent become eligible for a premium assistance subsidy under Medicaid or CHIP (you must contact the FBISD Benefits Department within 60 days of determination of subsidy eligibility)
- Significant changes in employment or employer sponsored benefit coverage that affect you or your spouse's benefit eligibility
- Loss of other insurance coverage (Note: An employee who begins COBRA benefits and then voluntarily drops the COBRA coverage cannot come on to the FBISD benefit plans mid-year. You must wait until the FBISD open enrollment period to add benefits.)

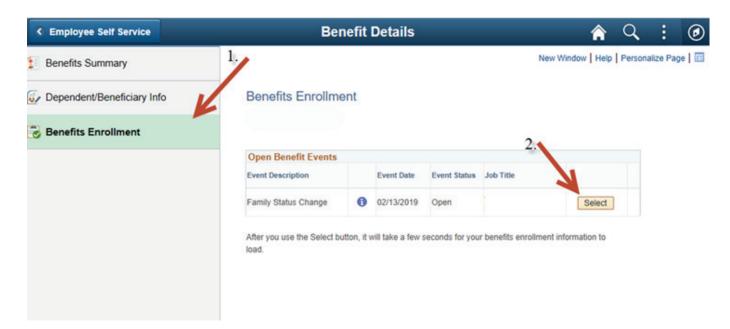
It is your responsibility to contact the FBISD Benefits Department within 30 days of the qualifying event to request a change to your benefits. You must provide the Benefits Department with documentation that states the qualifying event and the date this event has or will occur.

\*Please see page 8 for step-by-step instructions on how to enroll online.

# HOW TO ENROLL IN YOUR BENEFITS ONLINE THROUGH MY SELF SERVE

- 1. Go to www.fortbendisd.com, and click on the "Staff" tab
- 2. Log in to office 365 by entering in your firstname.lastname@fortbendisd.com and your password If you need to reset your password, call the Fort Bend ISD Customer Service Center at 281.634.1300.
- 3. Click Staff Links > My Self Serve > Sign in to PeopleSoft. Your user ID should be firstname.lastname and enter your password.
- 4. Click Benefit Details > Benefits Enrollment > click "Select" (next of your job title)
- 5. Make benefit elections by clicking Edit > Update and Continue.
- 6. Click Update Elections to confirm your benefit elections.
- 7. When finished with enrollment click Submit on BOTH the Benefit Elections Page and the Submit Benefit Choices Page.
- 8. Click Print XML to print your Benefits Summary for your records. Disable your popup blocker to allow the pdf to appear.
- 9. You must select every edit button and waive the benefits you don't wish to elect.





# **REQUIRED DOCUMENTS**

To enroll your dependents in the benefit plans, you must submit proof of eligibility documents by email or fax to **benefitsdependentdocuments@fortbendisd.com** within 14 days. You should NOT submit original documents or certified copies (which would have a raised seal). Make sure the official seal is visible on all copies. Original documents cannot be returned.

### Legal Marriage

If you are legally married, you must submit a copy of:

Marriage Certificate

### **Biological Child**

To verify the eligibility of a biological child, you must submit a COPY of:

- Birth Certificate of Biological Child; **OR**
- Documentation on hospital letterhead indicating the birth date of the child or children under 6 months old

### **Adopted Child**

To verify the eligibility of an adopted child or a child placed with you for adoption, you must submit a copy of the following documents. The documents you submit will depend on the current stage of the adoption.

- Official court or agency placement, guardianship papers for a child placed with you for adoption (initial stage); OR
- Official Court Adoption Agreement for an Adopted Child (mid-stage); OR
- Birth Certificate (final stage)

### Grandchild

To verify the eligibility of your grandchild, you must submit a COPY of:

- Most Recent Federal Tax Return; AND
- Official court papers establishing legal guardianship

### **Common Law Marriage**

If you are in a common law marriage, you must submit a COPY of:

- Country Certificate from the County where the marriage was recognized or recorded; OR
- If the County does not issue certificates, you can submit a Common Law Marriage Affidavit, plus the supporting document listed on the affidavit; AND
- Most Recent Federal Tax Return

### Stepchild

To verify the eligibility of your stepchild, you must submit a copy of:

- Child's Birth Certificate showing the child's parent is the employee's spouse; AND
- Marriage Certificate showing legal marriage between the employee and the child's parents; AND
- Most Recent Federal Tax Return (if applicable)

### **Other Children**

For who you are the legal guardian, to verify the eligibility of any other type of child for who you are the legal guardian, you must submit a copy of:

- Most Recent Federal Tax Return; AND
- Court papers demonstrating legal guardianship. Including the person named as the legal guardian.

### **About Submitting Tax Returns**

Make sure to submit the pages that display all tax dependents, your tax filing status, your address, your signature (and your spouse's, if appropriate), and the filing date. Submit either one joint return or the returns of both spouses, if you filed as "Married, Filing Separately." This is required even if you filed electronically. Make sure to black out your financial information. For audit verification, your personal income data is not required. If you have not filed your most recent tax return, submit your prior year's return.

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### 2022 CHANGES AND UPDATES

### **Changes and Updates**

We realize the success of FBISD depends on the commitment, dedication and well-being of our greatest asset – our employees. Therefore, we are constantly striving to keep benefits affordable without compromising the quality of the services we offer our employees and their dependents. That's why Fort Bend ISD manages a self-funded medical plan, which means our contributions pay for our own medical bills. As a result, we have been able to manage our overall healthcare spend so that we can keep premiums affordable for employees.

### Great news! No changes to your medical plan options this year and your medical premiums will remain the same!

Employees enrolled in the Dental PPO plans will see a slight increase in their monthly premium. Premiums for all other ancillary plans (i.e. Vision, Life, Disability) will remain the same. Fort Bend ISD is also enhancing the voluntary benefits program this year. We are excited to offer a new mix of group supplemental medical plans through MetLife which includes Accident, Cancer, Critical Illness and Hospital Indemnity plans.

This year, we want to help you be the healthiest you - at work and at home.

### **Frequently Asked Questions**

### Q. Will there be any changes to the benefit plan options available to employees?

A. No. All existing benefit plan options will remain in place for the 2022 benefit plan year.

### Q. Are there any premium changes for the 2022 benefit plan year?

**A.** There are no premium increases. All existing benefit plans will continue at the same premium rate. Employees enrolled in the Dental PPO Plans will see a slight increase in their monthly premium.

### Q. Why did FBISD eliminate the Aflac supplemental medical plans?

**A.** Fort Bend ISD did not eliminate the Aflac supplemental plans. As part of our standard negotiation process, Fort Bend ISD published an open advertisement for business. MetLife was awarded the contract based on the comprehensive mix of group policies they could provide at an affordable cost to employees.

### Q. What will happen to my Aflac policy effective January 1, 2022?

**A.** All employees currently enrolled in an Aflac plan will need to enroll in one of the MetLife supplemental plans during open enrollment. If you do not enroll in one of the MetLife supplemental plans, you will no longer have this benefit through Fort Bend ISD. The only exception is the Aflac grandfathered plan (Hospital Intensive Care). Individuals on that plan will be notified in advance regarding their options.

### Q. Can I keep my Aflac policy?

**A.** Yes. However, you will not have the option to payroll deduct through Fort Bend ISD. MetLife supplemental plans will only be available for payroll deduction. Please contact Aflac at 713.444.2208 for questions on how to keep your current policy.

### Q. How can I find out more about the MetLife Plans?

**A.** MetLife will present and answer questions during the employee open enrollment seminars starting on Monday, September 27, 2022.

# MEDICAL PLAN REQUIREMENTS

# SMART STEPS TO AVOID A MEDICAL SURCHARGE

Biometric Screening and Rally Health Survey Requirement

When you enroll in a FBISD medical plan for the first time, you have 60 days from the date your medical insurance goes into effect to complete Steps 1 and 2 of the wellness requirements in order to avoid a \$25 per pay period medical surcharge.

### 1. Biometric Screening Requirement

How to register for your biometric screening:

- Register or sign-in to your www.myuhc.com account
- Click on Visit Rally Health and Wellness at the bottom of the myuhc.com page after login
- Login or register (only required for initial set-up)
- Navigate to the Benefits tab
- Scroll down to the Programs section and select the Get Screened program tile to access your Biometrics Dashboard
- Select Register Now to begin registration on the Quest site. You will arrive at the Quest Diagnostics site. (Passcode is FBISD2022)

### 2. Rally Health Survey Requirement

How to register for your rally health survey:

- Register or sign-in to your www.myuhc.com account
- Click on Visit Rally Health and Wellness at the bottom of the myuhc.com page after login
- Login or register (only required for initial set-up)
- Complete health survey

Note: If you enroll your spouse on a FBISD medical plan, your spouse MUST also complete these steps. Eligible dependent children will not have to complete a biometric screening.

### **RALLY WELL-BEING REWARDS PROGRAM**

Rally is the state-of-the-art digital component of health and wellness offered by Optum. With Rally, employees are able to engage in their health, using digital capabilities that are personalized and fun – and can be accessed on the go. Rally integrates with Optum data and Optum wellness programs to provide a synchronized wellness experience for all participants.

As part of the Rally Well-being Rewards Program, employees are able to earn incentives by completing the Biometric Screening and Rally Health Survey requirements. In order to qualify for the incentive, you must complete the biometric screening AND Rally health survey.

Fort Bend ISD Employees Gift Card Incentive \$50				
Activity	Incentive			
Biometric Screening	Gift Card Incentive \$25			
Rally Health Survey	Gift Card Incentive \$25			

### FIND AN IN-NETWORK DOCTOR

Call UnitedHealthcare at 888.651.7319 for all medical plans to find In-Network providers, Urgent Care or Convenience Care location.

### Kelsey UHC Charter Plan

Visit www.kelsey-seybold.com/providers. (The website provides all In-Network options).

### Choice HRA, Choice Plus, and Choice High Deductible Plan

Visit www.myuhc.com (Select the Choice Network of Providers)

### Nexus ACO OA

Visit www.myuhc.com (Select the Nexus ACO + Nexus ACO OA Network of Providers)

To pay a lower out-of-pocket expense compared to Network Providers, select the provider's name and look for the Accountable Care Organization: Memorial Hermann designation at the bottom of the page.

#### **Registered Members**

- 1. Visit **MyUHC.com** and click "Register Now". To set up a HealthSafe ID you'll be asked to...
- Identify yourself. Enter your name, birthdate, ZIP Code, Member ID (or SSN) and group number (902915).
- Create a username and password. The website will guide you through password requirements.
- 4. Set-up account recovery preferences. In case you misplace your username or password.
- 5. Agree to Terms of Use, Privacy Policy, and the Consumer Communications Notice. Which you may review on the website.
- Confirm your contact information. You'll be guided through steps to verify your email address and phone number.

#### **Unregistered Members**

- 1. Visit www.myuhc.com
- 2. Select "Find a Doctor" in the middle
- 3. Select your plan network
- 4. On the next screen, enter a doctor name, facility name, specialty or condition; search by distance, gender, etc.

### VIRTUAL VISITS

### Available to Employees Enrolled in ALL Medical Plans

DOCTOR ON DEMAND Fort Bend ISD is providing you and your eligible dependents with an affordable, convenient option for treating many medical conditions. Virtual Visits allows you to talk to a doctor anytime, anywhere by phone. Most of you will be able to access this benefit for \$0 copay. If you are on the High Deductible Health Plan, your coverage will be subject to coinsurance, after your deductible.

Kelsey UHC Charter	\$0/visit
Nexus	\$0/visit
Choice Plus	\$0/visit
Choice HRA	\$0/visit
Choice High Deductible	0% after deductible

### **LEARN MORE!**

1. Log in to myuhc.com

2. FBISD Live Well App > Health Benefits > Additional Programs > Virtual Visits

### **Top Treatable Conditions**

- Cold and Flu
- Sore Throat
- Skin Rashes
- Bladder Infections
- Allergies
- Pink Eye
- Bronchitis
- Fevers

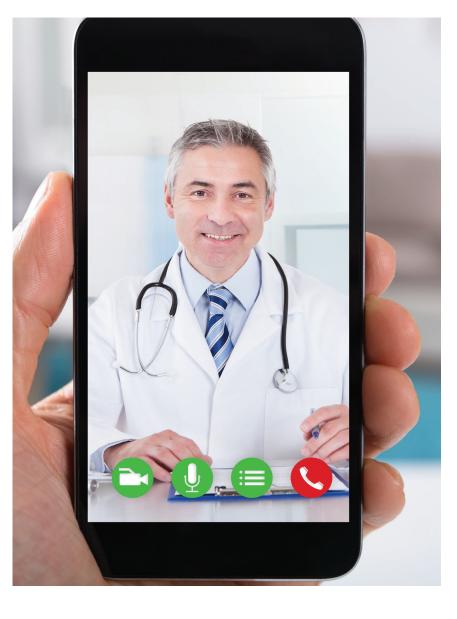
### Available to FBISD Employees

If you are not on a Fort Bend ISD medical plan, you can still utilize this service!

VISIT: www.doctorondemand.com

AVERAGE COST: \$75 for Doc on Demand\*

\*subject to change



# MEDICAL PLAN COMPARISON

Plan Name	Kelsey UF	IC Charter	Ne	xus	Choice Plus		Choic	e HRA	Choice Deduc		
Network	Kelsey	Seybold	Nexus A		Choice		Choice		Choice		
	In-Netwo Kelsey	ork ONLY, Seybold Providers	Memorial H Designate Memoria	d Provider: erman ACO d Hospital: I Herman	Out-of-N Preventive Pharmacy b not co	Care and benefits are vered	FBISD HRA contribution: \$500 Individual / \$1,000 Family		HSA comp	HSA compatible plan	
Deductible	In-Ne	etwork	Designated Network	Network	In-Network	Out-of- Network	In-Ne	etwork	In-Net	In-Network	
Individual	\$7	'50	\$1,500	\$2,000	\$2,000	\$4,000	\$2,	500	\$6,5	500	
Family		500	\$3,000	\$4,000	\$4,000	\$8,000	\$5,	000	\$13,	000	
Out-of-Pocket Max			<b>*- - - - - - - - - -</b>	<b>*•</b> • • • •	<b>*•</b> • • • •	<b>*</b> ( <b>2 2 2 2</b>	<b>*</b>				
Individual		750 500	\$5,000	\$6,000	\$6,000	\$12,000		000	\$6,5 \$13,		
Family PRIMARY OFFICE <sup>1</sup>		500	\$10,000	\$12,000	\$12,000	\$24,000	⊅۱∠	,000	۵۱۵,	000	
Primary Care		copay	\$25 copay	\$50 copay	\$50 copay	50% after deductible	30% after	deductible	0% after d	eductible	
Specialist	\$35 (	copay	\$40 copay	\$75 copay	\$75 copay	50% after deductible	30% after	deductible	0% after d	eductible	
Virtual Visit <sup>1</sup>	\$	60	\$	0	\$	1	\$	60	0% after d	eductible	
OTHER SERVICES											
Preventive Care	Plan pa	ys 100%	Plan pa	ys 100%	100%	50% after deductible	Plan pa	ys 100%	Plan pay	s 100%	
Routine Labs, X-Rays	20% after	deductible	20% after	deductible	20% after deductible	50% after deductible	30% after deductible		0% after deductible		
Airrosti Muscle/ Joint <sup>1</sup>	\$35 c	copay	\$40 c	copay	\$50 c	opay	30% eligible expenses after deductible		0% after deductible		
Surgery Plus <sup>2</sup>	Covered	l at 100%	Covered	at 100%	Covered		Covered	at 100%	0% after d	eductible	
Inpatient Hospital	20% after	deductible	20% after	deductible	20% after deductible	50% after deductible	30% after deductible		0% after d	eductible	
Urgent Care	\$75 0	copay	\$75 c	copay	\$75 copay	50% after deductible	30% after deductible		0% after d	eductible	
Advanced Imaging (CT scan, MRI, PET)		deductible	20% after	deductible	20% after deductible	50% after deductible	30% after deductible		0% after d	eductible	
EMERGENCY ROO		2.11		0.11		<u></u>			1		
Emergency Room (True Emergency)		y³ then 20% ductible		/ <sup>3</sup> then 20% ductible	\$300 copay after dec		30% after deductible 0% after d		0% after d	eductible	
Inpatient Mental Health and Substance Abuse	20% after	deductible	20% after	deductible	20% after deductible	50% after deductible	30% after deductible 09		0% after d	eductible	
PRESCRIPTION											
Retail Rx Drugs (30 days)	30% / 40	)% / 50%	30% / 40	0% / 50%	30%/ 40% / 50%	Not Covered	30% / 40% / 50%		0% after d	eductible	
Mail Order Rx (90 days)	25% / 35	5% / 45%	25% / 35	5% / 45%	25% / 35% / 45%	Not Covered	25% / 35% / 45%		0% after d	eductible	
Specialty Pharmacy	45%, maxir	mum of \$75	45%, maxir	num of \$75	45%, maximum of \$75	Not Covered	45%, maximum of \$75		0% after deductible		
RATES BY PLAN⁴	Pay Periods		Pay P	eriods	Pay Periods		Pay P	eriods	Pay Pe	eriods	
	24	19	24	19	24	19	24	19	24	19	
Employee Only	\$80.23	\$101.34	\$88.67	\$112.00	\$101.97	\$128.80	\$52.92	\$66.85	\$31.05	\$39.22	
Employee + Spouse	\$248.39	\$313.76	\$287.61	\$363.30	\$330.75	\$417.79	\$194.16	\$245.25	N/A	N/A	
Employee + Child(ren)	\$221.67	\$280.00	\$245.00	\$309.47	\$281.75	\$355.89	\$136.08	\$171.89	\$122.73	\$155.03	
Employee + Family	\$328.59	\$415.06	\$380.47	\$480.59	\$437.54	\$552.68	\$247.78	\$312.99	N/A	N/A	

<sup>1</sup>Subject to change

<sup>2</sup>These benefits are separate from UHC, and made available in your medical plan at no additional cost to your premium

<sup>3</sup>The copay is waived if admitted for the Kelsey, Choice Plus and Nexus.

<sup>4</sup>There are 19 pay period contributions for hourly employees (24 for all others) and do not include medical surcharge (see page 11 for more information).

^The funds that are contributed to your HRA by FBISD WILL REMAIN with the district. The dollars in your HRA account balance is FULLY funded by FBISD.

# **KELSEY UHC CHARTER**

The Kelsey UHC Charter Plan is a partnership between UHC and Kelsey Seybold and utilizes ONLY Kelsey Seybold physicians and affiliates. This is an in-network only plan. If you are out of the area and have an emergency, you may seek emergency care. If you have a dependent that is outside the Kelsey Seybold network area, they will have access to the Choice Network for care with authorization from UHC. Please call **877.805.1970** to receive the authorization before seeking care. When enrolling in the Kelsey UHC Charter Plan in My Self Serve, enter in provider ID number 00006773183010.

### In-Network ONLY, Kelsey Seybold Network Providers

Benefit	Out-of-Pocket Expense	
Deductible	\$750 Individual \$1,500 Family	
Maximum Out-of-Pocket (Ind. Deductible, Medical and Rx Coinsurance)	\$3,750 Individual \$7,500 Family	
DOCTOR'S SERVICES		
Primary Care Physician	\$25 copay	
Specialist	\$35 copay	
Virtual Visit	\$0	
PREVENTATIVE SERVICES		
Preventative Services	Covered at 100% (deductible and copays do not apply)	
ROUTINE LAB AND X-RAY		
In-Office Visit 20% after deductible		
Outpatient Basis	20% after deductible	
HOSPITAL		
Urgent Care	\$75 copay	
Advanced Imaging (MRI, CT, PET, etc)	20% after deductible	
Emergency Room \$300 copay (waived if admitted); deductible and coinsurance		
Inpatient Mental Health/Substance Abuse	20% after deductible	
Inpatient Hospital	20% after deductible	
Prescription Drug Plan	30% / 40% / 50% / Specialty 45%	

# Additional Programs Included In Your Medical Premium:

Virtual Visits, Healthy Pregnancy, Surgery Plus, Airrosti, Real Appeal

Note: For a complete description of benefits, see the Summary of Benefits and Coverage or Summary Plan Description.

### https://www.fortbendisd.com/page/75664

Plan Rates*	24 Pay Period Contributions	19 Pay Period Contributions
Employee Only	\$80.23	\$101.34
Employee + Spouse	\$248.39	\$313.76
Employee + Child(ren)	\$221.67	\$280.00
Employee + Family	\$328.59	\$415.06

\*Per pay period contributions without medical surcharge.



### NEXUS

The Nexus Plan is offered through UHC and utilizes the Nexus ACO OA network. Benefits are ONLY for In-Network providers. If you are out of the area and have an emergency, you may seek emergency care. When you choose a Designated Network Provider, you are choosing providers in the Memorial Herman Hospital System.

### Designated Provider: Memorial Herman Designated Hospital: Memorial Hermann

Designated Network deductibles and Out-of-Pocket maximums track towards your Network deductibles and Out-of-Pocket maximums.

Benefit	Designated Network	Network	
Deductible	\$1,500 Individual \$3,000 Family	\$2,000 Individual \$4,000 Family	
Maximum Out-of-Pocket (Ind. Deductible, Medical and Rx Coinsurance)	\$5,000 Individual \$10,000 Family	\$6,000 Individual \$12,000 Family	
DOCTOR'S SERVICES			
Primary Care Physician	\$25 copay	\$50 copay	
Specialist	\$40 copay	\$75 copay	
Virtual Visit	\$0	\$0	
PREVENTATIVE SERVICES			
Preventative Services	Covered at 100% (deductible and copays do not apply)	Covered at 100% (deductible and copays do not apply)	
ROUTINE LAB AND X-RAY			
In-Office Visit	20% after deductible	20% after deductible	
Outpatient Basis	20% after deductible	20% after deductible	
HOSPITAL			
Urgent Care	\$75 copay	\$75 copay	
Advanced Imaging (MRI, CT, PET, etc)	20% after deductible	20% after deductible	
Emergency Room	\$300 copay (waived if admitted); deductible and coinsurance apply	\$300 copay (waived if admitted); deductible and coinsurance apply	
Inpatient Mental Health/Substance Abuse	20% after deductible	20% after deductible	
Inpatient Hospital	20% after deductible	20% after deductible	
Prescription Drug Plan	30% / 40% / 50% / Specialty 45%	30% / 40% / 50% / Specialty 45%	

# Additional Programs Included In Your Medical Premium:

Virtual Visits, Healthy Pregnancy, Surgery Plus, Airrosti, Real Appeal

Note: For a complete description of benefits, see the Summary of Benefits and Coverage or Summary Plan Description.

https://www.fortbendisd.com/page/75664

Plan Rates*	24 Pay Period Contributions	19 Pay Period Contributions
Employee Only	\$88.67	\$112.00
Employee + Spouse	\$287.61	\$363.30
Employee + Child(ren)	\$245.00	\$309.47
Employee + Family	\$380.47	\$480.59

\*Per pay period contributions without medical surcharge.



# **CHOICE PLUS**

The Choice Plus Plan is offered through UHC and utilizes the Choice network. Benefits are for In-Network and Out-of-Network providers. If you are out of the area and have an emergency, you may seek emergency care.

Rx not covered at Out-of-Network.

### In-Network (UHC Broad Network) Out-of-Network (Not Contracted with UHC)

Benefit	In-Network	Out-of-Network
Deductible	\$2,000 Individual \$4,000 Family	\$4,000 Individual \$8,000 Family
Maximum Out-of-Pocket (Ind. Deductible, Medical and Rx Coinsurance)	\$6,000 Individual \$12,000 Family	\$12,000 Individual \$24,000 Family
DOCTOR'S SERVICES		
Primary Care Physician	\$50 copay	50% after deductible
Specialist	\$75 copay	50% after deductible
Virtual Visit	\$0	Not covered
PREVENTATIVE SERVICES		
Preventative Services	Covered at 100% (deductible and copays do not apply)	50% after deductible
ROUTINE LAB AND X-RAY		
In-Office Visit	20% after deductible	50% after deductible
Outpatient Basis	20% after deductible	50% after deductible
HOSPITAL		
Urgent Care	\$75 copay	50% after deductible
Advanced Imaging (MRI, CT, PET, etc)	20% after deductible	50% after deductible
Emergency Room	\$300 copay + 20% after deductible	\$300 copay + 20% after deductible
Inpatient Mental Health/Substance Abuse	20% after deductible	50% after deductible
Inpatient Hospital	20% after deductible	50% after deductible
Prescription Drug Plan	30% / 40% / 50% / Specialty 45%	Not covered

# Additional Programs Included In Your Medical Premium:

Virtual Visits, Healthy Pregnancy, Surgery Plus, Airrosti, Real Appeal

Note: For a complete description of benefits, see the Summary of Benefits and Coverage or Summary Plan Description. https://www.fortbendisd.com/page/75664

Choice Plus Plan	24 Pay Period Rates	19 Pay Period Rates
Employee Only	\$101.97	\$128.80
Employee + Spouse	\$330.75	\$417.79
Employee + Child(ren)	\$281.75	\$355.89
Employee + Family	\$437.54	\$552.68



### **CHOICE HRA**

The Choice HRA Plan is offered through UHC and utilizes the Choice network. Benefits are ONLY for In-Network providers. If you are out of the area and have an emergency, you may seek emergency care. The funds that are contributed to your HRA by FBISD WILL REMAIN with the district. The dollars in your HRA account balance is FULLY funded by FBISD.

### In-Network ONLY, Choice network providers

Benefit	Out-of-Pocket Expense
Health Reimbursement Account (HRA) Amount District contributes to your account	\$500 Individual \$1,000 Family
Deductible	\$2,500 Individual \$5,000 Family
Maximum Out-of-Pocket (Ind. Deductible, Medical and Rx Coinsurance)	\$6,000 Individual \$12,000 Family
DOCTOR'S SERVICES	
Primary Care Physician	30% after deductible
Specialist	30% after deductible
Virtual Visit	\$0
PREVENTATIVE SERVICES	
Preventative Services	Covered at 100% (deductible and copays do not apply)
ROUTINE LAB AND X-RAY	
In-Office Visit	30% after deductible
Outpatient Basis	30% after deductible
HOSPITAL	
Urgent Care	30% after deductible
Advanced Imaging (MRI, CT, PET, etc)	30% after deductible
Emergency Room	30% after deductible
Inpatient Mental Health/Substance Abuse	30% after deductible
Inpatient Hospital	30% after deductible
Prescription Drug Plan	30% / 40% / 50% / Specialty 45%

### **Additional Programs Included In Your Medical Premium:**

Virtual Visits, Healthy Pregnancy, Surgery Plus, Airrosti, Real Appeal

Note: For a complete description of benefits, see the Summary of Benefits and Coverage or Summary Plan Description. https://www.fortbendisd.com/page/75664

https://www.iortoendibarcom/puge//ooor		
Plan Rates*	24 Pay Period Contributions	19 Pay Period Contributions
Employee Only	\$52.92	\$66.85
Employee + Spouse	\$194.16	\$245.25
Employee + Child(ren)	\$136.08	\$171.89

\*Per pay period contributions without medical surcharge.

**Employee + Family** 

IMPORTANT NOTE: If you are enrolled in the Choice HRA plan, you must exhaust the funds in your Health Reimbursement Account (HRA) before you can use your Flexible

\$247.78

Spending Account (FSA) funds for medical expenses. You will not be able to use your FSA debit card for medical expenses if you are enrolled in the Choice HRA plan. However, you will be able use the FSA debit card to fill prescriptions. You must pay out-of-pocket for medical expenses and seek reimbursement from the FSA by submitting a claim form and your receipts.



\$312.99

# **CHOICE HIGH DEDUCTIBLE**

The Choice High Deductible Plan is offered through UHC and utilizes the Choice network. Benefits are ONLY for In-Network providers. If you are out of the area and have an emergency, you may seek emergency care. This plan meets "affordability" under the Affordable Care Act (ACA).

### In-Network ONLY, Choice network providers, HSA Compatible Plan

Benefit	Out-of-Pocket Expense	
Network	HSA Compatible Plan	
Deductible	\$6,500 Individual \$13,000 Family	
Maximum Out-of-Pocket (Ind. Deductible, Medical and Rx Coinsurance)	\$6,500 Individual \$13,000 Family	
DOCTOR'S SERVICES		
Primary Care Physician	0% after deductible	
Specialist	0% after deductible	
Virtual Visit	0% after deductible	
PREVENTATIVE SERVICES		
Preventative Services	Covered at 100% (deductible and copays do not apply)	
ROUTINE LAB AND X-RAY		
In-Office Visit	0% after deductible	
Outpatient Basis	0% after deductible	
HOSPITAL		
Urgent Care	0% after deductible	
Advanced Imaging (MRI, CT, PET, etc)	0% after deductible	
Emergency Room	0% after deductible	
Inpatient Mental Health/Substance Abuse	0% after deductible	
Inpatient Hospital	0% after deductible	
Prescription Drug Plan	0% after deductible The amount you pay prior to meeting your deductible is based on the discounts ESI has negotiated with the pharmacy.	

# Additional Programs Included In Your Medical Premium:

Virtual Visits, Healthy Pregnancy, Surgery Plus, Airrosti, Real Appeal

Note: For a complete description of benefits, see the Summary of Benefits and Coverage or Summary Plan Description. https://www.fortbendisd.com/page/75664

Plan Rates*	24 Pay Period Contributions	19 Pay Period Contributions
Employee Only	\$31.05	\$39.22
Employee + Spouse	Not offered	Not offered
Employee + Child(ren)	\$122.73 \$155.03	
Employee + Family	Not offered Not offered	

\*Per pay period contributions without medical surcharge.



### **EXPRESS SCRIPTS**

The site is completed based on your current benefits. You are welcome to post it on your site and share it with your members. www.express-scripts.com/FBISD

The Prescription Drug plan is offered through Express Scripts (ESI). You are automatically enrolled in the prescription drug program when you enroll in one of the Fort Bend ISD medical plans. Below is a table showing the applicable coinsurance by tier for a 31 day supply (except for Choice High Deductible Plan). For member inquiries, please call ESI member services at **855.712.0331**.

### **Retail Benefits**

You can Obtain up to 31-day supply at any ESI Network pharmacy.

### **Participating Pharmacies Include:**

Walmart • Target • CVS • Walgreen's • Rite-Aid • Duane Reade • Medicine Shoppe • Ralph's • Kroger • Meijer • HEB • Shopko • Randall's • And Many More

Login to your ESI account for a complete and current listing of participating pharmacies.

### **Mail Order Benefits**

In addition to local retail access, your employer offers the additional benefit of Mail Order. Maintenance drugs can be ordered through ESI's mail order pharmacy and delivered to your home. Maintenance medications are those that you take for ongoing medical conditions like diabetes, high blood pressure and asthma. Mail Order allows you to enjoy benefits such as home delivery with free standard shipping for up to a 90-day supply of medication, and you can conveniently order refills by internet or by phone, anytime.

### **Express Scripts**

#### Retail

(% of drug cost)	(% of drug cost)
Tier – 30%	Tier – 25%
Tier $2 - 40\%$	Tier 2 – 35%
Tier $3 - 50\%$	Tier 3 – 45%
Mail Order*	

### Mail Order\*

\*Mail order prescriptions have a maximum per 90-day supply of \$150.

### **Specialty Medications**

Specialty Medications are those that are used to treat complex, chronic conditions like cancer, rheumatoid arthritis and MS, and often require special handling and administration. Specialty medications require prior authorization and quantity limits may apply. There are additional specialty programs you may be subjected to, login to your ESI account for more information.

Limited to 30-day at home delivery, at 45% coinsurance with a maximum of \$75.

All Specialty Medications must be purchased through Accredo. For additional information, Accredo can be reached at 800.803.2523.

### Note: The pharmacy plan has a Mandatory Generic Drug Policy in place.

If you choose a brand-name medication when a generic medication is available, you will be responsible for paying the difference in cost between the brand-name and the generic medication, plus the applicable coinsurance.

Register at www.Express-Scripts.com.



### **STEP THERAPY**

Step Therapy is a program designed especially for people who take prescription drugs regularly to treat ongoing medical conditions. Step Therapy simply means making sure you get safe and proven-effective medicine for your condition – at the lowest possible cost to you. In other words, it's how you can avoid paying more for the medicine you need.

### How Step Therapy Works

A panel of independent licensed physicians, pharmacists and other medical experts work with ESI to recommend medicines for the step therapy program. Together, they review the most current research on thousands of prescription medicines tested and approved by the Food and Drug Administration (FDA). Then they determine the most appropriate medicines to include in the program. Medicines are then grouped in categories, or "steps."

Front-line Drugs - Step 1 - These are the first step and are typically generic and lower-cost brand-name medicines. They are proven to be safe and effective, as well as affordable. In most cases, they provide the same health benefit as more expensive medicines, but at a lower cost.

Backup Drugs – Step 2 and Step 3 drugs – are typically brand-name medicines. They are best suited for the few patients who don't respond to first-line medicines. They're also the most expensive options.

### How do you find out if a first-line medicine is right for you?

Only your doctor can make that decision. Log in to your account at **express-scripts.com** or call the number on your member ID card to find out if step therapy applies to the medicine your doctor prescribed. If it does, you can see a list of first-line alternatives. You can give that list to your doctor to choose the medicine your plan covers that best treats your condition.

### What happens if your doctor gives you a prescription that's not on the first-line list for your plan?

The first time you try to fill the prescription, your pharmacist should explain that step therapy requires you to try a first-line medicine before a second-line medicine is covered. Since only your doctor can change your current prescription, either you or your pharmacist need to speak with your doctor to request a first-line medicine that's covered by your plan. If you need your prescription right away, you may ask your pharmacist to fill a small supply until you can consult your doctor.

### How to Start Step Therapy

The next time your doctor writes you a prescription, or if your current medicine qualifies, ask if a first-line generic medicine is right for you. Often, generic medicines have the same chemical makeup as their brand-name counterparts, and the same effect on the body, so the only real difference is cost.

Plans often cover second-line (more expensive) medicines if:

- You've tried the first-line medicine covered by your step therapy program, and you and your doctor feel that the medicine doesn't treat your condition effectively, OR
- Vou can't take a first-line medicine (for example, because of an allergy), OR
- Vour doctor decides that you need a second-line medicine for medical reasons

If you have questions about step therapy, or anything else regarding your prescription plan, just call the Member Services phone number on the back of your member ID card. You can also log in to express-scripts or download the ExpressScripts mobile app to learn more about your pharmacy plan. With the ExpressScripts mobile app, managing your medication is a snap! You can view orders, access your ID card, check drug interactions or even find the closest retail pharmacy in seconds.

### PET RX DISCOUNT PROGRAM

### What is Inside Rx Pets?

The Inside Rx Pets card is a prescription discount card administered by Inside Rx, LLC, which is a partially owned subsidiary of Express Scripts, leveraging purchasing power to expand affordable access to brand and generic human medications for pets. The Inside Rx Pets card can provide savings at over 60,000 participating pharmacies. Based on Inside Rx data, over 50% of card users can average savings of 15% off brands and 77% off generics on the human medications pets need.

### How do I get started with Inside Rx Pets?

You will receive an email with a link to obtain your Inside Rx Pets card. Download and/or print the card. You can look up the current price of the prescriptions and find a local pharmacy online. Then just take it to a participating pharmacy with your prescription. Show your card to the pharmacist, who will find your Inside Rx Pets discounted price. Then, pay and enjoy the savings. That's it!

### Where can I use my Inside Rx Pets card?

The Inside Rx Pets discount card can be used at nearly 60,000 participating retail pharmacies that fill prescriptions for pets including Walgreens, CVS and the Kroger family of pharmacies. Check the Inside Rx Pets website to search for participating pharmacies. At this time, Inside Rx Pets cannot be used at the Express Scripts Pharmacy® (home delivery pharmacy).

### Can I use the Inside Rx Pets card for ALL of my pets' medications?

The Inside Rx Pets card can be used with valid prescriptions of human medications that pets need, written for animals by a veterinarian or another appropriately licensed care provider, at participating pharmacies that fill prescriptions for animals. However, it cannot be used for parasiticides or vaccines. The Inside Rx Pets card is not insurance and cannot be combined with any insurance benefit, copay assistance program, or other third-party financial benefits. Please also review the terms of use for the Inside Rx Pets card.

### Are there fees for using Inside Rx Pets?

There are no fees or costs, beyond what you are paying for the prescription itself. This is a value-added perk provided to you via our relationship with Inside Rx Pets, at no cost to you. Just show your prescription and your Inside Rx Pets card, and you'll have access to Inside Rx Pets' lowest possible pricing on your medication.

# How can I check the price of my pet's prescription?

You can check the current price of your prescription online or by calling customer service at **1.800.722.8979**. You can also ask the pharmacist at the counter to process a test claim to view pricing. Inside Rx cannot guarantee that the price you pay at the pharmacy will always be the price that is displayed or advertised in advance of your purchase. Pricing may change over time and may vary depending on the pharmacy at which you fill the medication.



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# DENTAL PPO PLANS

### Locate In-Network Providers

### www.guardiananytime.com

- 1. Click Find a Provider,
- 2. Then Find a Dentist...
- 3. Under Select a Plan, choose PPO
- 4. Or CALL CUSTOMER SERVICE at 800.541.7846

# Value Plan

Your dental coverage is provided through Guardian. With the Value Plan DPPO, you must see an In-Network dentist. You have lower out-of-pocket costs for Basic and Major dental services than you would with the NAP Plan option. If you already see an In-Network dentist or if you are willing to change to an In-Network dentist, the Value Plan may be a good option to save money on dental expenses. If you go to an out of network dentist on the value plan, the dentist payments are based on the discounted fee schedules agreed upon by network dentist and you will pay more for the visit than on the NAP Plan.

### Network Access Plan

With the Network Access Plan (NAP) DPPO, you may see any dentist that you choose. However, In-Network dentists have agreed to accept reduced fees for the services they provide. They have also agreed not to charge you any amount that exceeds the allowable amount, aside from deductibles, coinsurance and services that are limited or not covered under the plan. This will reduce your out-of-pocket expenses. If your dentist is an out-of-network provider, dental benefits will be based on reasonable and customary charges.

In-Network Benefit	Value Plan	Network Access Plan
Calendar Year Maximum (Per Person)	\$2,000	\$2,000
Annual Deductible	\$50 Individual \$50 Individual \$150 Family \$150 Family	
Frequency Cleanings (Preventive Only)	Twice per calendar year (January 1 – December 31)	Twice per calendar year (January 1 – December 31)
Class A – Preventive and Diagnostic Care (Prophylaxism Oral exam, Sealants, Diagnostic Casts, Radiographs)	0% no deductible applies	0% no deductible applies
<b>Class B – Basic Services</b> (Endodontic, Periodontal, Space Maintainers, Surgical Extractions)	0%	20%
Class C – Major Services (Crown, Inlay, Dentures, Bridge)	40% 50%	
Class D – Orthodontia* Child (Under 19 Years Old)	50%	50%

### There is one set of rates for both the Value and NAP Dental PPO Plans.

Plan Rates*	24 Pay Period Contributions	19 Pay Period Contributions
Employee Only	\$22.10	\$27.91
Employee + 1	\$44.18	\$55.81
Employee + Family	\$66.27	\$83.70

\*Lifetime Payment Limit of \$2,000 for orthodontic treatment.

Pre-treatment review is available on a voluntary basis when dental work in excess of \$300 is proposed.

# **S** Guardian<sup>®</sup>

Your dental coverage is provided through Guardian. With your DHMO plan, you enjoy negotiated discounts from In-Network dentists. Out-of-network visits are not covered. You must designate and use a participating provider. You pay a fixed copay for each covered service. There are no deductibles or plan maximums. Under the DHMO Dental Plan, should your treatment plan require the services of a specialist, you will be referred to one. Please note that there is no coverage available outside of Texas.

When using a participating dentist, the amount you will be responsible for paying is the applicable copay associated with the type of service you receive. See the certificate of coverage for a list of copay amounts located on the benefits webpage (http://www.fortbendisd.com/Page/78016).

Cleaning Frequency: Twice per calendar year (January 1 – December 31)

Orthodontia: Available for both children and adults.

### Locate In-Network Providers

### www.guardiananytime.com

- 1. Click Find a Provider,
- 2. Then Find a Dentist...
- 3. Under Select a Plan, choose Managed Dental Care
- 4. Or CALL CUSTOMER SERVICE at 888.618.2016

Plan Rates*	24 Pay Period Contributions	19 Pay Period Contributions
Employee Only	\$4.90	\$6.19
Employee + 1 \$8.15		\$10.29
Employee + Family	\$15.17	\$19.16

See Guardian DHMO Plan Copay Schedule https://www.fortbendisd.com/Page/78016



### VISION PLAN

Your vision coverage is provided by UnitedHealthcare through the Spectera Eye Network. With Spectera's large national eye care network, you can choose to get more personalized care from a private practice, or you can take advantage of the convenience of numerous retail chains in their network with evening and weekend hours. Spectera is focused on providing you with a better eye care experience.

### Locate In-Network Providers

### myuhcvision.com

- 1. Click Find a Provider,
- 2. Then Find a Vision Provider...
- 3. Under Select Your Vision Plan, choose Spectera Eyecare Network
- 4. Or CALL CUSTOMER SERVICE at 800.638.3120

Benefit	In-Network	Out-of-Network
Exam	\$20 copay	Reimbursed up to \$40
Materials	\$20 copay	Varies (see below)
Exam Frequency	1 per calendar year	1 per calendar year
Frame Frequency	1 per calendar year	1 per calendar year
Contact Lens Exam Frequency (in lieu of lenses and frames)	1 per calendar year	1 per calendar year
LENSES		MEMBER REIMBURSED:
Single Vision	100% after copay*	Up to \$40
Bifocal	100% after copay*	Up to \$60
Trifocal	100% after copay*	Up to \$80
FRAMES	MEMBER REIMBURSED:	
Frame Allowance	\$150 allowance + 30% off	Up to \$45
CONTACT LENSES	MEMBER REIMBURSED:	
Medically Necessary	100%	Up to \$210
Elective	\$150 allowance*	Up to \$150

\*These benefits are subject to copay, if any.

Plan Rates*	24 Pay Period Contributions	19 Pay Period Contributions
Employee Only	\$4.48	\$5.66
Employee + 1	\$7.18	\$9.06
Employee + Children	\$7.76 \$9.80	
Employee + Family	\$11.81	\$14.92

If you enroll in the vision plan, you can view/print your ID card online through myuhcvision.com.



# WHAT IS AN FSA?

### Healthcare FSA:

- The full amount you elect is available the first day your benefits are effective.
- You can set aside up to \$2,850, pre-tax, to pay for eligible health care expenses, including dental and vision.
- You can use your FSA for all eligible health care costs for you and your dependents, even if your dependents are not covered under the Fort Bend ISD medical plans.
- If you have unused contributions in your Health FSA at the end of the current plan year you can continue to incur expenses through March 15, 2023 immediately following the end of the plan year, and receive reimbursement for these expenses until such unused funds are depleted. All requests for reimbursement will be accepted and processed through March 31, 2023. After March 31, 2023 funds remaining in your account for 2022 plan year will be forfeited.
- The full amount of your election is available to you on January 1, 2022, even though your contributions are spread over the calendar year.

### **Dependent Care FSA:**

- Only the amount which has been taken from your paycheck is available for use.
- You and your spouse can set up a combined annual contribution up to \$5,000, pre-tax, to pay for day care expenses for qualified dependents while you work or look for work.
- Unlike the health care FSA, you can only be reimbursed funds that have already been withheld from your paycheck.
- Eligible expenses include day care, nursery school, after-school care and summer day camp.
- IRS "use it or lose it" rule applies, and you cannot be reimbursed for any expense that is also covered by a tax credit on your federal tax return.

### **FSA SAVINGS EXAMPLE**

Bob and Jane's combined gross income is \$30,000. They have two children and file their income taxes jointly. Since Bob and Jane expect to spend \$2,000 in adult orthodontia and \$3,300 for day care next plan year, they decide to elect a total of \$5,300 into their FSAs.

	Without FSA	With FSA
Gross Income	\$30,000	\$30,000
FSA Contributions	\$0	-\$5,300
Gross Income	\$30,000	\$24,700
Federal Taxes*	\$4,500	\$3,705*
FICA Taxes*	\$435	\$358
After-Tax Earnings	\$25,065	\$20,637
Medical and Dependent Care Expenses	-\$5,300	\$0
Remaining Spendable Income	\$19,765	\$20,637
Spendable Income Increase		-\$872

\*Assumes 15% Federal Income Tax and 1.45% FICA. The above example is for illustrative purposes only. Every situation varies and we recommend that you consult a tax advisor for all tax advice.

# HEALTHCARE FSA

### Submit receipts at www.myuhc.com.

Fort Bend ISD's Flexible Spending Account is administered by UHC. Your FSA contributions, deducted on a pre-tax basis, may be used to pay for qualified Healthcare expenses.

# For the 2022 plan year, you may elect up to \$2,850 for your Health FSA. There is a \$120 minimum contribution for Employees.

For more information, please visit the IRS website at https://www.irs.gov/pub/irs-pdf/p503.pdf.

A Health FSA allows you to set aside tax-free dollars into an account that will reimburse you for out-of-pocket qualified medical expenses "incurred" during the plan year (1/1/2022 - 12/31/2022). The term "incurred" means that the service must be performed during the plan year. Eligible expenses may be incurred by you, your spouse, or your eligible dependent child(ren). Reimbursements received from your Health FSA are tax-free. In addition, you can use your debit card to pay for qualified expenses directly from your reimbursement account.

Examples of eligible expenses include deductibles, copays, LASIK eye surgery, prescription drugs, and orthodontia. Over-thecounter medications, with the exception of insulin, will require a prescription to be considered a qualified medical expense for reimbursement from your FSA. See IRS Code Section 213(d) or 502 for a list of eligible expenses. The expenses must be for "medical care" and be for the diagnosis, care, mitigation, treatment or prevention of a disease, or for the purpose of affecting any structure or function of the body.

### Use-it-or-lose-it and Filing Deadline

If you have unused contributions in your Health FSA at the end of the current plan year you can continue to incur expenses through March 15, 2023 immediately following the end of the plan year, and receive reimbursement for these expenses until such unused funds are depleted. All requests for reimbursement will be accepted and processed through March 31, 2023. After March 31, 2023 funds remaining in your account for 2022 plan year will be forfeited.

### Health FSA

Claims must be received by UHC's FSA department within 90 days of the end of the plan year. If your employment terminates during the year your claims must be incurred prior to the end of the month in which your termination occurs, your request for reimbursement must be received by UHC's FSA department within 90 days of the end of the plan year.

### **Debit Card**

Your FSA debit card allows you to quickly and conveniently access funds in your FSA for Healthcare expenses. You may use it to pay for eligible expenses at the time of service and at locations that accept it.

### **IMPORTANT NOTE**

If you are enrolled in the Choice HRA plan, you must exhaust the funds in your Health Reimbursement Account (HRA) before you can use your FSA funds for medical expenses. You will not be able to use your FSA debit card for medical expenses if you are enrolled in the Choice HRA plan. You must pay out-of-pocket for medical expenses and seek reimbursement from the FSA by submitting a claim form and your receipts. However, you will be able use the FSA debit card for filling prescriptions.

You are NOT eligible for the Health FSA if you or your spouse currently contribute to an HSA.

KEEP COPIES of ALL of your receipts and explanation of benefits worksheets for eligible transactions. UHC will most likely ask you for this documentation. The only reason UHC will not ask for documentation is if the amount swiped on your debit card is equal to a copay or deductible in Fort Bend ISD's medical plans. You are required to provide receipts during an IRS audit.

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# **DEPENDENT CARE FSA**

Fort Bend ISD's Flexible Spending Account is administered by UHC. Your FSA contributions, deducted on a pre-tax basis, may be used to pay for qualified dependent care expenses.

For the 2022 plan year, you may elect up to \$5,000 for your Dependent FSA.

The Dependent Care FSA allows you to save taxes on up to \$5,000 in "qualified" day care expenses every year. Dependent Care FSAs reimburse only up to the account balance on the date your claim is received. Claims exceeding the balance are reimbursed when there is enough in the account to cover them.

Under Code Section 21(b)(1) "qualifying individual" means a dependent of the taxpayer as defined in Code Section 152(a)(1) (i.e., a qualifying child) who has not attained age 13; a dependent of the taxpayer who is physically or mentally incapable of caring for himself or herself and has the same principal abode as the taxpayer for more than half of the year.

Qualified day care expenses include:

- Care provided while both parents are working or looking for work
- Care that has been provided during the plan year (1/1/2022 12/31/2022)
- Actual day care expenses (separate fees for services such as transportation, meals, classes, lessons, trips or supplies are not reimbursable unless the charges are included as part of your base fee – not itemized)
- Day camps, including those that focus on specific activities, such as sports and arts (overnight camps are excluded even if the camp apportions the day camp and overnight charges)
- Day care providers tax ID or individual's social security number must be provided

### Sample of ineligible expenses include:

- Child care provided by your tax dependent or your child under age 19
- Overnight camps and tuition for kindergarten
- Childcare when one parent is not working or looking for work

### Use-it-or-lose-it and Filing Deadline

If you have unused contributions in your Dependent Care FSA at the end of the current plan year you can continue to incur expenses through March 15, 2022 immediately following the end of the plan year, and receive reimbursement for these expenses until such unused funds are depleted. All requests for reimbursement will be accepted and processed through March 31, 2022. After March 31, 2022 funds remaining in your account for 2021 plan year will be forfeited.

Dependent Care FSA - Claims must be received by UHC's FSA department within 90 days of the end of the plan year.

Debit Card – Your FSA debit card allows you to quickly and conveniently access funds in your FSA for dependent care expenses. You may use it to pay for eligible dependent care expenses at the time of service and at locations that accept it.

- Keep copies of ALL of your receipts and explanation of benefits worksheets for eligible transactions. UHC may ask you for this documentation. You are required to provide receipts during an IRS audit.
- If your childcare provider does not accept payment by debit card, you can pay the provider directly and then request reimbursement from UHC directly to your checking or savings account.

# BASIC LIFE AND AD&D – VOLUNTARY LIFE AND AD&D

Fort Bend ISD provides each eligible employee with Basic Life and Accidental Death & Dismemberment (AD&D) insurance through Guardian. Basic Life & AD&D is paid 100% by Fort Bend ISD and so there is no cost to you.

Basic Life Insurance and AD&D	
Benefit Amount \$25,000	
Age Reduction	50% at age 70
Accelerated Death Benefit	75% of benefit amount

### Voluntary Life Insurance and AD&D

You have the option to purchase Voluntary Life and AD&D coverage for yourself and your dependents through Guardian. You must elect this for yourself in order to purchase Life Insurance on your eligible dependents. Voluntary Life and AD&D is combined and is not offered separately. As a new hire, any amount selected over the guarantee issue amount will require a completed Evidence of Insurability Form. When you retire or leave FBISD, you have 31 days to continue your coverage; email Guardian for additional information National\_Conversions@glic.com. You pay the full cost of this benefit.

Voluntary Life Insurance and AD&D			
Benefit Amount Maximum	Employee	\$10,000 increments, up to \$500,000	
(could be subject to medical questions; see Guarantee issue below for new hires and	Spouse	\$10,000 increments to 100% of Employee Amount, not exceeding \$250,000	
certificate of coverage for plan provisions)	Child(ren)	Dependent child age 1-14 days \$100; 14 days - 26 years \$10,000	
	Employee*	\$250,000	
Guarantee Issue	Spouse	\$30,000	
	Child(ren)	\$10,000	
Age Reduction	50% at age 70		
Accelerated Death Benefit	75% of benefit amount up to \$250,000		
Late Entrant Penalty	All amounts will require an Evident of Insurability (EOI) form to be completed. Coverage will become effective once approved by Guardian.		

\*If you are currently enrolled in Voluntary Life, you can increase your amount by \$50,000 each Open Enrollment without EOI, up to the Guarantee Issue amount (for Employee Coverage only).

Monthly Voluntary Life Insurance and AD&D Rates (per \$1,000)				
Age	Employee Rate	Spouse Rate**		
25	\$0.063	\$0.120		
25-29	\$0.066	\$0.107		
30-34	\$0.071	\$0.109		
35-39	\$0.092	\$0.129		
40-44	\$0.121	\$0.173		
45-49	\$0.178	\$0.257		
50-54	\$0.258	\$0.387		
55-59	\$0.378	\$0.581		
60-64	\$0.524	\$1.003		
65-69	\$0.867	\$1.681		
70-74	\$1.518	\$3.069		
75+	\$3.058	\$5.928		

\*\*Spouse rate based on employee age child rate: \$0.305 per \$1,000

### Calculation Example For a Family

Employee: 38 years old electing \$250,000 in

Life and AD&D insurance: Life and AD&D: 250,000 ÷ 1,000 x \$0.092 = \$23.00 Spouse: 45 years old electing \$30,000 in

Life and AD&D insurance: Life and AD&D: 30,000 ÷ 1,000 x \$0.257 = \$7.71 Child(ren): electing \$10,000 in Life and AD&D Insurance (the rate covers all children under 26 in a family):

Life and AD&D: 10,000 ÷ 1,000 x \$0.305 = \$3.05

Total Monthly Rate: \$33.76



# VOLUNTARY DISABILITY

Fort Bend ISD provides each eligible employee the option to select a voluntary disability plan through Guardian. Disability insurance is designed to help supplement your income when you are unable to work because of maternity, an accident, or illness that is not work related. You are responsible for the cost of this coverage. When you leave FBISD, you have 31 days to continue your coverage; email Guardian for additional information National\_Conversions@glic.com.

Voluntary Disability Benefit			
Definition of Disability	Prevented from performing one or more of the Main Duties of: 1. Your occupation during the elimination period 2. Any gainful occupation, following the elimination period		
Elimination Period	<b>Option 1:</b> 14 days injury or sickness <b>Option 2:</b> 90 days injury or sickness		
The period of time you mu	ust be disabled, due to a covered disability, before this plan's benefits are payable.		
Base Benefit	66.67% of covered earnings* per \$100 of salary Your salary will be determined as of January 1		
This means that after 14 or 90 days of disability. Guardian will pay you 66.67% of covered earning (per \$100 of salary) up to the maximum shown below.			
Maximum Weekly Benefit (before week 26)	\$1,730 per week (weekly benefit: annual salary divided by 52 weeks)		
Maximum Monthly Benefit (after week 26)	\$7,500 per month (monthly benefit: annual salary divided by 12 months)		
LIMITATIONS			
Pre-Existing Conditions	3/12 (any condition that was diagnosed or treated within the last 3 months prior to eligibility under the policy will not be covered for 12 months under this disability plan)		
Mental Illness	Up to 24 months of coverage, combined		
Substance Abuse and Self-Reported	Up to 24 months of coverage, combined		

Voluntary Disability Monthly Rates (per \$100)			
Option 1-14 day Elimination Period	\$1.189		
Option 2-90 day Elimination Period	\$1.094		
Age at Disability	Maximum Benefit Duration		
<60	to age 65, but not less than 60 months		
60	60 months		
61	48 months		
62	42 months		
63	36 months		
64	30 months		
65	24 months		
66	21 months		
67	18 months		
68	15 months		
69 and over	12 months		

Your disability benefit may be reduced by other income benefits.

See Certificate of Coverage for details. https://www.fortbendisd.com/Page/75851



# ACCIDENT INSURANCE

### Covered Benefits

With MetLife, you'll have a choice of two plans (called the "Low Plan" and the "High Plan") that provide payments in addition to any other insurance payments you may receive<sup>1</sup>. Here are just some of the covered events/services<sup>2</sup>. Please see the benefit summary for a full list of covered services.

		Low Plan			High Plan	
	EMPLOYEE	SPOUSE	CHILD	EMPLOYEE	SPOUSE	CHILD
ACCIDENTAL DEATH BENEFITS CATEGOR	ſ					
Basic Accidental Death	\$25,000	\$12,500	\$5,000	\$50,000	\$25,000	\$10,000
Accidental Death Common Carrier	\$75,000	\$37,500	\$15,000	\$150,000	\$75,000	\$30,000
BASIC DISMEMBERMENT/FUNCTIONAL LO	SS BENEFIT					
Loss of one finger or one toe	\$500	\$500	\$500	\$1,000	\$1,000	\$1,000
Loss of one arm or one leg	\$7,500	\$7,500	\$7,500	\$15,000	\$15,000	\$15,000
Loss of one hand or one foot	\$7,500	\$7,500	\$7,500	\$15,000	\$15,000	\$15,000
Loss of two or more fingers or toes	\$1,000	\$1,000	\$1,000	\$2,000	\$2,000	\$2,000
Loss of sight in one eye	\$7,500	\$7,500	\$7,500	\$15,000	\$15,000	\$15,000
Loss of hearing in one ear	\$7,500	\$7,500	\$7,500	\$15,000	\$15,000	\$15,000
CATASTROPHIC DISMEMBERMENT/FUNCT	IONAL LOSS B	ENEFIT				
Loss of both arms or both legs or one arm and one leg	\$15,000	\$15,000	\$15,000	\$40,000	\$40,000	\$40,000
Loss of both hands or both feet or one hand and one foot	\$15,000	\$15,000	\$15,000	\$40,000	\$40,000	\$40,000
Loss of sight in both eyes	\$15,000	\$15,000	\$15,000	\$40,000	\$40,000	\$40,000
Loss of hearing in both ears	\$15,000	\$15,000	\$15,000	\$40,000	\$40,000	\$40,000
Loss of ability to speak	\$15,000	\$15,000	\$15,000	\$40,000	\$40,000	\$40,000
PARALYSIS BENEFIT						
Two Limbs (paraplegia or hemiplegia)	\$7,500	\$7,500	\$7,500	\$20,000	\$20,000	\$20,000
Four Limbs (quadriplegia)	\$15,000	\$15,000	\$15,000	\$40,000	\$40,000	\$40,000

<sup>1</sup>Covered services/treatments must be the result of a covered accident as defined in the group policy/certificate. See your Disclosure Statement or Outline of Coverage/Disclosure Document for full details.

<sup>2</sup>Availability of benefits varies by state. See your Disclosure Statement or Outline of Coverage/Disclosure Document for state variations.

### Example of How Benefits are Paid

Kathy's daughter, Molly, was riding her bike to school. On her way there she fell to the ground, was knocked unconscious, and was taken to the local emergency room (ER) by ambulance for treatment. The ER doctor diagnosed a concussion and a broken tooth. He ordered a CT scan to check for facial fractures too, since Molly's face was very swollen. Molly was released to her primary care physician for follow-up treatment, and her dentist repaired her broken tooth with a crown. Depending on her health insurance, Kathy's out-of-pocket costs could run into hundreds of dollars to cover expenses like insurance co-payments and deductibles. MetLife Group Accident Insurance payments can be used to help cover these unexpected costs.

Covered Event <sup>2</sup>	Benefit Amount	
Ambulance (ground)	\$400	
Emergency Care	\$200	
Physician Follow-Up (\$200 x 2)	\$400	
Medical Testing	\$250	
Concussion	\$600	
Broken Tooth (repaired by crown)	\$300	
Benefits paid by MetLife Group Accident Insurance	\$2,150	



# CANCER INSURANCE

Eligible Individual	Benefit Amount	Requirements
COVERAGE OPTIONS		
Employee	\$10,000, \$20,000 or \$30,000	Coverage is guaranteed provided you are actively at work.1
Spouse / Domestic Partner <sup>2</sup>	50% of the Employee's Initial Benefit	Coverage is guaranteed provided the employee is actively at work and the spouse/domestic partner is not subject to a medical restriction as set forth on the enrollment form and in the Certificate. <sup>1</sup>
Dependent Child(ren) <sup>3</sup>	50% of the Employee's Initial Benefit	Coverage is guaranteed provided the employee is actively at work and the dependent is not subject to a medical restriction as set forth on the enrollment form and in the Certificate. <sup>1</sup>

<sup>1</sup>Coverage is guaranteed provided (1) the employee is actively at work and (2) dependents are not subject to medical restrictions as set forth on the enrollment form and in the Certificate. Some states require the insured to have medical coverage.

<sup>2</sup>Coverage for Domestic Partners, civil union partners and reciprocal beneficiaries varies by state. Please contact MetLife for more information.

<sup>3</sup>Dependent Child coverage varies by state. Please contact MetLife for more information.

### **Benefit Payment**

Your plan pays a lump-sum Initial Benefit upon the first verified diagnosis of a covered cancer. Your plan also pays a lump-sum Recurrence Benefit4 for a subsequent verified diagnosis of the same cancer as shown in the table below. A Recurrence Benefit is only available if an Initial Benefit has been paid for the same cancer. There is a Benefit Suspension Period that applies.

The maximum amount that you can receive through your Cancer Insurance plan is called the Total Benefit Amount and is 5 times the amount of your Benefit Amount. This means that you can receive multiple benefit payments until you reach the maximum of \$50,000, \$100,000 or \$150,000.

This Cancer Insurance coverage provides a lump sum benefit for:

- Invasive Cancer—Covers advanced forms of cancer.
- Non-Invasive Cancer—Covers most forms of early stage cancers.
- Skin Cancer—Covers most malignant growths that arise on the surface of the skin.

Please refer to the table below for the percentage benefit payable for each covered cancer.

Covered Conditions*	Initial Benefit	Recurrence Benefit	
CANCER CATEGORY			
Invasive Cancer	100% of Benefit Amount	50% of Initial Benefit Amount	
Non-Invasive Cancer	25% of Benefit Amount	50% of Initial Benefit Amount	
Skin Cancer	5% of Benefit Amount, but not less than \$250	50% of Initial Benefit, but no less than \$250	

### Health Screening Benefit

MetLife will provide an annual benefit of \$50 per calendar year for taking one of the eligible screening/prevention measures. The Health Screening Benefit is not available in certain states. Please review your Disclosure Statement or Outline of Coverage/Disclosure Document for specific state variations and exclusions around this benefit.

### Example of How Benefits are Paid

The example below illustrates an employee who elected a Benefit Amount of \$10,000.

Illness – Covered Condition	Payment
Invasive Cancer (leukemia) – first verified diagnosis	Initial Benefit payment of \$10,000 or 100%.
Full Benefit Cancer (leukemia) – second verified diagnosis, three years later	Recurrence Benefit payment of \$5,000 or 50%



# **CRITICAL ILLNESS INSURANCE**

Eligible Individual	Benefit Amount	Requirements
COVERAGE OPTIONS		
Employee	\$10,000, \$20,000 or \$30,000	Coverage is guaranteed provided you are actively at work. <sup>1</sup>
Spouse / Domestic Partner <sup>2</sup>	100% of the Employee's Initial Benefit	Coverage is guaranteed provided the employee is actively at work and the spouse/domestic partner is not subject to a medical restriction as set forth on the enrollment form and in the Certificate. <sup>1</sup>
Dependent Child(ren) <sup>3</sup>	50% of the Employee's Initial Benefit	Coverage is guaranteed provided the employee is actively at work and the dependent is not subject to a medical restriction as set forth on the enrollment form and in the Certificate. <sup>1</sup>

<sup>1</sup>Coverage is guaranteed provided (1) the employee is actively at work and (2) dependents are not subject to medical restrictions as set forth on the enrollment form and in the Certificate. Some states require the insured to have medical coverage.

<sup>2</sup>Coverage for Domestic Partners, civil union partners and reciprocal beneficiaries varies by state. Please contact MetLife for more information.

<sup>3</sup>Dependent Child coverage varies by state. Please contact MetLife for more information.

### **Benefit Payment**

Your plan pays a lump-sum Initial Benefit upon the first verified diagnosis of a Covered Condition. Your plan also pays a lumpsum Recurrence Benefit for a subsequent verified diagnosis of certain Covered Conditions as shown in the table below. A Recurrence Benefit is only available if an Initial Benefit has been paid for the same Covered Condition. There is a Benefit Suspension Period that applies to Recurrence Benefits.

The maximum amount that you can receive through your Critical Illness Insurance plan is called the Total Benefit Amount and is 5 times the amount of your Benefit Amount. This means that you can receive multiple benefit payments until you reach the maximum of \$50,000, \$100,000 or \$150,000.

Please refer to the benefit summary for a full list of covered conditions and the percentage benefit payable for each Covered Condition.

### Health Screening Benefit

MetLife will provide an annual benefit of \$50 per calendar year for taking one of the eligible screening/prevention measures. The Health Screening Benefit is not available in certain states. Please review your Disclosure Statement or Outline of Coverage/Disclosure Document for specific state variations and exclusions around this benefit.

### Example of How Benefits are Paid

The example below illustrates an employee who elected a Benefit Amount of \$10,000.

Illness – Covered Condition	Payment	
Heart Attack — first verified diagnosis	Initial Benefit payment of \$10,000 or 100%	
Kidney Failure — first verified diagnosis, two years later	Initial Benefit payment of \$10,000 or 100%	
Heart Attack — second verified diagnosis, four years later	Recurrence Benefit payment of \$10,000 or 100%	



# HOSPITAL INDEMNITY PLAN

With MetLife, you'll have a comprehensive plan which provide lump sum cash payments in addition to any other payments you may receive from your medical plan. Here are just some of the covered benefits/services, when an accident or illness puts you in the hospital.<sup>1</sup>

### **Covered Benefits**

Please contact MetLife for detailed definitions and state variations of covered benefits.

Hospital Benefits				
ADMISSION BENEFIT				
Admission	1 time per calendar year	\$1,500		
ICU Admission	1 time per calendar year (Benefit paid concurrently with Admission Benefit when admitted to ICU)	\$1,500		
CONFINEMENT BENEFIT				
Confinement <sup>2</sup>	15 days per calendar year	\$200		
ICU Confinement	15 days per calendar year (Benefit paid concurrently with Confinement Benefit when admitted to ICU)	\$200		
Newborn Confinement <sup>3</sup>	2 day(s) per confinement	\$50		
INPATIENT REHABILITATION BENEFIT*				
Inpatient Rehabilitation	15 days per calendar year (For Injury or Sickness)	\$50		
OTHER BENEFITS				
Health Screening Benefit	1 time(s) per calendar year per covered person	\$50		

\*Benefit(s) that requires prior Admission or Confinement

<sup>1</sup>Please contact MetLife for detailed definitions and state variations of covered benefits.

<sup>2</sup>If the Admission Benefit is payable for a Confinement, the Confinement Benefit will begin to be payable the day after Admission.

<sup>3</sup>The period of newborn confinement, immediately following the child's birth.

### Benefit Payment Example for Plan

Susan has chest pains at home, and after contacting her doctor, she is instructed to head to her local hospital. Upon arrival, the doctor examines Susan and advises that she requires immediate admission to the Intensive Care Unit for further evaluation and treatment. After two days in the Intensive Care Unit, Susan moves to a standard room and spends two additional days recovering in the hospital. Susan was released to her primary care physician for follow-up treatment and observation. Her primary doctor is now keeping a close watch over Susan's overall health. Depending on her health insurance, Susan's out-of-pocket costs could run into hundreds of dollars to cover expenses like insurance co-payments and deductibles. MetLife Group Hospital Indemnity Insurance payments can be used to help cover these unexpected costs or in any other way Susan sees fit.

Covered Benefit	Benefit Amount
Regular Hospital Admission (1x)	\$1,500
ICU Supplemental Admission (1x)	\$1,500
Regular Hospital Confinement (3 total days)	\$600
ICU Supplemental Confinement (1 day)	\$200
Benefits paid by MetLife Group Hospital Indemnity Insurance	\$3,800



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# **2022 METLIFE CONTRIBUTIONS**

Plan Rates*	24 Pay Period Contributions			19 Pay Period Contributions				
			CAN	CER - \$1,000				
Attained Age	EO	ES	EC	EF	ΕO	ES	EC	EF
< 25	\$0.11	\$0.19	\$0.17	\$0.25	\$0.14	\$0.23	\$0.21	\$0.31
25 - 34	\$0.14	\$0.22	\$0.20	\$0.28	\$0.18	\$0.28	\$0.25	\$0.35
35 - 44	\$0.23	\$0.34	\$0.29	\$0.39	\$0.28	\$0.42	\$0.36	\$0.49
45 - 54	\$0.37	\$0.55	\$0.43	\$0.61	\$0.47	\$0.69	\$0.54	\$0.76
55 - 64	\$0.58	\$0.92	\$0.64	\$0.98	\$0.73	\$1.16	\$0.81	\$1.23
65+	\$0.99	\$1.62	\$1.04	\$1.68	\$1.24	\$2.05	\$1.31	\$2.12
		1	CAN	CER - \$10,000	1	1		1
Attained Age	EO	ES	EC	EF	EO	ES	EC	EF
< 25	\$1.10	\$1.85	\$1.70	\$2.45	\$1.39	\$2.34	\$2.15	\$3.09
25 - 34	\$1.40	\$2.20	\$1.95	\$2.80	\$1.77	\$2.78	\$2.46	\$3.54
35 - 44	\$2.25	\$3.35	\$2.85	\$3.90	\$2.84	\$4.23	\$3.60	\$4.93
45 - 54	\$3.70	\$5.45	\$4.25	\$6.05	\$4.67	\$6.88	\$5.37	\$7.64
55 - 64	\$5.80	\$9.20	\$6.40	\$9.75	\$7.33	\$11.62	\$8.08	\$12.32
65+	\$9.85	\$16.20	\$10.40	\$16.80	\$12.44	\$20.46	\$13.14	\$21.22
			CAN	CER - \$20,000				
Attained Age	EO	ES	EC	EF	EO	ES	EC	EF
< 25	\$2.20	\$3.70	\$3.40	\$4.90	\$2.78	\$4.67	\$4.29	\$6.19
25 - 34	\$2.80	\$4.40	\$3.90	\$5.60gj	\$3.54	\$5.56	\$4.93	\$7.07
35 - 44	\$4.50	\$6.70	\$5.70	\$7.80	\$5.68	\$8.46	\$7.20	\$9.85
45 - 54	\$7.40	\$10.90	\$8.50	\$12.10	\$9.35	\$13.77	\$10.74	\$15.28
55 - 64	\$11.60	\$18.40	\$12.80	\$19.50	\$14.65	\$23.24	\$16.17	\$24.63
65+	\$19.70	\$32.40	\$20.80	\$33.60	\$24.88	\$40.93	\$26.27	\$42.44
			CAN	CER - \$30,000				
Attained Age	EO	ES	EC	EF	EO	ES	EC	EF
< 25	\$3.30	\$5.55	\$5.10	\$7.35	\$4.17	\$7.01	\$6.44	\$9.28
25 - 34	\$4.20	\$6.60	\$5.85	\$8.40	\$5.31	\$8.34	\$7.39	\$10.61
35 - 44	\$6.75	\$10.05	\$8.55	\$11.70	\$8.53	\$12.69	\$10.80	\$14.78
45 - 54	\$11.10	\$16.35	\$12.75	\$18.15	\$14.02	\$20.65	\$16.11	\$22.93
55 - 64	\$17.40	\$27.60	\$19.20	\$29.25	\$21.98	\$34.86	\$24.25	\$36.95
65+	\$29.55	\$48.60	\$31.20	\$50.40	\$37.33	\$61.39	\$39.41	\$63.66

Plan Rates*	24 Pay Period Contributions	19 Pay Period Contributions					
HOSPITAL INDEMNITY							
Employee Only	\$12.17	\$15.37					
Employee + Spouse	\$22.41	\$28.31					
Employee + Child(ren)	\$17.84	\$22.53					
Family	\$28.09	\$35.48					

Key

EO - Employee Only

ES - Employee + Spouse

EC - Employee + Child(ren)

EF - Employee + Family

# **2022 METLIFE CONTRIBUTIONS**

Plan Rates*	24 Pay Period	Contributions	19 Pay Period Contributions			
Accident						
Plan Type	Low Plan	High Plan	Low Plan	High Plan		
Employee Only	\$2.62	\$4.68	\$3.30	\$5.91		
Employee + Spouse	\$5.17	\$9.23	\$6.52	\$11.65		
Employee + Child(ren)	\$5.98	\$10.69	\$7.55	\$13.50		
Family	\$7.32	\$13.08	\$9.25	\$16.52		

		24 Pay Period Contributions			19 Pay Period Contributions			
	CRITICAL ILLNESS - \$1,000							
Attained Age	EO	ES	EC	EF	EO	ES	EC	EF
< 25	\$0.18	\$0.36	\$0.29	\$0.46	\$0.23	\$0.45	\$0.36	\$0.58
25 - 34	\$0.23	\$0.46	\$0.34	\$0.56	\$0.29	\$0.57	\$0.42	\$0.70
35 - 44	\$0.37	\$0.72	\$0.47	\$0.83	\$0.47	\$0.91	\$0.59	\$1.04
45 - 54	\$0.61	\$1.25	\$0.72	\$1.35	\$0.77	\$1.57	\$0.90	\$1.71
55 - 64	\$1.02	\$2.23	\$1.12	\$2.33	\$1.29	\$2.82	\$1.41	\$2.94
65+	\$1.90	\$4.27	\$2.00	\$4.37	\$2.39	\$5.39	\$2.52	\$5.51
			CRITICAL	ILLNESS - \$1	0,000		·	
Attained Age	EO	ES	EC	EF	EO	ES	EC	EF
< 25	\$1.80	\$3.55	\$2.85	\$4.60	\$2.27	\$4.48	\$3.60	\$5.81
25 - 34	\$2.30	\$4.55	\$3.35	\$5.55	\$2.91	\$5.75	\$4.23	\$7.01
35 - 44	\$3.70	\$7.20	\$4.70	\$8.25	\$4.67	\$9.09	\$5.94	\$10.42
45 - 54	\$6.10	\$12.45	\$7.15	\$13.50	\$7.71	\$15.73	\$9.03	\$17.05
55 - 64	\$10.20	\$22.30	\$11.20	\$23.30	\$12.88	\$28.17	\$14.15	\$29.43
65+	\$18.95	\$42.65	\$19.95	\$43.65	\$23.94	\$53.87	\$25.20	\$55.14
			CRITICAL	ILLNESS - \$2	0,000			
Attained Age	EO	ES	EC	EF	EO	ES	EC	EF
< 25	\$3.60	\$7.10	\$5.70	\$9.20	\$4.55	\$8.97	\$7.20	\$11.62
25 - 34	\$4.60	\$9.10	\$6.70	\$11.10	\$5.81	\$11.49	\$8.46	\$14.02
35 - 44	\$7.40	\$14.40	\$9.40	\$16.50	\$9.35	\$18.19	\$11.87	\$20.84
45 - 54	\$12.20	\$24.90	\$14.30	\$27.00	\$15.41	\$31.45	\$18.06	\$34.11
55 - 64	\$20.40	\$44.60	\$22.40	\$46.60	\$25.77	\$56.34	\$28.29	\$58.86
65+	\$37.90	\$85.30	\$39.90	\$87.30	\$47.87	\$107.75	\$50.40	\$110.27
CRITICAL ILLNESS - \$30,000								
Attained Age	EO	ES	EC	EF	EO	ES	EC	EF
< 25	\$5.40	\$10.65	\$8.55	\$13.80	\$6.82	\$13.45	\$10.80	\$17.43
25 - 34	\$6.90	\$13.65	\$10.05	\$16.65	\$8.72	\$17.24	\$12.69	\$21.03
35 - 44	\$11.10	\$21.60	\$14.10	\$24.75	\$14.02	\$27.28	\$17.81	\$31.26
45 - 54	\$18.30	\$37.35	\$21.45	\$40.50	\$23.12	\$47.18	\$27.09	\$51.16
55 - 64	\$30.60	\$66.90	\$33.60	\$69.90	\$38.65	\$84.51	\$42.44	\$88.29
65+	\$56.85	\$127.95	\$59.85	\$130.95	\$71.81	\$161.62	\$75.60	\$165.41
				Key				

EO - Employee Only

- ES Employee + Spouse
- EC Employee + Child(ren)

EF - Employee + Family

## LEGAL ADVICE AND ID PROTECTION – LEGAL SHIELD

With a LegalShield legal plan you will have access to law firms on a variety of personal or family legal needs with no out-of-pocket expense other than your monthly premium! Below is a brief sampling of the areas that are covered. For detailed plan description please see your member contract. This plan covers you, your spouse or domestic partner, and dependents.\*



# Have You Ever

- Needed your Will prepared or updated?
- □ Signed a contract?
- □ Received a moving traffic violation?

#### The LegalShield Membership Includes:

- Dedicated Law Firm Direct access, no call center
- Legal Advice/Consultation on unlimited personal issues
- Letters/Calls made on your behalf
- Contracts/Documents Reviewed up to 15 pages
- Residential Loan Document Assistance for the purchase
   of your primary residence
- Will Preparation Living Will, Health Care Power of Attorney, Financial Power of Attorney
- Speeding Ticket Assistance Upload your speeding ticket
  from the mobile app directly to law firm
- IRS Audit Assistance (begins with the tax return due April 15th of the year you enroll)
- · Trial Defense (if named defendant/respondent in a
- covered civil action suit)

L

- Uncontested Divorce, Separation, Adoption and/or Name Change Representation (available 90 days after enrollment in FAMILY legal plan only)
- 25% Preferred Member Discount (bankruptcy, criminal charges, DUI, personal injury, etc.)
- 24/7 Emergency Access for covered situations

- □ Worried about being a victim of identity theft?
- Been concerned about your child's identity?
- □ Lost your wallet?

#### The IDShield Membership Includes:

- High Risk Application and Transaction Monitoring We can detect fraud up to 90 days earlier than traditional credit monitoring services; we carefully watch all your accounts, reorders, loans and more. If a new account is opened, you will receive an alert.
- Social Media Monitoring for privacy concerns and reputational risks
- Credit Monitoring continuous credit monitoring through
   TransUnion
- Monthly Score Tracker watch your credit score and map your credit trends
- Credit Inquiry Alerts (instant hard inquiry alerts)
- Consultation on any cyber security question
- \$1 Million Insurance (coverage for lost wages, legal defense fees, stolen funds and more)
- Full Service Resortation & Unlimited Service Guarantee
   We don't give up until your identity is restored!
- 24/7 Emergency Access in the event of an identity theft
   emergency

Put your law firm and identity theft protection in the palm of your hand with the LegalShield & IDShield Plus mobile apps

	Legal Services Only		Identity Theft	Services Only	Both Services Combined		
	24 Pay Periods	19 Pay Periods	24 Pay Periods	19 Pay Periods	24 Pay Periods	19 Pay Periods	
Employee Only	\$7.48	\$9.45	\$4.23	\$5.34	\$11.70	\$14.78	
Family	\$7.98	\$10.08	\$7.98	\$10.08	\$14.45	\$18.25	

For more information, contact your Independent Associate:

#### Kacy Lavender; lavenderk@legalshieldassociate.com; Phone: 512.923.5303.

LegalShield legal plans cover the member; member's spouse; never married dependent children under 26 living at home; dependent children under the age 18 for whom the member is the legal guardian; never married dependent children up to age 26 if a full-time college student; or physically or mentally disabled dependent children. IDShield is a product of Pre-Paid Legal Services, Inc. d/b/a LegalShield'['LegalShield']. LegalShield provides access to identity theft protection and restoration services. For complete terms, coverage and conditions, please see www.idshield.com. All Licensed Private Investigators are licensed in the state of Oklahoma. A St million insurance policy is issued through a nationally recognized carrier. LegalShield/IDShield is not an insurance carrier. Certain limitations apply. IDShield plans are available at individual or family rates. A family rate covers the member, member's spouse and up to 10 dependents up to the ages 18. It also provides consultation and restoration for dependent children age 18 to 26. This is a general overview and is for illustrative purposes only. Plans and services vary from state to state. See plan details for your state of residence for complete terms, coverage, amounts, conditions and limitations.

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# **EMPLOYEE ASSISTANCE PROGRAM (EAP)**

This is a confidential program provided to you and your household members at no cost.





Stress is a necessary part of life. And sometimes it comes from positive things such as a new baby or big job promotion. Once the excitement wears off, the worries can settle in. If you'd like help adjusting to a "new normal," EAP offers confidential support for managing:

- Stress, anxiety and depression
- Parenting and family needs
- Workplace concerns
- Sleep issues
- Substance abuse

#### How does it work?

Call to speak with a specialist who will listen to your needs and connect you to the appropriate resource. This includes referrals to an initial consultation with mediators, financial and/or legal experts. We'll try our best to accommodate any gender, language or cultural preferences.

#### How much does this cost?

As part of your benefits, EAP services are available at no extra cost to you. This includes referrals, access to liveandworkwell.com and initial consultations with mediators or financial and legal experts.

Want to retain a lawyer after your consultation? You'll get a 25 percent discount.

#### What other resources are available?

You and your family also have 24-hour private access to liveandworkwell.com. This interactive website offers tools and resources to help you enhance your work, health and life. On the site, you can:

- Check your benefit information
- Use our virtual help centers to find information and resources for hundreds of everyday work and life issues
- Access financial calculators, legal articles and other tools
- Search our databases for childcare, nursing homes and other local resources
- Participate in interactive, customizable self-improvement programs

Any member of your household can use liveandworkwell.com, even children living away from home.



Live Vell

Helping people find real-life solutions. Your Employee Assistance Program

#### 866-248-4096

Or log on to liveandworkwell.com Access code: FBISD





Helping people find real-life solutions. Your Employee Assistance Program

#### 866-248-4096

Or log on to liveandworkwell.com Access code: FBISD

## HEALTHY PREGNANCY

Healthy Pregnancy Program Incentive! After completion of the Healthy Pregnancy Program, employees or eligible spouses and dependents will receive an incentive of \$150 if the mother signs up in the first trimester OR \$75 if the mother signs up in the second trimester.



# Get support for your precious delivery.

If you're thinking about having a baby or have one on the way, the **Maternity Support Program** is here to provide information and support — throughout your pregnancy and after giving birth.

When you enroll in the program, you'll be able to work with a maternity nurse who is available to answer your questions and help you with things like:

- · Choosing a doctor or nurse midwife, and help you with finding a pediatrician or other specialist
- Information to help you take care of yourself and the health of your baby even if your pregnancy is considered high-risk
- Support to help you manage your health physically and emotionally before and after your baby is born

#### Whatever your journey, we're here to help.

# Get started today.

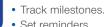


1-877-201-5328

myuhc.phs.com/maternitysupport

Monday-Thursday, 8:00 a.m.–8:00 p.m. and Friday, 8:00 a.m.–5:00 p.m. Central Time This service is available at no extra cost as part of your benefit plan. (TTY: **711**)

#### Download now: the UnitedHealthcare Healthy Pregnancy<sup>™</sup> app.



Get daily tips.

• Find resources.





Available from the App Store® or Google Play™.

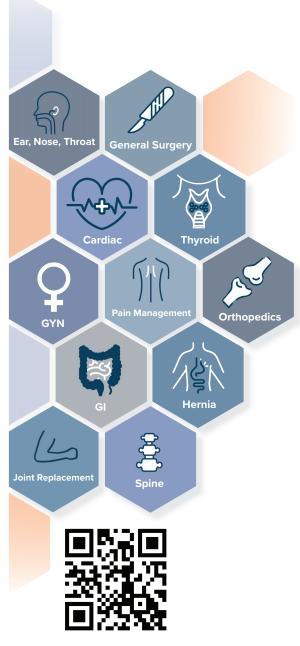


This service should not be used for emergency or urgent care needs. In an emergency, call 911 or go to the nearest emergency room. The information provided through this service is for your information only. It is provided as part of your health plan. Program nurses and other representatives cannot diagnose problems or suggest treatment. This program is not a substitute for your doctor's care. Your health information is kept confidential in accordance with the law. This is not an insurance program and may be discontinued at any time.

Insurance coverage provided by or through UnitedHealthcare Insurance Company or its affiliates. Administrative services provided by United HealthCare Services, Inc. or their affiliates.

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# **NEED SURGERY?** Call your SurgeryPlus® benefit



Contact a Care Advocate to learn if your procedure is covered today.

#### **Reduced Financial Burden:**

- Depending on your plan, your deductible and coinsurance could be partially or completely waived
- Travel assistance for you and a companion
- No bills, post-procedure

#### Your Surgeon of Excellence Has:

- Extensive training and board certification
- Demonstrated results in their specialization
- · Good standing with medical boards
- Comprehensive malpractice claim and reputational review

#### Your Dedicated Care Advocate:

- Locates and provides a list of physicians who are best suited to your specific needs from which you can choose
- Schedules and coordinates all of the logistics, from arranging for the transfer of your medical records, to booking any travel arrangements
- Follows up with you after your procedure to ensure your needs have been met



# 855.200.9513

Email: FortBendISD@SurgeryPlus.com Visit: FBISD.SurgeryPlus.com (access code: livewell)

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# MUSCULAR AND JOINT INJURY





# IS PAIN HOLDING YOU BACK?

## RAPID RECOVERY FOR SPINE, JOINT, & SOFT TISSUE INJURIES

#### **Great News For Fort Bend ISD**

Airrosti is an in-network benefit for Fort Bend ISD United Health Care employees and dependents.

#### **Outcome Based Care**

Each patient receives a full hour of assessment, diagnosis, treatment, & education designed to restore function & eliminate pain. Resolve most spine, joint, & soft tissue injuries within 3 visits.



# QUALITY CARE, RAPID RECOVERY

#### Real Results. Real Fast.

Airrosti's quality approach to care leads to rapid recoveries & lasting results while helping patients avoid MRIs, pharmaceuticals, surgeries, & other costly procedures.

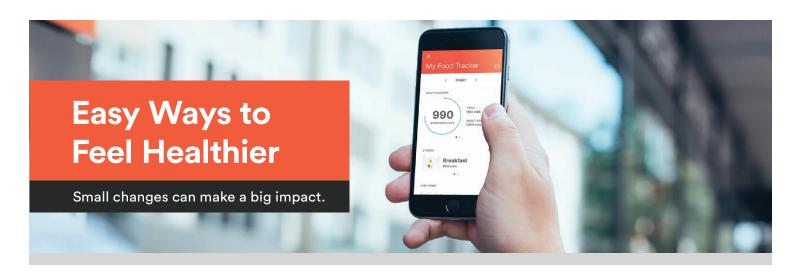
Airrosti providers are experts at eliminating chronic pain & quickly resolving most spine, joint, & soft tissue injuries within 3 visits. >>



Airrosti specifically disclaims any guarantees or warranties, express or implied, with respect to any products or services. All outcome data is current as of August 9, 2017

Schedule via phone or online: (800) 404-6050 | airrosti.com

## **REAL APPEAL**



# **Create Healthy Habits with Real Appeal**

Real Appeal<sup>®</sup> is an online weight loss program available to you and eligible family members at no additional cost through your health benefits plan.

#### Real Appeal can help you form a healthier lifestyle with:

- A Transformation Coach who leads online group sessions.
- Online tools to help track your food, activity, and weight loss progress.
- A **Success Kit** with recipes, scales, workout DVDs, and more shipped right to your door.



### **Busy Schedule? No Problem.**



# Get started today at fortbendisd.realappeal.com





Have your health insurance ID card accessible during enrollment.

Real Appeal is available at no cost to eligible employees and spouses with our UnitedHealthcare insurance and a body mass index (BMI) of 23 of higher.

### TRS

#### www.trs.state.tx.us | 800.223.8778

The TRS retirement plan serves a vital role to nearly 1.2 million active and retired state educators and their families by providing service and disability retirement benefits, and death benefits. TRS is one of the largest retirement systems in the nation. The system's core mission is to deliver retirement and related member benefits authorized by the Texas Legislature and to manage the trust fund that finances those benefits. As an employee of FBISD you are automatically enrolled into this Retirement Plan. As a member you will contribute 8% of eligible wages to your account each pay period and the State will contribute 6% for retirement benefits. The member's contribution is made on a pre-tax basis.

## TCG ADMINISTRATORS (FORMALLY JEM RESOURCES)

www.TCGservices.com | 800.943.9179

#### 403(b) Tax-Deferred Annuities (TDA)

Is a deferred tax arrangement, which is specifically allowed by Section 403(b) of the Internal Revenue Code. Contribution amounts are not taxable income to the employees until the amounts are withdrawn by or distributed to them.

#### **EMPLOYEE SAVINGS PLAN 457**

As an employee of Fort Bend ISD you are immediately eligible to participate in this plan. The Fort Bend ISD Employee Savings Plan is an effective and flexible method of saving, and is available to help you meet your personal retirement planning objectives.

To set up or make changes to these accounts, you can contact TCG Administrators directly.

#### 403(b) AND 457 PLAN ADVANTAGES

- Contributions through salary reduction agreements are made on a tax-deferred basis These amounts are not subject to federal income taxation until distributed.
- Any interest earnings and/or gains are also tax-deferred.
- Saving for future needs is easier when your contribution is made directly from your paycheck.
- This is income in addition to your TRS retirement plan income.





ADMINISTRATORS



# FINANCIAL WELLNESS





1:1 confidential meetings with a Financial Coach either inperson or virtually



Online tools to help you achieve goals, manage debt, reduce debt, plan for emergencies, and more!



Live and on-demand financial courses on topics on topics that matter most to you

**Key Program Focus** 

**Financial Goal Setting** 

**Cash-flow Maximization** 

**Debt Management Strategy** 

Student Debt Repayment/PSLF

Savings & Retirement Planning

# When it comes to financial success, FinPath has your back

With FinPath, focusing on your financial goals and getting answers to your questions is easy. Your personal Financial Coach will show you how to give every dollar you earn a purpose and feel more secure about your family's financial security and future.

FinPath is an employer-paid program provided to you at no cost.

# Access ALL of your free tools at <u>www.FinPathWellness.com</u>

#### Customer Support: 833-777-6545

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## SALARY FINANCE



Salary Finance is a voluntary benefit from FinPath that you can apply for whenever you need it. With higher acceptance than traditional lenders and repayments taken directly from your paycheck, Salary Finance makes borrowing the money you need easier than ever.

Enjoy low fixed rates from 5.9-19.9% Annual Percentage Rate (APR)\*\*

Check to see if you're eligible, and apply online in minutes: fortbendisd.salaryfinance.com



## SALARY FINANCE

# **HOW IT WORKS**

## Step 1: check eligibility and apply online in minutes

If you're eligible for an employee loan, you can complete our online application in a matter of minutes.

#### Step 2: receive your Salary Finance employee loan

If your application is approved, money is usually in your bank account within 48 hours.

## Step 3: repay directly from your paycheck

Repayments are taken directly from your paycheck so you'll never have to worry about missing a payment.

# WHAT YOU COULD USE A LOAN FOR

Debt Consolidation Home Improvements Medical Procedures Large Purchases **Unexpected Expenses** 

A Wedding

# **QUESTIONS & SUPPORT**

Schedule an appointment with a financial coach:

calendly.com/nhauptmann/fort-bend-isd

# For questions about employee loans:

salaryfinance.com/us/faq/ help@salaryfinance.com 800-317-6850



# 2022 EMPLOYEE CONTRIBUTIONS

Benefit Plan	24 Pay Period Contributions	19 Pay Period Contributions		
MEDICAL/KELSEY UHC CHARTER				
Employee	\$80.23	\$101.34		
Employee + Spouse	\$248.39	\$313.76		
Employee + Child(ren)	\$221.67	\$280.00		
Family	\$328.59	\$415.06		
MEDICAL/NEXUS				
Employee	\$88.67	\$112.00		
Employee + Spouse	\$287.61	\$363.30		
Employee + Child(ren)	\$245.00	\$309.47		
Family	\$380.47	\$480.59		
MEDICAL/CHOICE PLUS	+++++++			
Employee	\$101.97	\$128.80		
Employee + Spouse	\$330.75	\$417.79		
Employee + Child(ren)	\$281.75	\$355.89		
Family	\$437.54	\$552.68		
MEDICAL/CHOICE HRA	· · · · · ·			
Employee	\$52.92	\$66.85		
Employee + Spouse	\$194.16	\$245.25		
Employee + Child(ren)	\$136.08	\$171.89		
Family	\$247.78	\$312.99		
MEDICAL/CHOICE HIGH DEDUCTIBL		•••••		
Employee	\$31.05	\$39.22		
Employee + Spouse	N/A	N/A		
Employee + Child(ren)	\$122.73	\$155.03		
Family	N/A	N/A		
DENTAL PPO NETWORK ACCESS PL		· · · ·		
Employee	\$22.10	\$27.91		
Employee + 1	\$44.18	\$55.81		
Family	\$66.27	\$83.70		
DENTAL HMO				
Employee	\$4.90	\$6.19		
Employee + 1	\$8.15	\$10.29		
Family	\$15.17	\$19.16		
VISION				
Employee	\$4.48	\$5.66		
Employee + 1	\$7.18	\$9.06		
Employee + Children	\$7.76	\$9.80		
Family	\$11.81	\$14.92		
LEGAL SERVICES ONLY				
Employee Only	\$7.48	\$9.45		
Employee + Family	\$7.98	\$10.08		
IDENTITY THEFT SERVICES ONLY				
Employee Only	\$4.23	\$5.34		
Employee + Family	\$7.98	\$10.08		
LEGAL AND ID SHIELD COMBINED				
Employee Only	\$11.70	\$14.78		
Employee + Family	\$14.45	\$18.25		

# 2022 EMPLOYEE CONTRIBUTIONS - CANCER, HOSPITAL INDEMNITY

Plan Rates*	24 Pay Period Contributions				19 Pay Period Contributions			
			CAN	ICER - \$1,000				
Attained Age	ΕO	ES	EC	EF	ΕO	ES	EC	EF
< 25	\$0.11	\$0.19	\$0.17	\$0.25	\$0.14	\$0.23	\$0.21	\$0.31
25 - 34	\$0.14	\$0.22	\$0.20	\$0.28	\$0.18	\$0.28	\$0.25	\$0.35
35 - 44	\$0.23	\$0.34	\$0.29	\$0.39	\$0.28	\$0.42	\$0.36	\$0.49
45 - 54	\$0.37	\$0.55	\$0.43	\$0.61	\$0.47	\$0.69	\$0.54	\$0.76
55 - 64	\$0.58	\$0.92	\$0.64	\$0.98	\$0.73	\$1.16	\$0.81	\$1.23
65+	\$0.99	\$1.62	\$1.04	\$1.68	\$1.24	\$2.05	\$1.31	\$2.12
	1	<u>I</u>	CAN	CER - \$10,000	•	1	<u>I</u>	
Attained Age	EO	ES	EC	EF	ΕO	ES	EC	EF
< 25	\$1.10	\$1.85	\$1.70	\$2.45	\$1.39	\$2.34	\$2.15	\$3.09
25 - 34	\$1.40	\$2.20	\$1.95	\$2.80	\$1.77	\$2.78	\$2.46	\$3.54
35 - 44	\$2.25	\$3.35	\$2.85	\$3.90	\$2.84	\$4.23	\$3.60	\$4.93
45 - 54	\$3.70	\$5.45	\$4.25	\$6.05	\$4.67	\$6.88	\$5.37	\$7.64
55 - 64	\$5.80	\$9.20	\$6.40	\$9.75	\$7.33	\$11.62	\$8.08	\$12.32
65+	\$9.85	\$16.20	\$10.40	\$16.80	\$12.44	\$20.46	\$13.14	\$21.22
			CAN	CER - \$20,000				
Attained Age	EO	ES	EC	EF	EO	ES	EC	EF
< 25	\$2.20	\$3.70	\$3.40	\$4.90	\$2.78	\$4.67	\$4.29	\$6.19
25 - 34	\$2.80	\$4.40	\$3.90	\$5.60	\$3.54	\$5.56	\$4.93	\$7.07
35 - 44	\$4.50	\$6.70	\$5.70	\$7.80	\$5.68	\$8.46	\$7.20	\$9.85
45 - 54	\$7.40	\$10.90	\$8.50	\$12.10	\$9.35	\$13.77	\$10.74	\$15.28
55 - 64	\$11.60	\$18.40	\$12.80	\$19.50	\$14.65	\$23.24	\$16.17	\$24.63
65+	\$19.70	\$32.40	\$20.80	\$33.60	\$24.88	\$40.93	\$26.27	\$42.44
	-		CAN	CER - \$30,000	_		-	
Attained Age	EO	ES	EC	EF	EO	ES	EC	EF
< 25	\$3.30	\$5.55	\$5.10	\$7.35	\$4.17	\$7.01	\$6.44	\$9.28
25 - 34	\$4.20	\$6.60	\$5.85	\$8.40	\$5.31	\$8.34	\$7.39	\$10.61
35 - 44	\$6.75	\$10.05	\$8.55	\$11.70	\$8.53	\$12.69	\$10.80	\$14.78
45 - 54	\$11.10	\$16.35	\$12.75	\$18.15	\$14.02	\$20.65	\$16.11	\$22.93
55 - 64	\$17.40	\$27.60	\$19.20	\$29.25	\$21.98	\$34.86	\$24.25	\$36.95
65+	\$29.55	\$48.60	\$31.20	\$50.40	\$37.33	\$61.39	\$39.41	\$63.66

Plan Rates*	24 Pay Period Contributions	19 Pay Period Contributions						
HOSPITAL INDEMNITY								
Employee Only	\$12.17	\$15.37						
Employee + Spouse	\$22.41	\$28.31						
Employee + Child(ren)	\$17.84	\$22.53						
Family	\$28.09	\$35.48						
	Кеу							

EO - Employee Only

ES - Employee + Spouse

EC - Employee + Child(ren)

EF - Employee + Family

# 2022 EMPLOYEE CONTRIBUTIONS - ACCIDENT, CRITICAL ILLNESS

Plan Rates*	24 Pay Period	d Contributions	19 Pay Period Contributions				
Accident							
Plan Type	Low Plan	High Plan	Low Plan	High Plan			
Employee Only	\$2.62	\$4.68	\$3.30	\$5.91			
Employee + Spouse	\$5.17	\$9.23	\$6.52	\$11.65			
Employee + Child(ren)	\$5.98	\$10.69	\$7.55	\$13.50			
Family	\$7.32	\$13.08	\$9.25	\$16.52			

24 Pay Period Contributions			19 Pay Period Contributions				
		CRITICAL	ILLNESS - \$1	,000			
EO	ES	EC	EF	ΕO	ES	EC	EF
\$0.18	\$0.36	\$0.29	\$0.46	\$0.23	\$0.45	\$0.36	\$0.58
\$0.23	\$0.46	\$0.34	\$0.56	\$0.29	\$0.57	\$0.42	\$0.70
\$0.37	\$0.72	\$0.47	\$0.83	\$0.47	\$0.91	\$0.59	\$1.04
\$0.61	\$1.25	\$0.72	\$1.35	\$0.77	\$1.57	\$0.90	\$1.71
\$1.02	\$2.23	\$1.12	\$2.33	\$1.29	\$2.82	\$1.41	\$2.94
\$1.90	\$4.27	\$2.00	\$4.37	\$2.39	\$5.39	\$2.52	\$5.51
		CRITICAL	ILLNESS - \$1	D,000			
EO	ES	EC	EF	EO	ES	EC	EF
\$1.80	\$3.55	\$2.85	\$4.60	\$2.27	\$4.48	\$3.60	\$5.81
\$2.30	\$4.55	\$3.35	\$5.55	\$2.91	\$5.75	\$4.23	\$7.01
\$3.70	\$7.20	\$4.70	\$8.25	\$4.67	\$9.09	\$5.94	\$10.42
\$6.10	\$12.45	\$7.15	\$13.50	\$7.71	\$15.73	\$9.03	\$17.05
\$10.20	\$22.30	\$11.20	\$23.30	\$12.88	\$28.17	\$14.15	\$29.43
\$18.95	\$42.65	\$19.95	\$43.65	\$23.94	\$53.87	\$25.20	\$55.14
		CRITICAL	ILLNESS - \$2	0,000			
EO	ES	EC	EF	EO	ES	EC	EF
\$3.60	\$7.10	\$5.70	\$9.20	\$4.55	\$8.97	\$7.20	\$11.62
\$4.60	\$9.10	\$6.70	\$11.10	\$5.81	\$11.49	\$8.46	\$14.02
\$7.40	\$14.40	\$9.40	\$16.50	\$9.35	\$18.19	\$11.87	\$20.84
\$12.20	\$24.90	\$14.30	\$27.00	\$15.41	\$31.45	\$18.06	\$34.11
\$20.40	\$44.60	\$22.40	\$46.60	\$25.77	\$56.34	\$28.29	\$58.86
\$37.90	\$85.30	\$39.90	\$87.30	\$47.87	\$107.75	\$50.40	\$110.27
	·	CRITICAL	ILLNESS - \$3	0,000		·	
EO	ES	EC	EF	EO	ES	EC	EF
\$5.40	\$10.65	\$8.55	\$13.80	\$6.82	\$13.45	\$10.80	\$17.43
\$6.90	\$13.65	\$10.05	\$16.65	\$8.72	\$17.24	\$12.69	\$21.03
\$11.10	\$21.60	\$14.10	\$24.75	\$14.02	\$27.28	\$17.81	\$31.26
\$18.30	\$37.35	\$21.45	\$40.50	\$23.12	\$47.18	\$27.09	\$51.16
\$30.60	\$66.90	\$33.60	\$69.90	\$38.65	\$84.51	\$42.44	\$88.29
\$56.85	\$127.95	\$59.85	\$130.95	\$71.81	\$161.62	\$75.60	\$165.41
	EO         \$0.18         \$0.23         \$0.37         \$0.61         \$1.02         \$1.02         \$1.90         \$2.30         \$3.70         \$6.10         \$10.20         \$18.95         EO         \$10.20         \$18.95         EO         \$10.20         \$10.20         \$12.20         \$20.40         \$3.60         \$4.60         \$7.40         \$12.20         \$20.40         \$20.40         \$37.90         EO         \$3.60         \$4.60         \$7.40         \$12.20         \$20.40         \$20.40         \$37.90	EO         ES           \$0.18         \$0.36           \$0.23         \$0.46           \$0.37         \$0.72           \$0.61         \$1.25           \$1.02         \$2.23           \$1.90         \$4.27           EO         ES           \$1.90         \$4.27           \$2.30         \$4.55           \$2.30         \$4.55           \$3.70         \$7.20           \$6.10         \$12.45           \$10.20         \$22.30           \$18.95         \$42.65           EO         ES           \$3.60         \$7.10           \$4.60         \$9.10           \$7.40         \$14.40           \$12.20         \$24.90           \$20.40         \$44.60           \$37.90         \$85.30           #20.40         \$10.65           \$6.90         \$13.65	EO         ES         EC           \$0.18         \$0.36         \$0.29           \$0.23         \$0.46         \$0.34           \$0.37         \$0.72         \$0.47           \$0.61         \$1.25         \$0.72           \$1.02         \$2.23         \$1.12           \$1.90         \$4.27         \$2.00           EO         ES         EC           \$1.90         \$4.27         \$2.00           EO         ES         EC           \$1.90         \$4.27         \$2.00           EO         ES         EC           \$1.80         \$3.55         \$2.85           \$2.30         \$4.55         \$3.35           \$3.70         \$7.20         \$4.70           \$6.10         \$12.45         \$7.15           \$10.20         \$22.30         \$11.20           \$10.20         \$22.30         \$11.20           \$18.95         \$42.65         \$19.95           EO         ES         EC           \$3.60         \$7.10         \$5.70           \$4.60         \$9.10         \$6.70           \$7.40         \$14.40         \$9.40           \$12.20         \$24.90 <td>EO         ES         EC         EF           \$0.18         \$0.36         \$0.29         \$0.46           \$0.23         \$0.46         \$0.34         \$0.56           \$0.37         \$0.72         \$0.47         \$0.83           \$0.61         \$1.25         \$0.72         \$1.35           \$1.02         \$2.23         \$1.12         \$2.33           \$1.02         \$2.23         \$1.12         \$2.33           \$1.02         \$2.23         \$1.12         \$2.33           \$1.02         \$2.23         \$1.12         \$2.33           \$1.02         \$2.23         \$1.12         \$2.33           \$1.02         \$2.23         \$1.12         \$2.33           \$1.03         \$3.55         \$2.85         \$4.60           \$2.30         \$4.55         \$3.35         \$5.55           \$3.70         \$7.20         \$4.70         \$8.25           \$6.10         \$12.45         \$7.15         \$13.50           \$10.20         \$22.30         \$11.20         \$23.30           \$18.95         \$42.65         \$19.95         \$43.65           EO         ES         EC         EF           \$3.60         \$7.10</td> <td>CRITICAL         ILLNESS - \$1,000           EO         ES         EC         EF         EO           \$0.18         \$0.36         \$0.29         \$0.46         \$0.23           \$0.23         \$0.46         \$0.34         \$0.56         \$0.29           \$0.37         \$0.72         \$0.47         \$0.83         \$0.47           \$0.61         \$1.25         \$0.72         \$1.35         \$0.77           \$1.02         \$2.23         \$1.12         \$2.33         \$1.29           \$1.90         \$4.27         \$2.00         \$4.37         \$2.39           CRITICAL ILLNESS - \$1.350           EO         ES         EC         EF         EO           \$1.80         \$3.55         \$2.85         \$4.60         \$2.27           \$2.30         \$4.55         \$3.35         \$5.55         \$2.91           \$3.70         \$7.20         \$4.70         \$8.25         \$4.67           \$6.10         \$12.45         \$7.15         \$13.50         \$7.71           \$10.20         \$22.30         \$11.20         \$23.30         \$12.88           \$18.95         \$42.65         \$19.95         \$43.65         \$23.94           EO</td> <td>CRITICAL ILLNESS - \$1,000           EO         ES         EC         EF         EO         ES           \$0.18         \$0.36         \$0.29         \$0.46         \$0.23         \$0.45           \$0.23         \$0.46         \$0.34         \$0.56         \$0.29         \$0.57           \$0.37         \$0.72         \$0.47         \$0.83         \$0.47         \$0.91           \$0.61         \$1.25         \$0.72         \$1.35         \$0.77         \$1.57           \$1.02         \$2.23         \$1.12         \$2.33         \$1.29         \$2.82           \$1.90         \$4.27         \$2.00         \$4.37         \$2.39         \$5.39           CHITICAL ILLNESS - \$10,000           EO         ES         EC         EF         EO         ES           \$1.80         \$3.55         \$2.85         \$4.60         \$2.27         \$4.48           \$2.30         \$4.55         \$3.35         \$5.55         \$2.91         \$5.75           \$3.70         \$7.20         \$4.70         \$8.25         \$4.67         \$9.09           \$6.10         \$12.45         \$7.15         \$13.50         \$7.71         \$15.73           \$10.20         \$22.30</td> <td>CRITICAL ILLNESS - \$1,000           EO         ES         EC         EF         EO         ES         EC           \$0.18         \$0.36         \$0.29         \$0.46         \$0.23         \$0.45         \$0.36           \$0.23         \$0.46         \$0.34         \$0.56         \$0.29         \$0.57         \$0.42           \$0.37         \$0.72         \$0.47         \$0.83         \$0.47         \$0.91         \$0.59           \$0.61         \$1.25         \$0.72         \$1.35         \$0.77         \$1.57         \$0.90           \$1.02         \$2.23         \$1.12         \$2.33         \$1.29         \$2.82         \$1.41           \$1.90         \$4.27         \$2.00         \$4.37         \$2.39         \$5.39         \$2.52           CHTICAL ILLNESS - \$1000         ES         EC         EF         EO         ES         EC           \$1.80         \$3.55         \$2.85         \$4.60         \$2.27         \$4.48         \$3.60           \$2.30         \$4.55         \$3.35         \$5.55         \$2.91         \$5.75         \$4.23           \$3.70         \$7.20         \$4.70         \$8.25         \$4.67         \$9.09         \$5.94           \$6</td>	EO         ES         EC         EF           \$0.18         \$0.36         \$0.29         \$0.46           \$0.23         \$0.46         \$0.34         \$0.56           \$0.37         \$0.72         \$0.47         \$0.83           \$0.61         \$1.25         \$0.72         \$1.35           \$1.02         \$2.23         \$1.12         \$2.33           \$1.02         \$2.23         \$1.12         \$2.33           \$1.02         \$2.23         \$1.12         \$2.33           \$1.02         \$2.23         \$1.12         \$2.33           \$1.02         \$2.23         \$1.12         \$2.33           \$1.02         \$2.23         \$1.12         \$2.33           \$1.03         \$3.55         \$2.85         \$4.60           \$2.30         \$4.55         \$3.35         \$5.55           \$3.70         \$7.20         \$4.70         \$8.25           \$6.10         \$12.45         \$7.15         \$13.50           \$10.20         \$22.30         \$11.20         \$23.30           \$18.95         \$42.65         \$19.95         \$43.65           EO         ES         EC         EF           \$3.60         \$7.10	CRITICAL         ILLNESS - \$1,000           EO         ES         EC         EF         EO           \$0.18         \$0.36         \$0.29         \$0.46         \$0.23           \$0.23         \$0.46         \$0.34         \$0.56         \$0.29           \$0.37         \$0.72         \$0.47         \$0.83         \$0.47           \$0.61         \$1.25         \$0.72         \$1.35         \$0.77           \$1.02         \$2.23         \$1.12         \$2.33         \$1.29           \$1.90         \$4.27         \$2.00         \$4.37         \$2.39           CRITICAL ILLNESS - \$1.350           EO         ES         EC         EF         EO           \$1.80         \$3.55         \$2.85         \$4.60         \$2.27           \$2.30         \$4.55         \$3.35         \$5.55         \$2.91           \$3.70         \$7.20         \$4.70         \$8.25         \$4.67           \$6.10         \$12.45         \$7.15         \$13.50         \$7.71           \$10.20         \$22.30         \$11.20         \$23.30         \$12.88           \$18.95         \$42.65         \$19.95         \$43.65         \$23.94           EO	CRITICAL ILLNESS - \$1,000           EO         ES         EC         EF         EO         ES           \$0.18         \$0.36         \$0.29         \$0.46         \$0.23         \$0.45           \$0.23         \$0.46         \$0.34         \$0.56         \$0.29         \$0.57           \$0.37         \$0.72         \$0.47         \$0.83         \$0.47         \$0.91           \$0.61         \$1.25         \$0.72         \$1.35         \$0.77         \$1.57           \$1.02         \$2.23         \$1.12         \$2.33         \$1.29         \$2.82           \$1.90         \$4.27         \$2.00         \$4.37         \$2.39         \$5.39           CHITICAL ILLNESS - \$10,000           EO         ES         EC         EF         EO         ES           \$1.80         \$3.55         \$2.85         \$4.60         \$2.27         \$4.48           \$2.30         \$4.55         \$3.35         \$5.55         \$2.91         \$5.75           \$3.70         \$7.20         \$4.70         \$8.25         \$4.67         \$9.09           \$6.10         \$12.45         \$7.15         \$13.50         \$7.71         \$15.73           \$10.20         \$22.30	CRITICAL ILLNESS - \$1,000           EO         ES         EC         EF         EO         ES         EC           \$0.18         \$0.36         \$0.29         \$0.46         \$0.23         \$0.45         \$0.36           \$0.23         \$0.46         \$0.34         \$0.56         \$0.29         \$0.57         \$0.42           \$0.37         \$0.72         \$0.47         \$0.83         \$0.47         \$0.91         \$0.59           \$0.61         \$1.25         \$0.72         \$1.35         \$0.77         \$1.57         \$0.90           \$1.02         \$2.23         \$1.12         \$2.33         \$1.29         \$2.82         \$1.41           \$1.90         \$4.27         \$2.00         \$4.37         \$2.39         \$5.39         \$2.52           CHTICAL ILLNESS - \$1000         ES         EC         EF         EO         ES         EC           \$1.80         \$3.55         \$2.85         \$4.60         \$2.27         \$4.48         \$3.60           \$2.30         \$4.55         \$3.35         \$5.55         \$2.91         \$5.75         \$4.23           \$3.70         \$7.20         \$4.70         \$8.25         \$4.67         \$9.09         \$5.94           \$6

Key

- EO Employee Only
- ES Employee + Spouse
- EC Employee + Child(ren)
- EF Employee + Family

### **GLOSSARY**

#### Coinsurance

The money that an individual is required to pay for services, after a deductible has been paid. It is often a specified percentage of the charges. For example, the employee pays 20 percent of the contracted rate while the health plan pays 80 percent.

#### Copayments

An arrangement where an individual pays a specified amount for various Healthcare services and the health plan pays the remainder. The individual must usually pay his or her share when services are rendered. The concept is similar to coinsurance, except that copayments are usually a set dollar amount (such as \$20 per office visit), rather than a percentage of the charges.

#### Deductible

The annual amount of medical expenses that an individual is responsible to pay for certain services. Deductibles are reset on an annual basis.

#### **Out-of-Pocket Maximum**

The maximum amount a member can pay each year for the deductible and coinsurance, and medical copays. After reaching the out-of-pocket maximum, the plan pays 100% of the allowable charges for covered services during the remainder of the calendar year.

#### **Elimination Period**

The period of time you must be disabled, due to a covered disability, before this plan's benefits are payable.

#### **Flexible Spending Account**

This is an account in an employee's name that can reimburse the employee for qualified Healthcare or dependent care expenses. It essentially allows an employee to pre-fund those qualified expenses with pre-tax dollars deducted from the employee's paychecks. The employee can receive cash reimbursement for covered expenses, up to the total value of the account, but majority of funds are only usable during the benefit plan year.

#### **In-Network**

Refers to physicians, hospitals, or other Healthcare providers who contract with the insurance plan to provide services to its members. Except in the case of an emergency, your medical plans provide for In-Network coverage only, no out-of-network coverage, including labs and x-ray facilities

#### **Out-of-Network**

Refers to physicians, hospitals, or other Healthcare providers who do not contract with the insurance plan to provide services to its members. Services provided by out-of-network providers through the medical plan may not be covered.

#### 1095-C Form

As a reporting requirement of the Affordable Care Act, Fort Bend ISD provides this form to any member who was offered and/ or enrolled in medical coverage through FBISD during the previous year. Keep the form for your records. As allowed by the IRS rules, the distribution of this form may occur after the filing of your personal federal income tax return. Since the information may impact tax filings for you, your spouse and your dependents, you should retain a copy of the Form. For information about how your medical coverage may impact your personal taxes, we recommend that you speak with your personal tax advisor.

# NOTES

This benefit summary prepared by

