

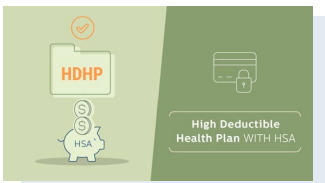
Explain complex benefits topics to employees with video

Our ever-expanding animated **HR Benefits Video Library (70+ titles)** helps employees understand their benefits and health insurance. These pre-produced videos are available in **English and Spanish** and the annual license cost includes hosting, embedding and reporting.

We're refreshing our look: we're updating our library with a new design. We've completed a few titles already and will continue in the coming months.



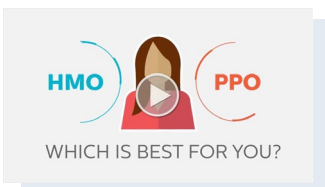

View the Full
Video Library



High-Deductible Health
Plans with HSA



Mental Health FAQs



Medical Plans Compared:
PPO vs HMO

Available Titles

General Education

- Balance Billing
- Benefits Key Terms Explained
- Generic OE Announcement
- How to Read an EOB
- IRS Form 1095 Overview
- Managing Stress and Mental Health
- Mental Health FAQs
- Preventive Care Overview
- Primary vs Urgent vs ER
- Qualifying Life Events
- Reference-Based Pricing

Medical Plan Overviews

- Consumer-Driven Health Plans with HSA (CDHP)
- High Deductible Health Plans (HDHP)
- HDHP with HRA
- HDHP with HSA
- Health Maintenance Orgs (HMO)
- Point-of-Service Insurance (POS)
- Preferred Provider Orgs (PPO)

Medical Plans Compared

- EPO vs HMO
- EPO vs PPO
- HDHP vs HMO*
- HDHP vs POS*
- HDHP vs PPO
- HMO vs POS*
- PPO vs HMO
- PPO vs POS*

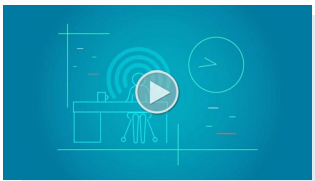
Other Medical Benefits

- Medical Expense Reimbursement Plans (MERP)
- Medicare Overview
- Minimum Essential Coverage (MEC)
- Prescription Drug Coverage Overview
- Prescription Drugs – Managing Costs

* coming soon



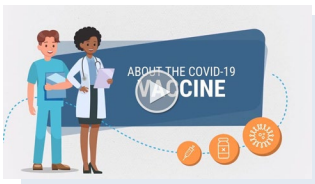
Primary Care vs Urgent Care vs ER



Managing Stress and Mental Health



Building an Emergency Fund



About the COVID-19 Vaccines

Available Titles (Continued)

Financial Wellness

- 401(k) Retirement Plans
- 403(b) Retirement Plans
- 529 College Savings
- Building an Emergency Fund
- Building Your Credit Score
- Dependent Care FSA
- Embedded vs Aggregate Deductibles
- Flexible Spending Accounts (FSA)
- Health Reimbursement Accts (HRA)
- Health Savings Accounts (HSA)
- HSA vs FSA Comparison
- How to Budget Your Expenses
- How to Optimize Your FSA
- How to Optimize Your HSA
- How to Stretch Your Healthcare Dollars
- Identity Protection
- Limited Purpose FSA
- Personal IRA
- Student Loan Repayment Assistance

Related HR Topics

- COBRA Health Insurance
- Employee Assistance Prog (EAP)
- Family Medical Leave Act (FMLA)
- Paid Time Off (PTO)

Specialty Benefits

- Accident Insurance (AI)
- Cancer Care Insurance
- Commuter Benefit Programs
- Critical Illness Insurance (CI)
- Dental Insurance and User Tips
- Disability Insurance: Short and Long Term
- Flu Shots
- Hospital Indemnity Insurance
- Life and AD&D Insurance
- Long-Term Care Insurance
- Long-Term Disability Insurance
- Medical Gap Insurance
- Pet Insurance
- Short-Term Disability Insurance
- Telehealth and Telemedicine
- Term Group Life Insurance
- Term vs Permanent Life
- Vision Insurance and User Tips
- Voluntary Benefits Overview
- Whole Life Insurance

COVID Series

We also have COVID-related titles including vaccine FAQs and a series of back-to-work videos.

Annual License Cost for Employers

Unlimited-use license for each English or Spanish video: \$250

- All videos include hosting, embedding and reporting
- Add your logo to the opening and/or closing frames for \$100
- Videos can be customized for an additional cost
- Volume discounts are available