



Your healthcare just got a whole lot easier!

With HealthiestYou you can connect with a doctor who can diagnose, treat, and prescribe over the phone 24/7/365. Using HealthiestYou can **SAVE YOU TONS OF MONEY** and no more time wasted in waiting rooms or trying to schedule an appointment.

Our doctors are licensed and can handle an array of common ailments including allergies, earache, sore throat, pink eye, strep throat, urinary tract infection, and many more! HealthiestYou is great for families because your spouse and dependants can use it too and there is no limit on the number of times called or the duration of each call.

Talk to a doctor

Talk to a licensed, board-certified doctor to get a diagnosis and a treatment plan.

Get a prescription

If medically necessary, a prescription may be provided and electronically sent to a pharmacy of your choice.

Feel Better Soon

We hope you feel better quickly, but if not, call and talk to the doctor again. There is no limit to visits.

- ✓ 24x7 Unlimited doctor access
- ✓ Access by app or telephone
- ✓ Spouse and dependant use
- ✓ Find a nearby doctor, pharmacy, urgent care, ER, or even a vet
- ✓ Price and save on prescriptions
- ✓ Price procedures
- ✓ Search and compare doctors
- ✓ Sync & track deductibles
- ✓ Friendly reminders to save

DOWNLOAD THE APP!



No Smartphone or Internet?
No Problem! Simply call

866.703.1259



Simplify your life

Access doctors and therapists
by phone, video, or app

HealthiestYou Complete Bundle

Get Care Now (General Medical) \$0/unlimited visits

Talk to a doctor in minutes, 24/7 for non-emergency conditions

Mental Health - myStrengthComplete \$0/unlimited visits

Build an ongoing relationship with a therapist or psychiatrist of your choice by appointment 7 days a week, telecoaching, crisis intervention, digital programs

Dermatology \$0/unlimited visits

Upload images of a skin condition and received a personalized treatment plan within 2 business days

Expert Medical Advice \$0/unlimited visits

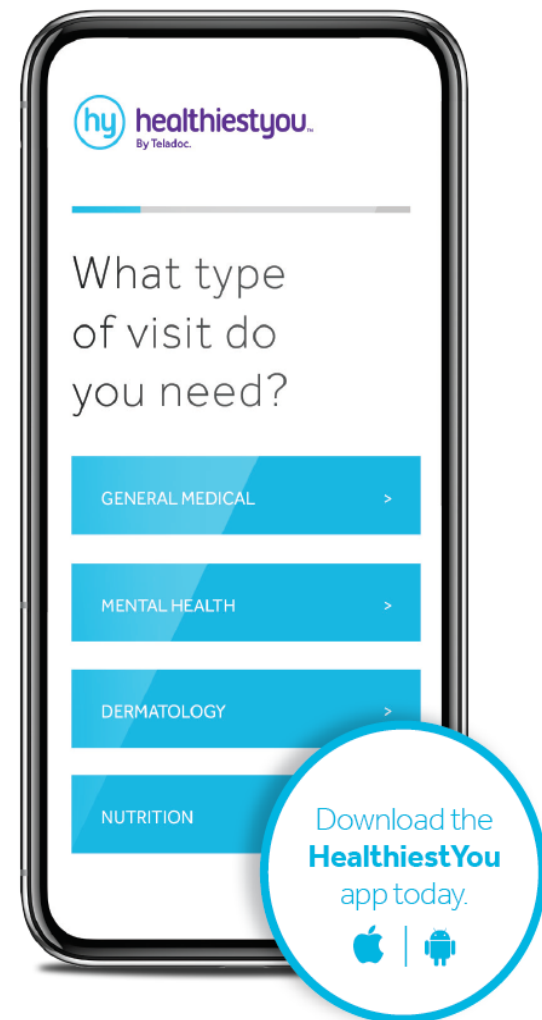
Our world-renowned medical experts can answer any medical questions, double-check a diagnosis, help you decide on a treatment plan or provide guidance about a surgery

Nutrition \$0/unlimited visits

Talk to a registered dietitian for a personalized nutrition plan or help managing a condition like diabetes or high blood pressure

Neck & Back Care \$0/unlimited visits

Relieve your neck and back pain through guided videos with a certified health coach



Services are available to all employees & includes dependents
Medical insurance coverage is not necessary to enroll

A calm mind is a tap away

How is your emotional well-being?

If something is weighing you down, talking to someone can help. HealthiestYou's licensed therapists are available seven days a week. Choose your therapist, pick a time that is convenient for you, and then talk to the therapist from the privacy of home or anywhere you feel comfortable.

HealthiestYou therapists can treat:

- Anxiety
- Depression
- Stress/PTSD
- Panic disorder
- Family and marriage issues
- And more

Psychiatrist/Psychologist/Therapist

\$0 per session

Get confidential therapy quickly and conveniently

Download the app to schedule an appointment  

Have questions? Contact us at member.healthiestyou.com or 866-703-1259



Available to members and eligible dependents 18 and older

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