

2026

EMPLOYEE BENEFITS



SUMMARY OF HEALTH BENEFITS

Medical Plan Summary – Kaiser

	Kaiser Permanente In-network Benefits Only
Annual Deductible	\$0
Out of Pocket Maximum (Individual/Family)	\$2,500/\$7,500
Preventive Care	No charge
Primary Care Physician Office Visit	\$15
Specialist Office Visit	\$15
Inpatient Hospital Services	20% coinsurance
Outpatient Hospital Services	20% coinsurance
Emergency Room Care	20% coinsurance
Urgent Care	\$15

Prescription Benefits

	Retail/Mail Order
Generic	\$10/\$20
Preferred brand	\$45/\$90
Non-preferred brand	\$45/\$90
Specialty	\$200/N/A

VALUE ADDED BENEFITS

KP Portal: www.kp.org

A secure member website that gives you immediate access to health care benefit information. Here you can check claim status, find in-network providers, refill most prescriptions, and much more.

Kaiser Mobile:

Access your account from a mobile device. Opt in to receive texts for Rx refill reminders, diet and fitness tips, claim updates and more. Download the app for immediate access.

Maternity Care Program: www.kp.org/maternity

Personalized support provided by Obstetrical nurses. Explore classes and programs for expecting parents.

24/7 Nurseline: 808.334.4000

General health info and guidance for specific conditions from fevers to bee stings from a registered nurse.

Fit Rewards | Kaiser Permanente

Thrive your way at any fitness center statewide. You can still earn a free gym membership at certain participating gyms or enjoy discounted rates at other participating fitness centers.

As a Kaiser Permanente member, you can break a sweat without breaking the bank.

You can choose from 5 tiers of fitness centers at different price points. So, whether you're into group fitness, boot camps, yoga, or pumping iron, we've got you covered statewide. Whatever tier you choose, you can earn a \$200 reward.

Earn a free gym membership

- You can still earn a free gym membership by selecting a fitness center from Tier 1.
- Save up to 40% at an expanded network of fitness Centers.
- If a fitness center in Tier 1 is not to your liking, there are fitness centers in Tiers 2 through 4 for an additional discounted monthly fee.

Tier 5 fitness centers

Any fitness center that qualifies under a Tier 5, be sure to hit the gym 45 days for at least 30 minutes a visit by the end of the year, and you'll earn your \$200 reward.

Prefer to work out at home?

Take advantage of the Home Fitness Kit Program and receive up to 2 home fitness kits per calendar year for just \$10.

Visit the link below

<https://healthy.kaiserpermanente.org/hawaii/health-wellness/fitness-deals/fit-rewards>

