Sun Life®

HEALTH NAVIGATOR, POWERED BY PINNACLECARE

Contact your personal Care Advisor

Access support for all your health needs through Sun Life's Health Navigator. Our team of Care Advisors are here to provide personalized guidance and medical intelligence, helping you make confident decisions about your health.



Health Navigator provides personalized support to help you:

- Access expert medical guidance for any health challenge
- Navigate the healthcare system and find top specialists
- Understand treatment options and make informed decisions
- Coordinate care and appointments, including gathering and organizing your medical records
- Receive support for both physical and mental health concerns

Benefits of using Health Navigator:

- Save time and reduce stress
- Improve health outcomes
- Make informed healthcare decisions
- Access advanced medical knowledge
- Receive compassionate, personalized support
- No additional cost to you - provided by your organization

Health Navigator is provided by your organization at no cost to you to help you navigate your health journey with confidence.

Connect with a Care Advisor

Call: 888-352-4969
(Monday - Friday, 8:00 a.m. - 6:00 p.m. ET)

Visit: sunlife.com/healthnav

Download: Sun Life Health 360 app*

- Chat one-on-one with a Care Advisor
- Access support for your health and well-being

Get started today!

Your health matters. Let Health Navigator Care Advisors support you on your journey to better health and well-being. Whether you're facing a serious condition or simply want to improve your everyday health, we're here to help.

*Health 360 app access varies by employer. Check with your HR or benefits administrator to confirm availability. If unavailable, inquire about adding it to your organization's health offerings.

Health Navigator is provided by PinnacleCare. PinnacleCare is a member of the Sun Life Financial Inc. ("Sun Life") family of companies. PinnacleCare and its employees do not diagnose medical conditions, recommend treatment options or provide medical care, and any information or services provided should not be considered medical advice. Any medical decisions should be made only after consultation with and at the direction of the member's medical provider. Any person or entity who provides health care services following a referral or other service provided does so independently and not as an agent or representative of PinnacleCare.

© 2025 Sun Life Assurance Company of Canada, Wellesley Hills, MA 02481. All rights reserved. The Sun Life name and logo are registered trademarks of Sun Life Assurance Company of Canada. Visit us at www.sunlife.com/us.

HNFL-10628-b (01/25)