We welcome calls to the **NPG Nurse Advocate:**

Heather Holloway, RN

npgnurseadvocate@lockton.com

1.833.672.2984





YOUR HEALTH MATTERS.

Nurse Advocate Program

Introducing:

A Nurse Advocate Program dedicated to supporting the health of NPG employees and spouses enrolled in the company health insurance plan.

Why:

NPG believes that every person matters, so we want every person to be at their healthiest! Lockton Nurse Advocate also serves as your reasonable alternative if you do not meet 3 of 5 healthy ranges. See your Wellness Program Guide for more information.

Who/what/how:

The NPG dedicated nurse, Heather, may be contacting you as part of the Nurse Advocate Program to discuss how it can improve your life. Contact may be via mail, email or phone. Participation is free and voluntary.

The Nurse Advocate will:

- Introduce the program.
- Learn about your health and lifestyle.
- Discuss risk factors and best practice medical care.
- Help you effectively use their health insurance plan benefits.
- Inform you about company wellness activities.
- Connect you with available health resources.
- Provide in-network physician information and answer health questions

Information shared between you and your nurse is confidential.





Your participation is important!

Our nurse advocates are an important resource for helping you live your healthiest life. A nurse may reach out to you, and we encourage you to participate — it could be the most important decision you make.