



No one should go through caregiving alone.

Instead of spending hours Googling your way through caregiving, learn how Cariloop, your Family Caregiving Support benefit made available to all Trinity employees at no cost, can support you as you take care of your loved ones.

Whether you're managing a loved one's finances, struggling with emotional wellness, coordinating his or her medical care, overwhelmed with childcare options and decisions, offering long-distance support or simply worried about your loved one's future well-being, Cariloop is here to make sure you don't face the challenges of caregiving alone.

Get connected to your own dedicated Care Coach today:

① cariloop.com/trinity

☎ 1-972-325-5836

[Balancing work and caregiving \(video\)](#)

[Cariloop Overview Trinity Employee English](#)

[Cariloop Overview Trinity Employee Spanish](#)