



Your life's journey, made easier


Your Employee Assistance Program (EAP) is here to help you along the journey of life. No situation is too big or too small; from checking off daily tasks to working on more complex issues, your program offers a variety of resources, tools, and services. When you and your household members need assistance, reach out any time and we will help get you on the right path to meet your needs.

- **Core services:** counseling, coaching, self-care programs
- **Legal assistance, financial coaching, and identity theft resolution**
- **Work-life services:** childcare, adult care, home improvement, consumer information
- **Wellness resources:** eat healthier, move more sleep better, be happier and healthier

Key features:

- Provided at no cost to you and your household members
- Confidential service provided by a third party
- Meet with a counselor in-person, by text message, live chat, phone, or video
- Available 24/7/365

 member.magellanhealthcare.com

 1-800-327-7419 (TTY 711)

Learn More About Your EAP

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