

# GROUP SHORT TERM DISABILITY INSURANCE Protect your income if you're out on leave.

Your health insurance may help pay medical bills. Short Term Disability insurance pays you. It can replace part of your paycheck if you can't work due to a qualifying disability.

Disability insurance may help protect your income if you're unable to work.

### **Short Term Disability**

**insurance** can help pay benefits if you become disabled and can't work for a short amount of time.

This coverage replaces a portion of your income when you can't work because of a qualifying disability, including injury, physical disease, pregnancy or mental disorder.

### You may receive weekly

**benefits** that replace a specified percentage of your eligible earnings. Benefits begin after the benefit waiting period explained below.

You may also receive help returning to work if you need accommodations.

Even if you're healthy now, it's important to protect yourself and the people who count on your income. If you can't work, Short Term Disability insurance may help you pay for ongoing expenses:



Housing Costs



**Groceries** 



Car Insurance



**Child Care** 

# Short Term Disability Insurance

### **What Your Benefit Provides**

This is the benefit you'd receive if you experience a qualifying disability. Eligible earnings are your weekly insured predisability earnings, as defined by the group policy. Your benefit amount will be reduced by deductible income; see the Important Details section for a list of deductible income sources.

66 2/3 percent of your eligible earnings, up to a maximum benefit of \$2,000 per week. Plan minimum \$25 per week.

### **Benefit Waiting Period**

If you experience a qualifying disability, your benefit waiting period is the length of time you must be continuously disabled before you can begin receiving your weekly benefit.

- 30 days for accidental injury
- 30 days for physical disease, pregnancy or mental disorder

### **How Long Your Benefits Last**

This is the maximum length of time you could be eligible to receive a weekly disability benefit.

22 weeks

See the Important Details section for more information, including requirements, exclusions, limitations and definitions.

## Additional Features

**Return to Work Incentive** 

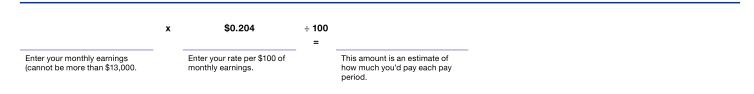
Your disability benefit will not be reduced by any work earnings you receive until the combined amount of the benefit, earnings and other sources of income exceeds 100 percent of your predisability earnings.

# How Much Your Coverage Costs

Because this insurance is offered through The School Board of Volusia County, Florida, you'll have access to competitive group rates that may be more affordable than those available through individual insurance. You'll also have the convenience of having your premium deducted directly from your paycheck.

Your payroll deduction rate is \$0.204 per \$100 of covered monthly payroll.

### Use this formula to estimate your payroll deduction amount:



### Not being able to work also means not being able to earn a paycheck.

As you consider Short Term Disability insurance, think about the expenses you would need to cover if you became disabled:

- · Housing costs
- Medical bills

• Utilities

Car insurance

Groceries

· Child care costs

To estimate your insurance needs, you'll need to consider your unique circumstances. Use our online calculator at <a href="mailto:standard.com/disability/needs">standard.com/disability/needs</a>.

### **Important Details**

Here's where you'll find the nitty-gritty details about the plan.

### **Eligibility Requirements**

To be eligible for coverage, you must be:

- An active benefit eligible instructional employee, including a temporary instructional employee of the Employer who is regularly working at least 19.15 hours per week; or
- An active benefit eligible non-instructional or support employee of the Employer who is regularly working at least 20 hours per week

Temporary employees (other than temporary instructional or support employees), seasonal employees, full-time members of the armed forces, leased employees, and independent contractors are not eligible.

### **Employee Coverage Effective Date**

To become insured, you must:

- Meet the eligibility requirements listed above
- Serve an eligibility waiting period if you are an employee other than a Superintendent
- Apply for coverage and agree to pay premium
- Receive medical underwriting approval (if applicable)
- Be actively at work (able to perform all normal duties of your job) on the day before the scheduled effective date of insurance

If you are not actively at work on the day before the scheduled effective date of insurance, your insurance will not become effective until the day after you complete one full day of active work as an eligible employee.

All late applications (applying 30 days after becoming eligible), and reinstatements are subject to medical underwriting approval. Please contact your human resources representative or plan administrator for more information regarding the requirements that must be satisfied for your insurance to become effective.

### **Definition of Disability**

You will be considered disabled if, as a result of physical disease, injury, pregnancy or mental disorder:

- You are unable to perform with reasonable continuity the material duties of your own occupation, or
- You are unable to earn more than 80 percent of your predisability earnings when you work for your employer.

You are not considered disabled merely because your right to perform your own occupation is restricted.

#### **Exclusions**

Subject to state variations, you are not covered for a disability caused or contributed to by any of the following:

- An intentionally self-inflicted injury, while sane or insane
- War or any act of war (declared or undeclared, and any substantial armed conflict between organized forces of a military nature)
- An activity arising out of or in the course of any employment for wage or profit

#### Limitations

Short Term Disability benefits are not payable for any period when you are:

- Not under the ongoing care of a physician in the appropriate specialty, as determined by The Standard
- Eligible to receive benefits for your disability under a workers' compensation law or similar law
- Working for wage or profit for any employer other than the employer offering your Short Term Disability coverage, including self-employment

### When Your Benefits End

Your Short Term Disability benefits end automatically on the date any of the following occur:

- You are no longer disabled
- Your maximum benefit period ends
- Long term disability benefits become payable to you under a long term disability plan issued by The Standard
- The date you begin working for an employer other than your employer, or become self-employed
- You pass away

### **Deductible Income**

Your benefits will be reduced if you have deductible income, which is income you receive or are eligible to receive while receiving Short Term Disability benefits. Deductible income includes:

- Amounts under unemployment compensation law
- Amounts under any state disability income benefit law or similar law
- · Earnings from work activity while you are disabled
- Earnings or compensation included in your predisability earnings which you receive or are eligible to receive while Short Term Disability benefits are payable
- Any amount you receive by compromise, settlement or other method as a result of a claim for any of the above

### When Your Insurance Ends

Your insurance ends automatically when any of the following occur:

- The date the last period ends for which a premium was paid
- The date your employment terminates
- The date the group policy (or your employer's coverage under the group policy) terminates
- The date you cease to meet the eligibility requirements (insurance may continue for limited periods under certain circumstances)
- The date The School Board of Volusia County, Florida ends participation in the group policy

### **Group Insurance Certificate**

If coverage becomes effective, and you become insured, you will receive a group insurance certificate containing a detailed description of the insurance coverage, including the definitions, exclusions, limitations, reductions and terminating events. The controlling provisions will be in the group policy. The information presented in this summary does not modify the group policy, certificate or the insurance coverage in any way.

GP399-STD/TRUST, Series 90 (FL/MD/VT)

**758938-Plan A** (5/22)

SI **20360** 

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### **Benefit Waiting Period**

If you experience a qualifying disability, your benefit waiting period is the length of time you must be continuously disabled before you can begin receiving your weekly benefit.

- 15 days for accidental injury
- 15 days for physical disease, pregnancy or mental disorder

### **How Long Your Benefits Last**

This is the maximum length of time you could be eligible to receive a weekly disability benefit.

24 weeks

See the Important Details section for more information, including requirements, exclusions, limitations and definitions.

### Additional Features

**Return to Work Incentive** 

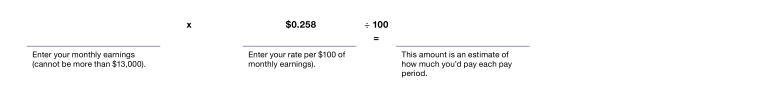
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Your payroll deduction rate is \$0.258 per \$100 of covered monthly payroll.

### Use this formula to estimate your payroll deduction amount:



### Not being able to work also means not being able to earn a paycheck.

As you consider Short Term Disability insurance, think about the expenses you would need to cover if you became disabled:

- · Housing costs
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GP399-STD/TRUST, Series 90 (FL/MD/VT)

**758938-Plan B** (5/22)



When you're sick or injured, your main focus should be on your health – not untangling medical bills, scheduling appointments and coordinating your care with specialists and other providers.



## Help is Only a Phone Call Away

Fortunately, you don't have to take on the healthcare system by yourself. While you're out on a short term disability claim, you can connect with a Personal Health Advocate who'll help you navigate the complexities of the healthcare system. Simply take advantage of Health Advocacy Select, a service that's included with your group Short Term Disability insurance coverage through Standard Insurance Company (The Standard).



### An Expert by Your Side

At no additional cost, you can contact Health Advocate<sup>SM1</sup> and be assigned a Personal Health Advocate, typically a registered nurse, who will remain on your case until it's fully resolved. From start to finish, you'll work with one person sparing you the headache of explaining your concerns to someone who might be unfamiliar with your situation.

Your Personal Health Advocate can assist you in quickly and efficiently working through healthcare management issues.

### Some ways they can help you are:

- Understand and take maximum advantage of your medical benefits.
- Make sense of your diagnosis and research treatment options.
- Find and schedule appointments with the right doctors and specialists, particularly for complex medical conditions where a second opinion is appropriate.
- Locate specialists for high-risk pregnancies and find pediatricians.
- Manage your out-of-pocket expenses by finding alternative services and cost information.
- Locate necessary post pregnancy support in the event of a difficult delivery or when complications arise.
- Resolve medical claims and billing issues.
- Find resources for services that may not be covered through your employer's health benefits program.

All cases are managed in compliance with state and federal privacy laws. Your personal medical information is kept strictly confidential.

Personal Health Advocates available Monday – Friday, 8 a.m. – 11 p.m., Eastern at:

844.450.5543

Standard Insurance Company 1100 SW Sixth Avenue Portland, OR 97204

standard.com

The Standard is a marketing name for StanCorp Financial Group, Inc. and subsidiaries. Insurance products are offered by Standard Insurance Company of Portland, Oregon in all states except New York. Product features and availability vary by state and are solely the responsibility of Standard Insurance Company.

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<sup>1</sup> Health Advocacy services are provided through an arrangement with Health Advocate<sup>SM</sup>, a leading health advocacy and assistance company. Health Advocate is not affiliated with The Standard or any insurance or third-party provider, and does not replace health insurance coverage, provide medical care or recommend treatment.