



2024 Wellness Program

January 1, 2024 – November 29, 2024
Newly Benefit Effective

NPG is committed to helping make your health a priority this year! We have teamed up with Wellworks For You and Lockton Nurse Advocate to create a Wellness Program designed to incorporate a way of living that encourages improved physical health. You are not required to participate in the Wellness Program. However, if you are benefit effective **prior to May 1, 2024** and you choose not to participate, you will be subject to a premium surcharge and miss out on a premium discount as well. If you are benefit effective between **May 1, 2024 and July 31, 2024** you will not experience the premium surcharge if you do not participate, however you do have the opportunity to earn the premium discount if you choose to participate. If you are benefit effective after **July 31, 2024** you will not experience the premium surcharge and will not be able to receive the premium discount in 2025. Please refer to the chart below for additional information.

Please Note: All information included in this flyer is also available in the 2024 Wellness Program Guide, which can be found in your **Wellness Portal** at www.wellworksforyoulogin.com under **MENU>Wellness Locker**. Employees are able to access all information at any time through the Wellness Portal.

Log into Your Wellness Portal

In order for your participation in the program to be tracked, employees must be registered on the Wellness Portal. To access or create your account, please follow the instructions below as your account has been created for you.

1. Go to www.wellworksforyoulogin.com
2. Your username will be: **Your Local Company Email Address**
 - For example: **john.smith@npgco.com**
3. Your temporary password* will be: **LastName2024**
 - For example: **Smith2024**
4. Accept the terms of the Consent Form
5. Fill in the required information



***PLEASE NOTE:** The temporary password is only for the first time you access the Portal and you will be prompted to change it upon entry. If you have accessed the Wellness Portal in the past, you should continue to use your existing password.

Benefit Effective Dates

Benefit Effective Date	2024 Current Plan Year	2025 Plan Year
January 1, 2024 – April 30, 2024	No Surcharge, No Wellness Incentive Applicable for Current Plan Year	Surcharge Applicable if Employee Does Not Participate, Discount Available to Achieve
May 1, 2024 – July 31, 2024	No Surcharge, No Wellness Incentive Applicable for Current Plan Year	No Surcharge Applicable if Employee Does Not Participate, Discount Available to Achieve
August 1, 2024 – December 31, 2024	No Surcharge, No Wellness Incentive Applicable for Current Plan Year	No Surcharge Applicable if Employee Does Not Participate, No Discount Available to Achieve

If applicable per your benefit effective date as outlined above, to avoid a **\$30/month** surcharge in 2025, complete the activities listed below by **July 31, 2024**.



Annual Physical with Biometric Screening



Know Your Number Assessment



Tobacco Attestation Form Completed

If applicable per your benefit effective date as outlined above, to earn a **\$30/month** medical premium discount in 2025, complete the activities listed below by **November 29, 2024**.



Meet 3/5 Healthy Ranges or Complete Three (3) Nurse Advocate Calls



Tobacco Free or Tobacco Cessation Program Completed



Phone: 800.425.4857
www.wellworksforyoulogin.com

Wellworks For You

