



WELCOME to a fresh new Wellness year! Starting November 1, 2021 employee's wellness points reset and you'll need to earn 1,000 wellness points to qualify for the 2023 \$50 wellness incentive. We have some exciting updates and changes for the new wellness year. First the wellness year dates have been changed to **November 1, 2021 – October 31, 2022**. Please have all points submitted prior to **October 31, 2021** to qualify for the 2023 incentive. This will prevent unnecessary stress for those turning in their points and those entering payroll.

Point Tracker Contact Information:

Health Services & DECAT turn points into Veronica McVay veronicam@warrencountyia.org

Attorney's office turns into Katie Swanson katies@warrencountyia.org

Sheriff's Department turns into Lisa Ohlinger LisaO@warrencountyia.org

All other departments turn into Mallory Wells mallorywells@warrenccb.org

Secondly, we have updated the 2022 Wellness Point List. Please attachment for full details on how you can earn your 1,000 wellness points.

Lastly, for 2022 Your Wellness Committee is putting together Department Sponsored Wellness Challenges. We have provided those challenges thru May 2022. More details will be sent the month prior as some involved sign up and teams.

We are excited to kick off the new wellness years and always welcome employee's to join our committee meetings.

Your Wellness Committee!