



Equip

Eating disorder treatment that works

Delivered at home

The Problem

30M Americans

struggle with an eating disorder¹

Less than 5%

get treatment that works

50% of patients

relapse with current standard of care²

**\$150,000+ average
healthcare cost**

of an eating disorder³

The Solution

Evidence-informed treatment

Built on evidence-based modalities including FBT, CBT-E, CBT-AR, and DBT

Multidisciplinary care teams

Therapist, dietitian, medical provider, and mentors for both the patient and those supporting them

**For patients with any
disease acuity**

An alternative for all levels of care outside of inpatient hospital care

Virtual by design

Fully virtual treatment from wherever is convenient for your members

Diverse provider teams

Individuals in the LGBTQ+, BIPOC, bilingual, and disability communities



Equip patients are getting better

3/4

of those supporting a loved one feel more confident in doing so*

8 out of 10

patients report a decrease in eating disorder behaviors*

86%

of patients with weight restoration goals are gaining weight*

*By the 8th week of treatment

¹Eating Disorder Coalition For Research, Policy, & Action. (2014). ²Rate, timing and predictors of relapse in patients with anorexia nervosa following a relapse prevention program: a cohort study. (2016b). BMC Psychiatry. ³Commercial insurance claims data

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