# HOW TO FIND AN UNITEDHEALTHCARE IN-NETWORK PROVIDER

Call UnitedHealthcare at 888.651.7319 for all medical plans to find In-Network providers, Urgent Care or Convenience Care location.

## Kelsey UHC Charter Plan

Visit www.kelsey-seybold.com/providers. (The website provides all In-Network options).

Choice HRA, Choice Plus, and Choice High Deductible Plan

Visit www.myuhc.com (Select the Choice Network of Providers)

## Nexus ACO OA

Visit www.myuhc.com (Select the Nexus ACO + Nexus ACO OA Network of Providers)

To pay a lower out-of-pocket expense compared to Network Providers, select the provider's name and look for the Accountable Care Organization: Memorial Hermann designation at the bottom of the page.

## **Registered Members**

- Visit MyUHC.com and click "Register Now". To set up a HealthSafe ID you'll be asked to...
- Identify yourself. Enter your name, birthdate, ZIP Code, Member ID (or SSN) and group number (902915).
- Create a username and password. The website will guide you through password requirements.
- Set-up account recovery preferences. In case you misplace your username or password.
- 5. Agree to Terms of Use, Privacy Policy, and the Consumer Communications Notice. Which you may review on the website.
- Confirm your contact information. You'll be guided through steps to verify your email address and phone number.

## **Unregistered Members**

- 1. Visit www.myuhc.com
- 2. Select "Find a Doctor" in the middle
- 3. Select your plan network
- 4. On the next screen, enter a doctor name, facility name, specialty or condition; search by distance, gender, etc.





# HOW TO FIND A DENTAL PROVIDER

### PPO

#### Value Plan

Your dental coverage is provided through Guardian. With the Value Plan DPPO, you must see an In-Network dentist. You have lower out-of-pocket costs for Basic and Major dental services than you would with the NAP Plan option. If you already see an In-Network dentist or if you are willing to change to an In-Network dentist, the Value Plan may be a good option to save money on dental expenses. If you go to an out of network dentist on the value plan, the dentist payments are based on the discounted fee schedules agreed upon by network dentist and you will pay more for the visit than on the NAP Plan.

#### Network Access Plan

With the Network Access Plan (NAP) DPPO, you may see any dentist that you choose. However, In-Network dentists have agreed to accept reduced fees for the services they provide. They have also agreed not to charge you any amount that exceeds the allowable amount, aside from deductibles, coinsurance and services that are limited or not covered under the plan. This will reduce your out-of-pocket expenses. If your dentist is an out-of-network provider, dental benefits will be based on reasonable and customary charges.

#### Locate In-Network Providers

www.guardiananytime.com

- 1. Click Find a Provider,
- 2. Then Find a Dentist...
- 3. Under Select a Plan, choose PPO
- 4. Or CALL CUSTOMER SERVICE at 800.541.7846



#### HMO

Your dental coverage is provided through Guardian. With your DHMO plan, you enjoy negotiated discounts from In-Network dentists. Out-of-network visits are not covered. You must designate and use a participating provider. You pay a fixed copay for each covered service. There are no deductibles or plan maximums. Under the DHMO Dental Plan, should your treatment plan require the services of a specialist, you will be referred to one. Please note that there is no coverage available outside of Texas.

When using a participating dentist, the amount you will be responsible for paying is the applicable copay associated with the type of service you receive. See the certificate of coverage for a list of copay amounts located on the benefits webpage (http://www.fortbendisd.com/Page/78016).

#### Locate In-Network Providers

www.guardiananytime.com

- 1. Click Find a Provider,
- 2. Then Find a Dentist...
- 3. Under Select a Plan, choose Managed Dental Care
- 4. Or CALL CUSTOMER SERVICE at 888.618.2016



## HOW TO FIND A VISION PROVIDER

Your vision coverage is provided by UnitedHealthcare through the Spectera Eye Network. With Spectera's large national eye care network, you can choose to get more personalized care from a private practice, or you can take advantage of the convenience of numerous retail chains in their network with evening and weekend hours. Spectera is focused on providing you with a better eye care experience.

### Locate In-Network Providers

## myuhcvision.com

- 1. Click Find a Provider,
- 2. Then Find a Vision Provider...
- 3. Under Select Your Vision Plan, choose Spectera Eyecare Network
- 4. Or CALL CUSTOMER SERVICE at 800.638.3120



