Cigna

Ministry Brands

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WELLNESS INCENTIVE BENEFIT

WellnessTreatment, Health Screening Test or Preventive Care Incentive Benefit

Cigna Accidental Injury, Critical Illness and Hospital Care Insurance

Your Cigna Accidental Injury, Critical Illness and Hospital Care insurance plan comes with a wellness incentive benefit. This benefit is paid for each covered person who completes at least one wellness treatment, health screening test or preventive care service. This benefit is limited to one per year per covered person.

And when you enroll in Cigna medical AND Cigna Supplemental Health insurance, you are automatically eligible for Simple File® Auto Pay. That means Cigna will automatically pay you[1] for taking care of yourself.

To take advantage of your eligible wellness benefit, simply get any recommended wellness treatment, health screening test or preventive care service, as specified below, and you could receive $50 from your Accidental Injury, Critical Illness and Hospital Care plans. There's no paperwork to file and no phone calls to make – it's the continuous connection between your Cigna insurance plans. All you need to do is *watch out for your check*.

Wellness treatments

- Adult immunizations
- Cancer screenings
- Colorectal cancer screenings
- General health exams
- Lead poisoning screenings
- Osteoporosis screenings
- Routine gynecological exams
- Routine prostate exams
- Well child care – including visits, labs and immunizations

Health screening tests

- Bone marrow testing
- Breast cancer blood test (CA 15-3)
- Breast ultrasound
- Chest x-ray
- Colon cancer blood test (CEA)
- Colonoscopy
- Fasting blood glucose test
- Flexible sigmoidoscopy
- Hemocult stool specimen
- Mammography
- Myeloma blood test (serum protein electrophoresis)
- Ovarian cancer blood test (CA125)
- Pandemic infectious disease immunization
- Pandemic infectious disease test and screening
- Pap smear for women over age 18
- Prostate-specific antigen (for prostate cancer)
- Serum cholesterol test to determine levels of HDL and LDL
- Stress test on a bicycle or treadmill
- Thermography
- Triglycerides blood test

Preventive care

The Patient Protection and Affordable Care Act (PPACA) requires preventive health services as recommended by the following expert medical and scientific bodies:

1. The United States Preventive Services Task Force (USPSTF);
2. The Advisory Committee on Immunization Practices (ACIP);
3. The Health Resources and Services Administration (HRSA's) Bright Futures Project; and
4. HRSA and the Institute of Medicine (IOM) committee on women's clinical preventive services.

Detailed information is available at **www.healthcare.gov/coverage/preventive-care-benefits.**

Benefit exclusions and limitations

Services must be provided under the direction of a physician.

Filing a claim is easy

Complete and file your claim by phone

- **Call 800.754.3207** to speak with one of our dedicated customer service representatives

File your claim online

- Visit the Cigna website **SuppHealthClaims.com**

Complete and file your claim by fax, email or mail

- **Download** a Wellness Incentive claim form at **Cigna.com/customerforms**
- **Fax** documents to our fax line at **1.866.304.3001**
- **Email** scanned documents to **SuppHealthClaims@Cigna.com**
- **Mail** documents to **Cigna Supplemental Health Solutions, P.O. Box 188028, Chattanooga, TN 37422**

1. Benefits may be paid directly to you or anyone you designate, such as a hospital, upon assignment.

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Product availability may vary by location, plan type and group size and is subject to change. All group insurance policies and group benefit plans contain exclusions and limitations. Reduction of benefit provisions and terms under which the policy or plan may be continued in force or discontinued may also apply. For costs and complete details of coverage, contact your Cigna representative.

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