

Avoid Surprise Bills

HOW TO CHECK NETWORK STATUS

Using in-network doctors and facilities is one of the easiest ways to avoid unexpected medical costs.

Before your next appointment, **learn 3 simple ways** to verify that your provider and location are in-network for your plan.



Check the *Provider Directory*

Use your health plan's online directory to confirm the doctor and the location you plan to visit are listed as in-network.

*Networks change.
Check before every visit.*

Compare Costs *With Your Plan's Estimator*

Review estimated out-of-pocket costs for office visits, labs, imaging, and procedures.

*This helps you choose the
most cost-effective
in-network option.*

Confirm *When You Schedule*

When booking, ask the office:

"Can you confirm this visit and any related services will be billed in-network?"

*This includes labs,
imaging, anesthesia, and
surgical assistants.*

Stay Ahead Of Unexpected Costs

Whether it's avoiding surprise medical bills or organizing your estate, **proactive planning protects your finances and peace of mind.** Scan the QR code to read, "Estate Management Checklist."

<https://www.wealth.truenorthcompanies.com/resource-center/estate/estate-management-checklist>



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