

BENEFITS NEWS

April 2022



FIDELITY

Fidelity offers financial education on how to manage your finances as we deal with the effects of inflation and increasing interest rates. Fidelity's learning center has several articles on current situations that impacts us all. Go to <https://fidelity.com/learning-center/overview> to view topics that may interest you.

AIRROSTI

Airrosti is a BCBSTX in-network provider that provides treatment for spine, joint & soft tissue injuries. All visits have a \$25 copay and the average treatment takes just 3 visits. To schedule an Airrosti visit or learn more information, call 800.404.6050 or go to airrosti.com



Text **BENEFITS** to **833-234-9576** to receive important Benefits information.



NURSELINE

The 24/7 Nurseline is a free resource available to members anytime. Employees and covered dependents on any of Powell's medical plans are eligible. A registered nurse will answer health questions and direct you to appropriate care. Call 1.800.581.0368 anytime.

IS PAIN HOLDING YOU BACK?

RAPID RECOVERY FOR SPINE, JOINT, & SOFT TISSUE INJURIES

Great News For Powell Industries

Airrosti is an in-network benefit for Powell Industries BlueCross BlueShield of Texas medical plan members. All visits are just a \$25 copay!

Outcome Based Care

Each patient receives a full hour of assessment, diagnosis, treatment, & education designed to restore function & eliminate pain. Resolve most spine, joint, & soft tissue injuries within 3 visits.



QUALITY CARE, RAPID RECOVERY

Real Results. Real Fast.

Airrosti's quality approach to care leads to rapid recoveries & lasting results while helping patients avoid MRIs, pharmaceuticals, surgeries, & other costly procedures.

Airrosti providers are experts at eliminating chronic pain & quickly resolving most spine, joint, & soft tissue injuries within 3 visits. >>



Airrosti specifically disclaims any guarantees or warranties, express or implied, with respect to any products or services. All outcome data is current as of August 9, 2017.

Schedule via phone or online:
(800) 404-6050 | airrosti.com



BlueCross BlueShield of Texas

24/7 Nurseline

**Nurses available anytime
you need them.**

Health happens – good or bad,
24 hours a day, seven days a week.
That is why we have registered nurses
waiting to talk to you whenever you
call our 24/7 Nurseline*.

Our nurses can answer your health questions and try to help you decide whether you should go to the emergency room or urgent care center or make an appointment with your doctor. You can also call the 24/7 Nurseline whenever you or your covered family members need answers to health questions about:

- Asthma
- Dizziness or severe headaches
- Cuts or burns
- Back pain
- High fever
- Sore throat
- Diabetes
- A baby's nonstop crying
- And much more

Plus when you call, you can access an audio library of more than 1,000 health topics – from allergies to surgeries – with more than 500 topics available in Spanish.

So, put the 24/7 Nurseline phone number in your contacts today, because health happens 24/7.



**Call 800-581-0368 to reach the 24/7 Nurseline and talk to
a nurse. Hours of Operation: Anytime**

*24/7 Nurseline is not available to HMO members. For medical emergencies, call 911.

This program is not a substitute for a doctor's care. Talk to your doctor about any health questions or concerns.

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