



Non-Tobacco User Discount

Banner Health offers a Non-Tobacco User Discount on premiums to encourage members not to use tobacco products. Tobacco products include cigarettes, cigars, pipes, smokeless tobacco and electronic devices such as e-cigarettes or any other product manufactured from tobacco and intended for use by smoking, inhalation, chewing, sniffing or sucking.

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The Non-Tobacco User Discount is available to all plan members in one of two ways:

1. If you and each of your enrolled dependents do not use tobacco products, you indicate your non-tobacco user status during enrollment and receive the premium discount. If you or any of your enrolled dependents later begin using tobacco products, you must notify the MyBenefits Resource Center at **833-849-9825** immediately of this change in your non-tobacco status.
2. If you or a covered dependent uses a tobacco product, you may still qualify for the Non-Tobacco User Discount by successfully completing an online tobacco cessation program, available at no cost through the **Freedom From Smoking Plus program**. The program consists of nine sessions to assist you in a step-by-step quitting process at your own pace, along with continuous telephonic support from the American Lung Association's tobacco treatment counselors whenever you need it.

To get started, register for and complete the designated online Tobacco Cessation Program. Follow these steps:

- » Log in to **freedomfromsmoking.org**. You will be prompted to set a username and password.
- » Complete the program and get a certificate of completion.
- » Go to **MyHR|Workday** to provide Banner Health with your certificate of completion and request the discount.

To receive the discount retroactive to your first day of coverage in the 2024 plan year, you must complete all required steps within 90 days of your first day of coverage. If you complete all the required steps outside these time frames, your discount will become effective on the first day of the following month.

If your doctor states that the Tobacco Cessation Program is not medically appropriate for you, please contact the MyBenefits Resource Center at **833-849-9825** for assistance. We will work with your doctor, if you wish, to find an alternative that is right for your health status and provides you with the same discount.

For more information about the Tobacco Cessation Program, visit the **Banner Documents Portal** and select the **Tobacco Cessation Program** under additional resources.