



Getting started with Teladoc Health™



It's quick and easy to set up your account online. Simply visit the Teladoc Health website, click *Get started* or *Register now*, and then follow the instructions below.

- 1. Confirm benefits.** Provide some information about yourself to confirm your eligibility.

Please be sure the information you enter matches what is on your Meritain Health® medical ID card.

If your employer has given you a code, go ahead and check the box on this page. If not, simply leave it unchecked.

The screenshot shows the 'Tell us about you' registration form on the Teladoc Health website. The form includes fields for First Name, Last Name, Email, Country (a dropdown menu), ZIP code, Sex assigned at birth (a dropdown menu), and Date of Birth (Month, Day, and Year). There is a checkbox for 'I received a Teladoc code from my employer or insurance company'. A 'Next' button is at the bottom. The page has a 'Back' link and 'Confirm Coverage', 'Create Account', and 'Get Care' tabs. The footer contains copyright information and links to Terms of Service, Notice of Privacy Practices, and Notice of Non-Discrimination and Language Assistance.

Option 1. If the information you entered matches what Teladoc Health has in their system, you will see the following screen and can continue to create your account. Just hit *Next* and move on to step two.

We found a match!

These care options are available with your coverage.

ABC Company
• General Medical

Is this incorrect? [Add new coverage](#) or call us at [1-800-835-2362](tel:1-800-835-2362)

Next

Option 2. If you see the screen on the next page, please make sure to choose *Meritain Health* from the drop-down menu. Then, you can move on to step two.

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2. Create account. Enter your contact information, username, password and security questions.

Once your account is created, eligible dependents under 18 years of age can be added in your account settings under the primary member. Dependents older than 18 should follow the steps above to create their own account.



Get started today

Visit **TeladocHealth.com**, call **1.800.835.2362** or download the app.

Simple. Transparent. Versatile.

At Meritain Health®, we're creating unrivaled connections.

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