

BENEFITS NEWS

September 2022



ANNUAL ENROLLMENT

Powell's 2023 Annual Enrollment will be October 17 - 28, 2022. This is the time to review your benefit plans and make changes that take effect on January 1, 2023. Look for more information regarding annual enrollment coming in the mail soon. Check out Powell's benefits information, resources and tools on Powell's Benefits Web Portal [here](#).

FLU SHOTS

Flu season is around the corner and runs from October through May each year. If you're covered by one of Powell's medical plans, flu shots are free! Contact your doctor or pharmacy for the flu shot availability in your area. The optimal time to receive your vaccine is before the start of flu season. For more information on the flu vaccine, click [here](#).



Text **BENEFITS** to **833-234-9576** to receive text messages regarding important Benefits information.

FITNESS PROGRAM

Beginning September 1, new members who want to enroll in the Fitness Program through BCBS will pay \$19 a month for two months if you sign up by September 30. For more information, click [here](#).

Questions on Benefits? Check out Powell's Benefit Web Portal, [EMPOWERED](#) or call the Powell Benefits Center at 1-855- 855-7610.