Active&Fit DIRECT™

cigna healthcare℠

One Membership. Thousands of Ways to Stay Active and Save Money.

- **12,200+ Gyms**
- **9,700+ On-Demand Videos**
- **Enroll Your Spouse[2]**

No annual fees or long-term contracts. Switch gyms anytime.

LA Fitness · Gold's Gym · Crunch Fitness · the Y · Anytime Fitness · snap fitness 24/7 · CHUZE FITNESS · blink FITNESS · Curves · EōS FITNESS

Plus: 5,800+ Premium Gym Options at exercise studios, outdoor experiences, and others with 20% – 70% discounts at most locations[3]

STANDARD FITNESS MEMBERSHIP

$28/mo[1]

12,200+ FITNESS CENTERS
9,700+ WORKOUT VIDEOS

Active&Fit DIRECT™ TM

Get Started: https://discoverhealthyrewards.sites.cigna.com

[1] Add a spouse/domestic partner to a primary membership for additional monthly fees. Spouses/domestic partners must be 18 years or older. Fees may vary based on fitness center selection.

[2] Monthly fees are subject to applicable taxes.

[3] Costs for premium exercise studios exceed $28/mo. and an enrollment fee will apply for each premium location selected, plus applicable taxes. Fees vary based on premium fitness studios selected.

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