

## **Introducing a new way to see a doctor**

If tomorrow brings the flu or your little one wakes up with pink eye, you'll be glad a doctor is only a smartphone away.

The Doctor On Demand app lets you see and talk face-to-face with a board-certified physician through live video from wherever you are. Doctor On Demand physicians can also prescribe medication, if needed, and instantly send it to your nearest pharmacy.\*

Seeing a doctor via video might seem unfamiliar at first. But once you experience it, you'll appreciate the speed and convenience. The average wait time is just three minutes. Plus, the wait and cost is much less than going to the urgent care or emergency room.

Download the mobile app now from the Apple Store or Google Play to be prepared for the morning when getting out of bed feels impossible or the night your child has an itchy rash.

### **How does it work?**

Check out this short video: <https://www.youtube.com/watch?v=oTiyVINPM6o>

### **How do we treat you?**

- A Doctor On Demand visit gives you the full attention of a board-certified physician without having to leave the comfort of your home.
- You will receive an examination that is customized and focused to your specific complaint.
- If you have a thermometer, blood pressure cuff, heart rate monitor or have any medical applications on your mobile device please have them ready. This information will help the doctor make a diagnosis and treat your condition safely and effectively.

### **How do I get started?**

Follow these three easy steps.

1. Log in to myWellmark on your computer to set up your Doctor on Demand account.
2. Download the mobile app from the App Store or Google Play.
3. Tap "See A Medical Doctor Now," enter your symptoms and begin your virtual visit

### **What does Doctor On Demand treat?**

Doctor On Demand treats many common medical conditions, including:

- Colds and flu
- Allergies
- Skin and eye issues
- Sore throat
- Pediatric issues
- Bronchitis and sinus infections
- Urinary tract infections
- Diarrhea and vomiting

Doctor On Demand operates subject to state laws and is not currently available in Alaska, Arkansas or Louisiana due to state regulations. Doctor On Demand is not meant to replace an in-person primary care provider visit.

\*Doctor On Demand physicians do not prescribe Drug Enforcement Administration-controlled substances, and may elect not to treat or prescribe other medications based on what is clinically appropriate.