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EMPLOYEE ASSITANCE PROGRAM

Basic Services Plan for Your Workplace



Engineered Plastic Components, Inc.

Your workplace succeeds when your employees are engaged in their jobs. Sometimes, though, your employees might run into financial woes or have family issues at home. During these tough times, it's important for you to support your employees in any way possible.

With Mutual of Omaha's Employee Assistance Program, you can offer your employees the help they need so they spend less time worrying about the challenges in their life and can get back to being the productive workers you count on.

Learn more about **Mutual of Omaha's Basic EAP plan**, which offers essential services that can help your employees during their time of need.

We are here for you

Contact me for more information on how Mutual of Omaha's value-added Employee Assistance Program can benefit your workplace.

Basic EAP Services

Features	Value to Company and Employees
Employee Family Clinical Services	• An in-house team of Master's level EAP professionals who are available 24/7/365 to provide individual assessments • Outstanding customer service from a team dedicated to ongoing training and education in employee assistance matters • Access to subject matter experts in the field of EAP service delivery
Counseling Options	• Three EAP professional calls per year (per household) with our in-house Masters level EAP professionals, who will provide the caller with community resources • Additional community resources or possible counseling options come at the expense of the employee
Access	• 1-800 hotline with direct access to a Master's level EAP professional • 24/7/365 services available • Telephone support available in more than 120 languages • Online submission form available for EAP service requests

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Mutual of Omaha

Basic EAP Services *(continued)*

Features	Value to Company and Employees

Online Services	• An inclusive website with resources and links for additional assistance, including:
	  ▪ Current events and resources
	  ▪ Family and relationships
	  ▪ Emotional well-being
	  ▪ Financial wellness
	  ▪ Substance abuse and addiction
	  ▪ Legal assistance
	  ▪ Physical well-being
	  ▪ Work and career
	• Bilingual article library

Employee Family Work/Life Services	• Child care resources and referrals • Elder care resources and referrals
Employee Communication	• All materials available in English and Spanish • Employee orientation (video only)
Eligibility	• Full-time employees and their immediate family members; including the employee, spouse and dependent children (unmarried and under 26) who reside with the employee
Coordination with Health Plan(s)	• EAP professionals will coordinate services with treatment resources/providers within the employee's health insurance network to provide counseling services covered by health insurance benefits, whenever possible

Training, Seminars, Workshops and Critical Incident Services	• Fee for service at a competitive market value
	• Inclusive catalog of training topics, including:
	  ▪ Family/parenting
	  ▪ Physical wellness
	  ▪ Stress management
	  ▪ Managing money/budgeting
	  ▪ Wellness at work
	• On-site grief counseling
	• On-site critical incident services

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