The Smart Recommendations tool in Alight Worklife can help you choose your medical plan. In addition, check out the sample scenarios below of a low utilizer, a medium utilizer, and a high utilizer of medical coverage. See how different medical expenses add up, depending on the plan you choose.

Expected Medical Care	Low Utilizer Does Not Reach Deductible	Medium Utilizer Reaches Deductible	High Utilizer Reaches Out-of-Pocket Maximum
<i>Examples of services received throughout the year.</i> <i>Services are per covered dependent.</i>	Annual Preventive Visits 1-2 Sick Office or Specialist Visits 1-2 Prescriptions 1-2 Urgent Care Visits	Annual Preventive Visits 1-2 Sick Office or Specialist Visits 2-3 Prescriptions 1 Outpatient (Minor) Surgery	Annual Preventive Visits 2 Emergency Room Visits 1 Inpatient Admission Monthly Prescription

		Low Utilizer		Medium Utilizer		High Utilizer	
Coverage Tier	Expense Type	нмо	HDHP	нмо	HDHP	нмо	HDHP
Individual	Medical/Rx Expenses	\$150	\$900	\$1,000	\$1,600	\$2,500	\$3,200
Payroll Deductions		\$2,131	\$588	\$2,131	\$588	\$2,131	\$588
	Milford HSA/HRA Funding	\$0	(\$500)	\$0	(\$500)	\$0	(\$500)
	Total Out-of-Pocket Cost*	\$2,281	\$988	\$3,131	\$1,688	\$4,631	\$3,288
Individual	Medical/Rx Expenses	\$300	\$1,800	\$2,000	\$3,200	\$5,000	\$6,000
& Spouse	Payroll Deductions	\$6,087	\$1,830	\$6,087	\$1,830	\$6,087	\$1,830
	Milford HSA/HRA Funding	\$0	(\$1,000)	\$0	(\$1,000)	\$0	(\$1,000)
	Total Out-of-Pocket Cost*	\$6,387	\$2,630	\$8,087	\$4,030	\$11,087	\$6,830
Individual & Child(ren)	Medical/Rx Expenses	\$200	\$1,350	\$2,000	\$3,200	\$5,000	\$6,000
	Payroll Deductions	\$5,636	\$1,695	\$5,636	\$1,695	\$5,636	\$1,695
	Milford HSA/HRA Funding	\$0	(\$1,000)	\$0	(\$1,000)	\$0	(\$1,000)
	Total Out-of-Pocket Cost*	\$5,836	\$2,045	\$7,636	\$3,895	\$10,636	\$6,695
Family	Medical/Rx Expenses	\$400	\$2,700	\$2,000	\$3,200	\$5,000	\$6,000
	Payroll Deductions	\$7,214	\$2,169	\$7,214	\$2,169	\$7,214	\$2,169
	Milford HSA/HRA Funding	\$0	(\$1,000)	\$0	(\$1,000)	\$0	(\$1,000)
	Total Out-of-Pocket Cost*	\$7,614	\$3,869	\$9,214	\$4,369	\$12,214	\$7,169

* Costs for medical services depend on the provider you see. Costs above are based on receiving care from Tier 2 providers. When care is received from a participating Tier 1 provider, your total out-of pocket costs will be lower.