



FALL VACCINES

Get protected now against the flu and COVID-19. **This guide answers your questions** about who should get vaccinated and when.



INFLUENZA VACCINE

Recommendations by Age:

- **Everyone 6 months and older** should receive a seasonal flu vaccine, with rare exceptions.

Availability and Coverage:

- Since **various flu vaccines are available**, consult your healthcare provider for options.
- Ensure your provider accepts **your child's insurance**.
- The vaccine may also be free through the **CDC's Vaccines for Children (VFC) Program**,* if the child qualifies.



COVID-19 VACCINE

Recommendations by Age:

- The CDC advises* that **most adults aged 65 and older** receive a COVID-19 vaccine.
- **Parents** of children 6 months to 17 years and adults 18 to 64 years **are encouraged to consult with a healthcare provider** regarding the advantages of vaccination.

Why it is important:

- COVID-19 vaccine **protection decreases with time**.
- **Immunity** after a COVID-19 infection **decreases with time**.
- **Vaccines are updated** to give the best protection against the currently circulating strains.

WHY FALL IS THE BEST TIME

Vaccine Updates:

- COVID-19 vaccines are **routinely updated**.
- Updated flu vaccines are **typically available by September** each year.

The Flu Season:

- Flu season **generally starts in October** and peaks from December to March.
- Getting updated vaccines in the fall can **provide protection during fall and winter** months.
- NOTE: Since respiratory viruses can cause illness year-round, it is **always a good time to get vaccinated, if you haven't already**.



Discover which vaccines are recommended for you and your family members based on their ages.

VACCINES*
by age



CDC.GOV

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