

**Your conversations stay private.**

Your employer, manager, and colleagues will not know you use RethinkCare.

Help your child thrive in their own way

Is your child struggling with behavior, making friends, family expectations, or confidence? These are common challenges. Find practical ways to help your child build skills, navigate challenges, and thrive.

Provided by your employer at no cost to you.

Help your child

- Feel more confident with school and homework
- Handle big emotions
- Communicate needs with confidence
- Be more independent in daily routines
- Connect more easily with others
- Recognize and value their strengths



Not sure where to start? That's OK.

Talk privately with a parenting expert to better understand your child's needs and find strategies that work for your family.



No diagnosis is needed.

Support is available for everyday parenting questions, learning and developmental differences, autism, ADHD and more.



Expert guidance.

For you, your child and your family

Confidential • Personalized • Practical



Scan and connect with a parenting expert.

No cost to you.