



KGA Overview

HELPING YOU ON THE FRONT LINES

KGA, your Employee Assistance Program, is here for you 24/7 with confidential support as you brave the front lines. Our experienced counselors can help you manage today's stress, in the moment, so you can return to your shift restored.

All assistance is confidential and available virtually through phone, video and text/message platforms, when and where you need it.

Through the Employee Assistance Program, you and the adult members of your household can access:

Grief and trauma counseling in response to patient deaths and adverse medical incidents

Counseling for anxiety, depression, stress, substance misuse, strain on family and personal relationships and the pressure on front line medical staff

In the moment counseling when you have a free moment and just need to vent

Consultations for legal* and financial concerns

Resources for caregivers supporting children and elder/adult family members

Who would assist me?

KGA licensed counselors and work-life specialists are highly skilled professionals with deep experience. Beginning with your initial contact, the same KGA staff member will work with you to ensure continuity and quality.

What happens to information about me?

All contact with KGA is kept confidential. No information, including your name, can be released to your employer or anyone else without your consent. The only exceptions are those required by law, such as when someone is determined to be a threat to themselves or others.

For support, contact KGA at:

www.my.kgalifeservices.com

company code: bilh

855-760-BILH (2454)

info@kgreer.com



For easy access:

Download our app, **KGA Mobile**:

